



TERESA SHEN / STAFF PHOTOGRAPHER

**MILVETS ON BOARD** | The School of General Studies sponsors a float for members of the U.S. Military Veterans of Columbia University during the city-wide Veterans Day parade. Columbia's veteran population has grown exponentially in recent years.

## CU-run mentorship program trains small business owners

BY GINA LEE  
*Spectator Staff Writer*

Tony Curtis was running his contracting business out of a van with his iPhone when he decided to apply for Columbia's Construction Trades Certificate Mentorship Program.

A local marble distributor handed him the application on the day it was due when he was picking up materials for a job. A few months later, in January 2009, he was out of his van and sitting in a Columbia classroom.

The mentorship program, now entering its fourth year, is a two-year program run by the city and the University for minority-, woman-, and locally owned businesses. It includes both academic and applied coursework and now involves four partner corporations: BNY Mellon, Con Edison, Goldman Sachs, and National Grid.

Participants over the past three years say they have been able to grow their businesses and have become qualified enough through the University program to bid on

competitive Columbia projects—a few winning those bids.

“With this program, they actually dissolve the barriers ... that have been established by more established contractors so up-and-coming contractors like myself, who may not know how to navigate the system, are actually given a level playing field,” Curtis said.

### ACADEMIC CURRICULUM

Dennis Green, director of the masters in construction administration program at the School of Continuing Education, said the

program has spots for about 20 independent contractors.

“The whole point of this is to give everyone, over the period of the 31 sessions, an overview of the main components of the industry that they need to understand,” Green said.

Green recruited Roy Wilson, former Columbia engineering professor and president of Wilson Management Associates, to design the academic portion of the program based on the construction

**SEE MENTORSHIP, page 2**

## 20 years in, only women work at rape crisis center

BY EMMA GOSS  
*Columbia Daily Spectator*

Twenty years after its founding, the rape crisis center that serves Columbia and Barnard has held firm to its policy of only accepting women as counselors to victims of sexual violence. As more advocacy around sexual violence goes gender-neutral across the country, Columbia's Rape Crisis/Anti-Violence Support Center isn't likely to take on male volunteers to man its 24-hour crisis hotline or do in-person counseling anytime soon, according to administrators.

According to Karen Singleton, the director of Columbia's Sexual Violence Response program, the rape crisis center based out of Barnard Hall, has maintained its policy out of respect for the gendered nature of sexual violence and the center's long history.

“We felt that it was important on campus to have a space that was women-led and that really felt like it could be a safe space for female students. Volunteers over the years felt like it was really important to honor that history,” Singleton said, adding that the RC/AVSC was born in 1991, out of the feminist movement.

Over the years students have taken issue with the fact that the RC/AVSC is not gender-neutral, Singleton said, but she said the issues tend to be resolved once students understand the historical context of the RC/AVSC.

“A lot of times when people express their concern they don't understand completely the history of the rape crisis center movement, particularly that it's part of the national movement, it's not just something that sprouted up here at Columbia,” Singleton said.

### SHIFTING INTO NEUTRAL

Nevertheless, more rape crisis centers across the country,

including ones at Princeton and Dartmouth, are bringing men on to do in-person counseling and staff crisis hotlines, as national sensitivities shift to favor gender neutrality.

Across the street, on 112th Street and Broadway, the Crime Victims Treatment Center at St. Luke's Hospital allows both men and women to volunteer as counselors to victims of sexual and domestic violence.

Amee Wurzburg, BC '12, has been volunteering at CVTC at St. Luke's for a year, after finishing a two-year stint with Columbia's rape crisis center.

## According to national statistics, one in every 10 men is a victim of sexual violence.

“I can understand why they feel it [all-female volunteers] would be important, but I believe that the anti-violence work needs to include men in all aspects. I think anyone should be able to be an advocate if they're passionate about the movement and are qualified,” she said.

Barry Weinberg, CC '12 and co-president of Everyone Allied Against Homophobia, a group that has advocated for gender-neutral housing options, said that the queer community isn't likely to make noise about this gender distinction.

“I think part of the reason that there isn't sort of an issue in the queer community with the rape crisis volunteers being all self-identifying women is that we understand space,” Weinberg said. “We respect the need for certain

spaces to have certain characteristics for people to feel comfortable, and safety is something we understand.”

### A PLACE FOR MEN

The annual Take Back the Night march, which occurs every April to take back the streets against perpetrators of sexual violence, has also held on to its historic policy of maintaining a small women-only section at the front of the march. Until four years ago, the majority of the march was limited to just women. Now men are included in the march and allowed to marshal, but organizers have said that the separate section designated for women is a necessary way to acknowledge the gendered nature of sexual violence.

Male students like Tyler Bonnen, GS '13, say that rape isn't just a women's issue. In October, he was one of the few men to participate in a protest against The Kingsmen, an all-male a capella group that has used rape jokes to promote its concerts.

“Men have and occupy a lot of roles in relation to sexual violence, but the underlying idea is that sexual violence is also a man's issue,” Bonnen said. “Too often when we talk about sexual violence we talk about it like it's a woman's issue. We don't often include men in the discussion.” Singleton said that there are a number of ways to engage men in anti-violence work on campus. The Men's Peer Education program, now coordinated by Gaurav Jashnani, was started six years ago to recruit men as allies in ending sexual violence and relationship violence.

“Something that, to me, is important is for men to really recognize that there's lots of different ways that they can play helpful and supportive roles in doing this kind of work, and that's [peer

**SEE CENTER, page 3**

## Med Center looks for local fixes to nat'l probs

BY SHAYNA ORENS  
*Columbia Daily Spectator*

In addition to producing internationally recognized research, the Columbia University Medical Center has been showing increased attention to upper Manhattan. Rafael Lantigua and Dennis Mitchell were recently appointed as CUMC's special advisors for community health affairs to identify more ways to unify public health efforts in the local community.

Both doctors said they feel that while CUMC has a flourishing community affairs office, doctors who are familiar with the kinds of health issues prevalent in the area need to interact more with the Medical Center's neighbors.

“Dean [Lee] Goldman wanted to make sure that the relationship between the community and the Medical Center was a little bit better defined,” Lantigua said. “It's about matching opportunities and needs.”

Mitchell, a dentist, led the team that created the DentCare network, mobile dental vehicles that bring oral healthcare to Harlem residents and several local public schools. This network has exponentially increased the number of patients getting dental care.

“We used to see 3,500 patients a year, now we see over 50,000,” Mitchell said.

Lantigua noted that some of the most pressing public health issues in Harlem include hypertension, obesity, diabetes, and asthma.

“We're looking to think about solutions for problems that are not local,” Lantigua said. “These are national problems.”

They emphasized that to capitalize efforts to improve community health affairs, CUMC is collaborating with the Mailman School of Public Health and Harlem Hospital.

“Mailman is doing studies in the Dominican Republic that relate back to communities here.”

Victoria Benitez, senior officer of public affairs, said. “That's why this role, for both of them is so important. They can walk into a Harlem hospital taking what they've learned.”

Mitchell's work has focused on examining how bacteria in oral diseases are earlier signs of diseases such as diabetes, heart disease, asthma, and HIV.

“People think the mouth isn't connected to the rest of the body. You go to a special doctor called a dentist,” Mitchell said. “But bacteria in oral diseases unfortunately are earlier signs of other diseases.”

Mitchell's research with Harlem Hospital under Wafaa El-Sadr, an AIDS specialist at Mailman, became the ground-work that was used to expand this research into sub-Saharan Africa.

“CUMC and Harlem Hospital have put millions of dollars into research and therapeutic work in sub-Saharan Africa,” Mitchell said.

*news@columbiaspectator.com*

## OCCUPY THE DIANA



NIRAALI PANDIRI FOR SPECTATOR

**POLICED** | Students met in the basement of the Diana Center this past Tuesday for the Barnard General Assembly, an OWS-inspired event sponsored by Occupy Columbia. Security was tight, with an NYPD presence and multiple ID checks by Public Safety.

### OPINION, PAGE 4

#### Stuffed with gratitude

Remaining thankful while keeping a critical eye.

#### Short changed

Paying full dime for half the time.



### SPORTS, PAGE 6

#### Men's basketball notches first win

Junior guard Brian Barbour scored 22 points against the Manhattan Jaspers on the road to lead the Light Blue in its first victory of the 2011-2012 campaign.

### EVENTS

#### The Making of an Adolescent Elite at St. Paul's School

This talk will provide an inside look at an institution that has been the private realm of the elite for 150 years.

*PicNic Cafe, 2665 Broadway between 101st and 102nd streets, 6-7 p.m.*

#### University Lecture with Professor Mark A. Mazower

This lecture, from the chair of the department of history, will bring a historical perspective to bear on the current crisis of global governance.

*Low Rotunda, 6-7:30 p.m.*

### WEATHER

#### Today



64°/53°

#### Tomorrow



61°/48°



## Business owners say CU taught them to market

### MENTORSHIP from front page

administration masters program.

The academic degrees of the participants varied from high school diplomas to law degrees, according to Wilson, but he said all had the need for knowledge in marketing and business.

“Someone who has a law degree probably has very little knowledge about human resources, marketing,” Wilson said.

“We found out they learned a lot about marketing—they didn’t know how important it was to present themselves in a certain way,” Green said.

Although participants don’t receive grades or diplomas for their work, attendance is mandatory, and anyone who misses three sessions is disqualified from the program.

Of the 60 small business owners who have participated in the last three years, only 53 of them received certifications in the end.

The syllabus includes lectures by practicing professionals for each session usually held once a week.

“When you’re a small business person, you don’t work with anybody, you don’t cooperate with them. As you grow, you have to start collaborating with your fellow executives,” Wilson said, adding that this is why he brought mentors from large construction companies to help the students with their case studies.

### “I’m at the cusp of growing my business exponentially.”

—Tony Curtis, small business owner

“We try to draw the analogies from a big company to a small company so that they get it,” said Kevin Sharkey, vice president of Turner Construction Company and a mentor for a case study team this past year. “The fact that we have to create and maintain and we have to work very hard to protect a brand should be no different.”

He said the team members would come into the company office and learn firsthand how large construction companies like Turner made bids.

### HIGH ELIGIBILITY STANDARDS

Although the program targets minority-, woman-, and locally owned businesses, there are

eligibility requirements that further limit the applicant pool.

The revenue of the business applying to the program must be between \$100,000 and \$5,000,000.

La-Verna Fountain, associate vice president for construction business services and communications, said, “We target businesses that we believe will benefit from the programming,” which aren’t necessarily the businesses with the lowest revenues.

“On our end, I think it is imperative that we do not impose our definition of success on them,” Fountain said. “Many of the businesses that have come in, they have no desire to grow big. They were coming to us to help them stabilize.”

Although the application is online only, excluding business owners without computer knowledge, Fountain said it is important for those individuals to adapt to the modern world of business.

“Whether you’re working with an institution like Columbia, going forward, you really need to understand electronics,” she said.

### GETTING CLOSER TO COLUMBIA

While Curtis has not done any work for Columbia yet, he said he has “avoided a lot of pitfalls” that he’s seen other people fall into.

“I wanted specific knowledge-based components to grow my business,” Curtis said. “With knowledge, you can get jobs with a myriad of customers, not just Columbia.”

Curtis said the accounting portion of the program was especially beneficial to his businesses, since he had no previous knowledge in the accounting field.

“When you don’t know how to do business, you go out of business,” he said, adding that the program focused on aspects of business he wasn’t familiar with.

Yoel Borgenicht, president of King Rose Construction which is based out of Harlem, graduated from the program in May and has recently done work for Columbia. Through Columbia’s program, he said, he gained financial knowledge that allowed him to receive a line of credit from a company after he wasn’t able to get a loan from a traditional bank.

“To do a job for Columbia, they don’t give you deposits. It’s very financially challenging for a small company to be able to afford that,” Borgenicht said. “Having a line of credit where you can borrow the money is essential.”

Sharon Sinaswee, president of Armada Building Services, said she is currently working on painting and tiling in Columbia housing.

Sinaswee said the program emphasized “knowing how to deal with larger contractors, so you

know what they should expect of you and what you should expect of them as well.”

For Fatemeh Modarres, president of Bitu, Inc., the program has given her a way to tailor her business toward Columbia’s needs.

“I created a website with the information that was given to me in the marketing classes. Also I used the information about the insurance and also information in regard to how to market your business and especially to Columbia,” Modarres said. “Also I learned what are the expectations of Columbia from small business in terms of bidding and working at Columbia.”

Nevertheless, she has not won any of her four bids for large Columbia jobs. The extent of her work with Columbia has been painting jobs for under \$5,000.

However, Deborah Romain, president of Deb Romain Consulting, had more luck getting big contracts with Columbia.

“I did the program because I was building a business relationship with Columbia,” she said.

Now she has done multiple jobs for the University, including the design and installation of all the campus maps found around the Morningside campus.

“I wanted to learn how to be a business owner, a manager,” she said. “It really helps you to focus on the market ability of your business.”

Romain has been doubling her sales each year for the six years she has been in business, and she said the program helped her to do that even though “now it’s just really tougher because of the economy.”

With the addition of the four corporate partners, the applications will be reviewed even more thoroughly—first by the School of Continuing Education and then by each of the partners, Fountain said.

For those who have graduated the program without the additional benefit of the corporate partners, Fountain said she plans on holding events that will incorporate alumni and representatives from the partners.

Curtis said the corporate partners are a step forward for the program, but his experience was still beneficial without them.

Since he graduated, he established an office on 125th Street and Lenox Avenue, out of which he conducts his newly “rebooted” business.

“Whether it’s a pitch, whether it’s properly handling my finances, I can always reference it back to one of those classes I took back at Columbia,” Curtis said. “I’m at the cusp of growing my business exponentially.”

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## GS vets founded MilVets as tight social network

### MILVETS from front page

veterans were in the Columbia community,” Space said.

“They [the veterans] really did get an operation going that really was the eyes and ears, for me, for what the needs of the veterans community were and, most importantly, to help engage the University broadly,” Peter Awn, dean of the School of General Studies, said.

But while the group was slowly being established, events on campus drew veterans into the heart of campus life. At a Columbia faculty anti-war demonstration on March 26, 2003, professor Nicholas De Genova suggested that soldiers “frag” or kill their fellow soldiers while expressing disapproval of the war in Iraq.

Awaiting repercussions of such statements from the administration, MilVets responded by publishing a letter protesting the comment. According to Shane Hachey, GS ’04, who was active in the founding of the group, similar events—which pitted the veteran community against the larger, more mainstream anti-war movement on campus—occurred throughout the school year.

For the founders, these events heightened the importance of forming a veterans group.

“Several groups on campus didn’t know what to make of us,” Space said, “they thought we were all right wing, pro-military, pro-war types and that was pretty far from the truth so part of that was opening up a dialogue.” MilVets began a series of discussions, led by Justin White, GS ’05, who wrote the group’s constitution and served as president during the 2003-2004 school year, called “Through the Eyes

of a Soldier,” which attempted to increase dialogue between veterans and the rest of the campus community.

This multifaceted development, a combination of the social and political motives, was exactly what Chen wanted. “I wanted the group to be everything,” he said.

### GROWING PAINS

But as political issues, such as ROTC and the GI Bill, arose, MilVets were split over the role the group should take.

Chen, as well as a few other founders, saw the veterans group as inevitably playing a leading role in the debate concerning politicized military affairs on campus. Space and White, though, believed the group should remain completely “apolitical in nature,” Space said. Even beyond their own time on campus, Space said that these alumni have spoken with the past and present presidents of MilVets, “reaffirming that they would lose a lot of alumni support if they took a political stance on any given issue.”

And so, under this leadership, between 2002 and 2005, the group remained largely apolitical, focusing on increasing dialogue but not engaging in political discussions on campus and on providing an internal “support network” for veterans, according to White.

Space noted that there were splinter veteran groups outside of the organization that sought to take on particular issues.

When Chen regained the reins in 2005 though, he saw it as “another start” for the group, which he sees as his “child.” Chen encouraged veterans to play an active role on campus, and he brought the ROTC debate back into the forefront of MilVets,

setting the stage for the club’s later involvement in the Yellow Ribbon program and the new GI Bill.

Despite division within the veterans community over subsequent years, McClelland then stepped into a leadership role and credits Columbia’s endorsement of ROTC last year for creating a “synergy between activism and social aspects” of the club. In part, this was due to McClelland’s own roles as the top ROTC cadet in New York, as well as the head of MilVets and the Hamilton Society, a veteran group on campus organized around supporting ROTC. The goal became to “frame ROTC in a way that was compatible with the University missions” which allowed MilVets to serve as a “model of a civil-military dialogue,” McClelland said.

From an administrative perspective, “My instinct is to say that it didn’t hurt that the undergraduates had gotten used to meeting veterans and perhaps seeing one in one of their classes, which instantly humanizes the military,” Awn said, referring to the eventual approval of ROTC.

Many of the founders said they also recognize the importance of the increasing veteran population at Columbia during this time because it allowed the club to expand its focus.

This unity paved the way for the more recent activities of MilVets. “I just happened to be at the right place at the right time,” McClelland said, referring to his role as a “linkage” between the many parties within the organization. But it would be the next generation of MilVets who would be able to truly unify and develop the organization on campus.

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### CALENDAR OF EVENTS

## NOV. & DEC.

### DECEMBER

S	M	T	W	T	F	S
				01	02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

UNLESS OTHERWISE NOTED, ALL EVENTS ARE WHEELCHAIR ACCESSIBLE.

MORE INFORMATION ONLINE  
[WWW.BARNARD.EDU](http://WWW.BARNARD.EDU)

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## 12/02

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## 12/03

**THE BARNARD PROJECT  
AT NEW YORK LIVE ARTS  
2 & 7:30 PM**

219 West 19th Street, between 7th and 8th

## 12/07

**‘DESIRES ACROSS BORDERS’:  
Love, Globalization, and Modern  
Marriage in Rural Mexico  
6 PM**

Sulzberger Parlor, 3rd Floor Barnard Hall

## 12/09

**UBU THE KING  
8 PM**

Glicker-Milstein Theatre,  
LL200 The Diana Center

## 12/10

**UBU THE KING  
3 & 8 PM**

Glicker-Milstein Theatre,  
LL200 The Diana Center


## ANNUAL CANDLELIGHT CONCERT 8 PM

Union Theological Seminary, Broadway at 120th  
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Football on Thanksgiving gives chances for increased kinship

SPENER from back page

I don't insist that sports need to be inextricably linked to every Thanksgiving celebration. The holiday is fundamentally not about sports. However, if you like sports, particularly football, Thanksgiving break is a great time to sit down, watch a game, and feel a kinship with many

others. And, if you missed sports on this past holiday, the NBA finally ended its lockout and will deliver a triple-header on Christmas Day!

*Benjamin Spener is a Columbia College sophomore majoring in economics-mathematics and Latin American and Iberian cultures.*  
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Male allies look to other opportunities for advocacy

CENTER from front page

counseling] certainly one of them, but it's not the only one," Jashnani said.

Although concerns have been raised about the rape crisis center over the years, Singleton said that Columbia isn't likely to follow peers who have gone co-ed.

"Anecdotally, what we've heard through the years is that there are a lot of survivors that seek the services because they know that when they walk in a door that they have a sense that there's going to be a female advocate or peer counselor that's available," Singleton said. "We can't speak for every survivor, but we know that some people find that incredibly helpful in knowing what they are getting before they come into the service."

Weinberg said that at the moment, he does not see any need for the RC/AVSC to become gender-neutral.

"I haven't really begun to think about how you could change that and what issues you should be addressing if you did change that. From the queer perspective I don't know who would prefer to have a male peer counselor. It's an unexplored issue. It's never come to my attention before," he said.

Lauren Herold, CC '13 and a strong voice on campus against sexual violence, said that the center ought to accept male volunteers one day—but only if people want that.

"I do think it's really important to eventually, at some point, if people demand it, have a gender-neutral space at the rape crisis anti violence support center," she said.

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Columbia earns first non-conference win of the season

MEN'S BASKETBALL from back page

in their 67-53 loss to Stony Brook, when the Seawolves out-rebounded the Light Blue 45-28 overall and 21-7 on the offensive glass.

"I think it took us a half to really pull things together in Stony Brook, for everyone to get gritty and come up with the ones where the guards are coming in," Daniels said. "But today we did a pretty good job of staying consistent, staying the course, and doing it for 40 minutes instead of 25."

Stony Brook (2-3) took the lead first in Tuesday's game and never gave it up.

Trailing 32-20 at the half, the Light Blue fought back in the second period. Aided by 3-pointers from Rosenberg, senior guard Chris Crockett, and freshman guard Noah Springwater, Columbia went on an 11-1 run to cut the margin to eight.

The Seawolves responded, but with 7:32 remaining, Barbour—who had a game-high 23 points—hit a shot from beyond the arc that put the Lions within seven.

That was the closest Columbia would get to tying the game, as Stony Brook pulled away to finish with a double-digit advantage.

Despite the loss at Stony Brook, Smith said the players were determined to practice over the Thanksgiving break to prepare for the game against Manhattan, and the payoff was obvious.

With its first win under its belt, the Light Blue hopes to continue its positive momentum on Monday in its home game against Swarthmore (0-4). The Garnet's most recent loss came last Tuesday in a 79-67 defeat at the hands of Dickinson.

Tipoff for tonight's game is scheduled for 7 p.m. in Levien Gymnasium.


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**A Transatlantic View of Shared  
National Security Legal Issues**

with **Daniel Bethlehem**, Former Legal Adviser,  
U.K. Foreign and Commonwealth Office

Daniel Bethlehem is currently a visiting scholar at Columbia Law School for the fall 2011 term. Following a five-year tenure, from May 2006 to May 2011, as principal legal adviser for the U.K. Foreign and Commonwealth Office (FCO), he returned to private practice at the London Bar, where he specializes in public international law. In this role, he acts as counsel and adviser, and sits as arbitrator and on inquiry panels. Having practiced at the London Bar from 1990 until his appointment to the FCO in 2006, Bethlehem has extensive advisory, litigation, and arbitration experience representing states, international and nongovernmental organizations, corporations, and individuals on issues across the full breadth of public international law as well as aspects of European Union law and international and European human rights law. He has appeared frequently before a wide range of international courts and tribunals, including the International Court of Justice, the International Tribunal for the Law of the Sea, WTO and regional trade panels, ad hoc international arbitration panels, and other international dispute settlement mechanisms. Bethlehem has similarly appeared before all levels of English courts and tribunals, from Employment Tribunals (addressing issues of state immunity) through to the High Court, Court of Appeal, and the Supreme Court. He has also appeared before the EU courts in Luxembourg and the European Court of Human Rights in Strasbourg.

*Light refreshments will be served.*  
*All events are open to Columbia University faculty, alumni, students, and staff only.*  
*Bring your CUID. Recording devices are not permitted.*

**PAST SPEAKERS**

**John B. Bellinger III**, Former Legal Adviser, U.S. Department of State and the National Security Council

**Mary DeRosa**, Former Deputy White House Counsel and Former Legal Adviser, National Security Council

**Barton Gellman** and **Dafna Linzer**, national security journalists

**Stephen W. Preston**, General Counsel, Central Intelligence Agency

*This program is made possible through funding from Roger Hertog.*

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# Striking a balance

Those of you who went home for Thanksgiving like me probably experienced the special kind of weirdness that can only come from returning to your home after living on your own. This stems from the simple fact that going back to a space where you spent your younger years can conjure up all kinds of emotions and memories, from carefree afternoons as a little kid to fights with your parents as a teenager. And no matter how you feel about your family, spending time in a space with so much of your past bumping around is, well, weird. In many ways, holidays like Thanksgiving amplify this: Since the holidays themselves are already emotionally charged, combining them with a return home only brings about more strangeness.

This Thanksgiving, as I chopped vegetables for stuffing as per my mother's instructions, the amplified awkwardness led me to thoughts about the peculiar intersection of gratitude and discontent. Back in the days when I lived with my parents, all I wanted was to not have to live with my parents anymore. Home felt cramped and boring, and when it came time to move my stuff to New York for orientation, I was more than ready to leave. Yet these days, when I return home I'm struck more with gratitude than with discontent—gratitude for a family that loves and supports me, and for a place to come back to, one that is warm and safe and full of food. I'd never want to live at home again—now that I've left, it's difficult to go back—but at the same time, I'm grateful to have had the chance to live there for the first 18 years of my life.

While gratitude does rule out complaining for the sake of complaining, it doesn't mean we pretend that everything is perfect.

Home isn't the only thing about which I feel this mixture of discontent and gratitude. I've rarely been as grateful about anything as I have been about the opportunity to go to college at Barnard. But I've also rarely been as frustrated about anything as I have about Barnard's mandatory meal plan and full-time tuition policies. I'm glad I live in New York City, but not glad that so many others who do have to live on the street. Studying what I love is a huge blessing, but academia is beginning to feel as cramped as my parents' house. Hard as we try, it seems like we can't really escape this juxtaposition. We're grateful for X, but we wish Y could be just a little different.

How are we to live with this kind of strange mixture? Usually, we end up falling into one emotion or the other. On the one hand, we can use "gratitude" as a way to avoid confronting the things we don't like about our lives. If we were truly grateful, we reason, we wouldn't complain about what's difficult or unjust. While gratitude does rule out complaining for the sake of complaining, it doesn't mean we pretend that everything is perfect and amazing. We can be thankful for the good things in our lives without giving up the right to change the bad. It's not ingratitude to identify something as a problem.

On the other hand, we can get so caught up in the things we want to change that we forget to be thankful for the good. Sometimes, our frustrations about Barnard or Columbia can make us forget that it's a great privilege to even go to college here at all. It doesn't make our frustrations any less valid to recognize the things for which we should be grateful, and we can advocate for changes to bad policies while still maintaining an attitude of thankfulness for being able to attend this University.

It may seem impossible, but the way forward is balance between gratitude and discontent. Managing the two extremes consists in looking at a problem and a blessing square in the face, acknowledging each of them for what they are. When we find ourselves tipping to one side or the other, we should stop and consider. After all, that I don't want to live with my family doesn't mean the food isn't delicious.

*Kathryn Brill is a Barnard College junior majoring in English. She is a member of InterVarsity Christian Fellowship. We Should Talk runs alternate Mondays.*



KATHRYN  
BRILL  
**We  
Should  
Talk**

## LETTERS TO THE EDITOR

To the Editors of the Daily Spectator:

I realize that nothing I say here about the win over Brown on Nov. 19 can add to the super satisfaction our football team already enjoys over that great come-from-behind victory. Nevertheless, I cannot repress a few words of congratulations:

To the team that overcame daunting odds after falling behind 21-7 by the end of the first half and went on to redeem a losing season by a final upset victory...

To the offense that took over in the second half to battle back and tie it up in regulation time and go on to win 35-28 in overtime...

To the defense that put on a magnificent goal-line stand in the last seconds of the game...

To the die-hard Lions fans, including Coach Bill

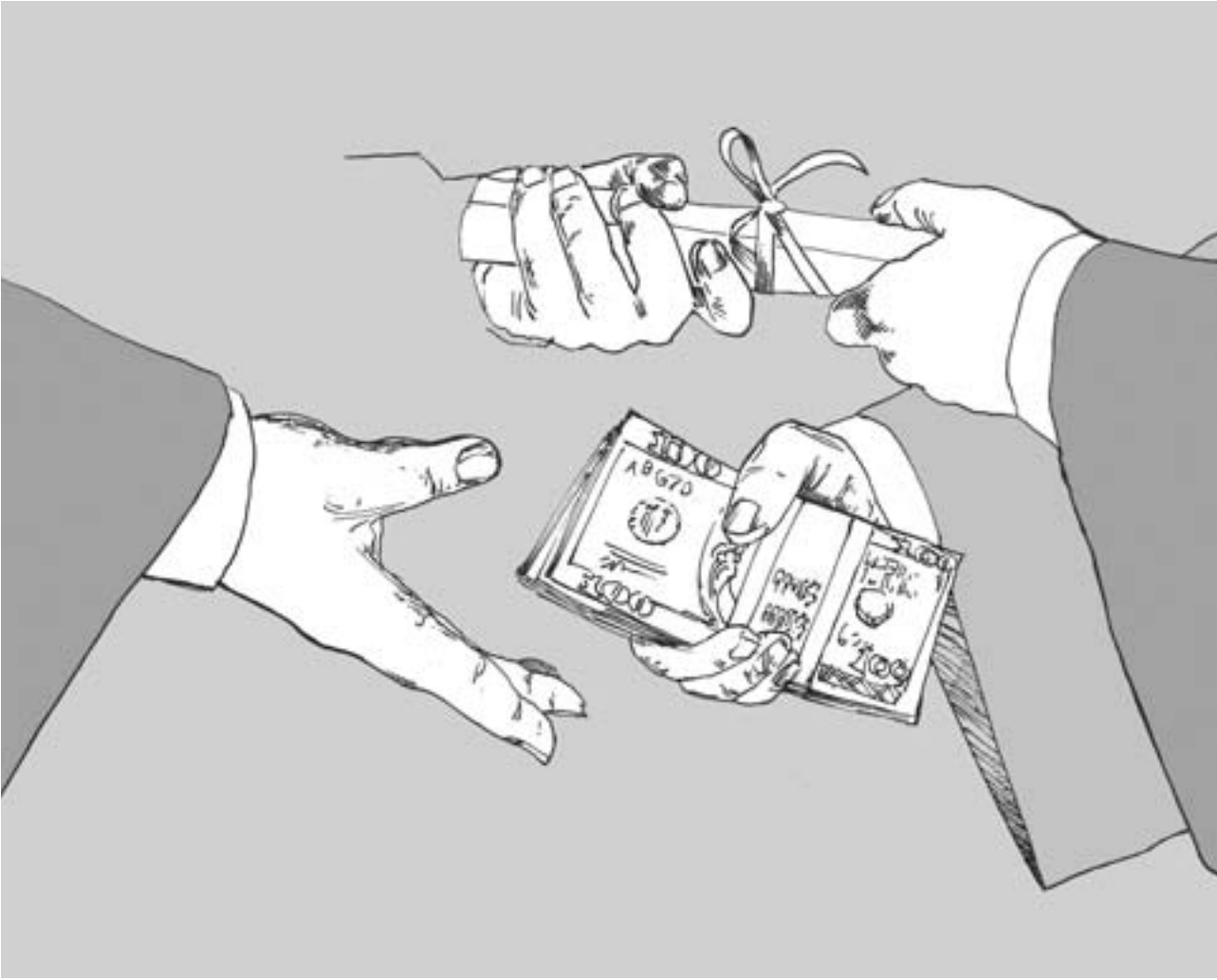
Campbell and other trustees, who did not desert the Baker Field stands when we fell so far behind, but stayed for a rousing finish...

To the seniors who ended up on a winning note...

To the repentant Marching Band who played on to the end and even after...

Congratulations on a historic victory—as great as any I have seen as a spectator for over 80 years (yes “eighty”), even the great win over Army in 1947. May the memory live on in the hearts of all true Lions.

*William Theodore de Bary,  
Columbia College '41,  
Columbia University A.M. '48,  
Ph.D. '53*



JUSTIN WALKER

# Barnard robber barons

HANNAH GOLDSTEIN

Barnard is a soulless corporation that turns its profit from impersonating an anti-corporate, ultra-humane social institution. In the 2 1/2 years since I started attending, this much has become clear to me. While the school waxes lyrical online and in visits across the country about its unique women's college sensibility and flexibility and support for its students, the school as a matter of habit takes students' money in the most underhanded of ways without justifying its expenditures. Such is the Barnard deception, and it will not change as long as there are prospective families to positively reinforce the gimmick with the power of their purses.

If you go to Barnard, you are required to be on a meal plan ranging anywhere from \$300-\$1800 a semester, depending on where you have the good (or bad) fortune to live. This is accessible information, viewable online to prospective students and listed plainly in tuition bills. But that was not the case upon its inception. Rather than gauge students' feelings and then grandfather them out, or not, accordingly, Barnard introduced the policy abruptly and proceeded to calmly assuage objections with a wealth of reassuring and grandiose claims: “A points-based campus convenience store”; “quality food” (i.e. not ubiquitously B-rated dining choices); “medical accommodation” (i.e., exemptions for students with expansive food allergies or eating disorders). The meal plan in practice did not include any of these provisions, which were unsustainable from the onset, and allergic students across the campus shrugged their arms in a collective “what the [frick]” gesture, while Dean Denburg confirmed that no real convenience store was ever to come to pass.

This year, as many know, Barnard decided it would cancel the existing part-time graduated tuition option for last-semester students, under which they could earn their last few credits while paying part-time rates. Barnard knew in the policy crackdown there would unavoidably be current students with no choice but to stay the semester, under the unexpected financial burden of full-time tuition. Strangely, Barnard defended itself with the claim that there would be exceptions at the case level, and yet the

burden of these exceptions was shifted onto the academic departments. The school ignored criticism in a resolute abuse of its student-derived sovereignty: Not only was there no grandfathering-in, there was also no exception for juniors, who were too far along to transfer and would just have to make it work. Let's take a look at how you, a junior, might make it work, after semesters of careful planning toward the old destination. You could presumably take credits you were never planning in order to simulate legitimacy. Or you could stack your schedule with creative fun classes: writing workshops in different genres, visual arts, dance, voice, acting. But then you couldn't arrive at the designated full-time credits schedule in the first place: There are workshops-per-semester caps by department, and most arts workshops aren't worth any credit anyway. At bottom, there is very little you can do to make that extra money not a waste when it is, ipso facto, a waste.

Make no mistake, world. Despite being a not-for-profit institution in the tradition of all great American colleges and universities, Barnard is in the business of making money. And once it's convinced you to pledge your increasingly irrevocable financial allegiance, it will extract as much money as it thinks it can before you catch on and start asking questions. Recently, a group finally did start asking questions. They were the Occupiers, known for migrating from school to school to make a range of economic complaints. In preparation for the movement's imminent arrival on campus, Barnard dispatched the NYPD and locked down Barnard Hall to patrol the whole school, monitoring the suspiciously surreptitious activity taking place in a Barnard building. Student activists—albeit some who had spoken out at many schools—enumerated and called Barnard out on its instances of financial exploitation in a student-run assembly. Rather than come in and join the dialogue, which was open and democratic in keeping with Occupy official procedure, administrators (including the dean) and public safety hovered right next door to “listen in” like the mature and pragmatic adults that they are.

In the meantime, at the safe and cuddly college-in-conjunction-with-university for which we pay \$21,392 per semester, every semester, a robber attempted to mug a student in plain sight on a campus street.

*The author is a Barnard College sophomore majoring in history.*

## STAFF EDITORIAL

# Cut ties to CASA

Established in 1992, the National Center on Addiction and Substance Abuse at Columbia University conducts research on drug abuse and its ramifications on society. Since its inception, the research center has been affiliated with Columbia's reputation and name, and when President Bollinger joined the board of directors in 2002, he only strengthened CASA's ties to Columbia. But as numerous media outlets and renowned researchers have brought to light, the methods that CASA uses to research substance abuse are shoddy and questionable, and reports of CASA's “findings” are often misleading and sensationalized. Bollinger's implicit endorsement of CASA not only tarnishes Columbia's reputation as a world-class research institution, but it also promotes poor analyses of issues that deeply affect our society. To keep from supporting this kind of work any longer, President Bollinger must resign from the board of directors immediately.

Researchers at the Capital Research Center, the editorial staffs of the Washington Times, the Washingtonian Magazine, and the Chicago Daily Herald, the long-time director of the American Council on Science and Health, doctors, lawyers, and countless others have pointed out CASA's lack of scholarship. Refusing to consistently submit their reports to peer review, CASA ignores the

standard scientific practices that help ensure accurate and reliable results. Investigative journalists who have questioned the center's studies, such as one that claimed alcohol is involved in 90 percent of campus rapes, have been unable to find any evidence to support the numbers. This absence of accountability leads to a distortion of the facts. The Chicago Daily Herald noted in 2005 that Joseph Califano, the founder and chairman of CASA, had blown up numbers relating to teenage drinking by more than 100 percent. CASA has little to no basis for some of the its claims, and makes an insufficient effort to prove otherwise.

As a result, many of the conclusions that CASA's studies support are extremely suspect. In a study on teen drug use, CASA suggested that a lack of regular family dinners causes children to abuse illegal substances. Researchers surveyed teenagers and found that the ones who use drugs were less likely to participate in dinners with their families. CASA did not control for age (older children may be more likely to use drugs and less likely to be home for family dinners) or income (poorer children may be more likely to use drugs and their parents less likely to be home for family dinners). In other words, CASA is suggesting causation where only correlation can be demonstrated. When asked about this study in an interview, CASA President and CEO William Foster disavowed the use of causal language while defending his own study's claim that “frequent family dinners make a difference.” But this methodology could

lead to a number of faulty claims. If less drug use and more frequent family dinners stem from higher family income, for example, then the organization could have used exactly the same logic to conclude that teenagers with iPhones are less likely to use drugs.

What's more, Califano has repeatedly published op-eds with dubious claims. Foster wrote in an email that the op-eds represent “the opinions of their author(s),” not official CASA positions. But when prominent figures associated with University-linked institutes write publicly, they trade on the University's reputation. Califano seems to use Columbia's credit recklessly—one piece, on menthol cigarettes, suggests an unjustified conclusion through unfair juxtaposition, while another, against drug legalization, exaggerates the scope of its center-piece example. Califano's outlandish claims reflect on the integrity of the organization, and unfortunately on Columbia's as well.

Research that does not always employ basic scientific practices cannot be called research, and the center conducting these studies should not be benefitting from its present connection to Columbia. Moreover, Columbia researchers would never get away with some of CASA's methodology, and centers that the University supports, however indirectly, should be held to similar standards. Bollinger should remove himself from the board, and thus discontinue any kind of support Columbia has been offering to this questionable think tank.



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9	4	8	6	2	1	3	7	5
3	5	2	4	8	7	1	6	9
7	1	6	3	9	5	4	2	8
6	8	1	5	4	9	7	3	2
4	7	3	2	6	8	9	5	1
5	2	9	7	1	3	6	8	4
1	3	4	8	7	2	5	9	6
8	9	7	1	5	6	2	4	3
2	6	5	9	3	4	8	1	7

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ONE  
is nothing to  
celebrate.

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su | do | ku

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		2	4	3		8		
5			6		8			4
				7	9		6	
	4							5
2	3						4	9
8						7		
	9		3	1				
1			5		2			6
		8		9	6	1		

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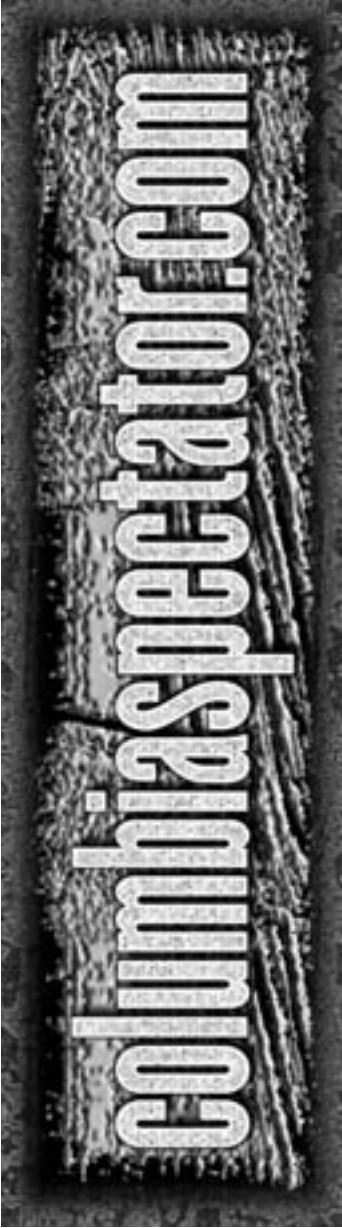
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Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Nichols Lewis

ACROSS

1 Buzzy bovine

5 At the drop of ...

9 Ice cream brand that's "Grand"

13 Ice cream-and-cookies brand

14 "The Thinker" sculptor

16 Fat unit

17 Tailless cat

18 Steak option

19 Hereditary code carrier

20 Ted Williams had a 344 lifetime one

23 Stat start

24 Fishing pole

25 Agreeable to doing

26 Site of many a shady transaction

34 More or less

36 Cacophony

37 ... Linda, California

38 Chef's recipe words

39 Boo-boo protector

42 "Bad Moon Rising" pop gp.

43 Go ape

45 Go bad

46 Attached to the bulletin board

48 Bullet-proof vest, e.g.

51 Pries (into)

52 P&L column

53 Visibility impairer

55 Common collage degree, whose abbreviation is a hint to 20-, 28-, 39- and 48-Across

62 Japanese golfer Aoki

63 With 67-Across, innovative or experimental artists' group

64 Birthday serving

66 Envelope abbr.

67 See 63-Across

68 Way out

69 Give guff to

70 Shakespearean king

71 Chip enhancers

DOWN

1 Dot...

2 Man from Oman, often

3 Actress Olin

4 Dance that precedes "golf" in the NATO phonetic alphabet

5 Wheelchair guy on "Glee"

6 Schmoos, as with the A-list

7 Work like

8 Foy of "30 Rock"

9 Asian menu appetizer

10 Rasta's hairdo

11 Yin's counterpart

12 Hook's sidekick

15 St. for gamblers

21 Go platpat

22 Disco ...

25 Vandenberg or Edwards: Abbr.

26 Chico's chicken

27 Chickens, to kids

29 Build up, as a collection

30 Hush-hush led. org.

31 Make booties, e.g.

32 Game show host

33 36-inch units

35 Jamie of "M\*A\*S\*H"

40 ... de plume

41 Tony of 60-Down

44 Constricting snakes

47 Compelled via force

49 Suffix with lemon

50 "Help Me, ..."

51 Beach Boys hit

54 "... happily ever ..."

55 Skewed view

56 "The Thin Man" canine

57 Fall behind

58 Roundish shape

59 Steak order

60 Stearn set in a garage

61 Not attend

65 "Men in Black" baddies, briefly

ANSWER TO PREVIOUS PUZZLE:

I	C	E	B	R	E	A	K	E	R	T	R	E	F	
S	C	R	E	E	N	A	M	E		H	A	L	O	
A	R	I	S	T	O	C	R	A	T	I	M	A	X	
D	I	C	T	A		H	A	J	I		N	A	S	
O	D	S		R	H	O	S		N	E	E	D	T	O
R	E	O	S		O	R	E	C	A	R		A	I	L
E	R	N	E	S	T		A	L	L	I	A	N	C	E
S	O	C	I	A	L	I	O		C	A	U	S	A	L
O	N	O		T	R	A	U	M	A		A	P	I	E
F	E	L	L	O		I	O	N	S		I	R	T	
A	I	D	E		A	C	E	D		T	E	E	M	S
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## The peace of football on Thanksgiving

As the semester winds down, Columbia football ends its season, and we all head into the last few weeks of the fall semester after a much-needed break, it seems appropriate to reflect on how sports play into one of the United States' favorite holidays: Thanksgiving. Although the Ivy League football season ends before the holiday, football games have become a common component of this country's collective turkey day celebration. The marriage of football, a violent sport by most measures, and Thanksgiving, a holiday commemorating a peace between white settlers and Native Americans, seems a bit odd at first. Football is full of fanfare, spectacle, and fierce competition. On the other hand, the chief ingredients of Thanksgiving include relaxation, eating, and feelings of home or community. The contrast between the two is stark at first, but it quickly becomes clear that Thanksgiving can harmonize with football—and other sports—to augment the holiday cheer.

In the United States, Thanksgiving-day football games, sometimes referred to as “turkey bowls,” have been around for a while and often feature competition between two historic rivals, especially at the high school and collegiate levels. This past weekend, including the Thursday of Thanksgiving, was one of the last rounds of games in the non-Ivy college football season, and fans enjoyed a slew of major rivalry matchups: Oregon-Oregon State, Alabama-Auburn, UCLA-USC, Ohio State-Michigan, etc. The actual Thanksgiving-day game this year was between Texas and Texas A&M (which Texas won in the final seconds). So, why schedule some of the most hotly contested games of the year on a holiday celebrating a peaceful gathering? I think that the contrast between the on-field ferocity and the at-home tranquility is a mechanism that allows us to further relax and mull over the good parts of our lives.

Part of the reason for scheduling rivalry games on Thanksgiving and that weekend is that they reinforce feelings of home, feelings of identity. Many of us feel a connection to a certain sports team because that team represents a part of our respective identities. As a fan of a given football team, for instance, one is a part of a larger community. During Thanksgiving, a time when we appreciate the communities we belong to, rivalry games increase solidarity among fans. I believe that each sports fan has a sports identity, and the Thanksgiving holiday is a good time to revel in the sense of that camaraderie.

It is natural for people to enjoy watching their team and their players battle those of another group. Yes, overly violent on-field competition and equally vicious fandom could corrode bonds that go beyond sports (like one's national identity or family ties). However, Thanksgiving sporting events are always tempered with references to the importance of family, friends, and, of course, food. Also, competition between regionally emblematic sports teams serves as a way for fans to blow off steam, maybe directing their animosity for another group of people toward a sports team instead and ultimately dispelling that tension.

Despite the fact that football frequently dominates talk of sports on Thanksgiving, there are other sporting events taking place. The NCAA basketball season has started and, along with an assortment of games on Thanksgiving Day, the Columbia men's and women's basketball teams both had games over the holiday weekend. These games were a chance for those of us staying here on campus for the break to use sports as a means of bolstering community.

That all being said, there were also several major NFL matchups on Thanksgiving Day that were certainly opportunities for some of us to use on-field conflict to achieve at-home fraternity. I sat and rooted for the Cowboys along with my friends back home in Texas—although I wasn't at home, I felt a sense of home through the game.



BENJAMIN SPENER

### The Top Spin



FELIX SCHADECK FOR SPECTATOR

**RECORD BREAKER** | On Friday, senior captain Melissa Shafer moved up to second all-time in 3-pointers made in Columbia women's basketball history.

## Columbia drops two late, upsets Army for first win

BY HAHN CHANG  
*Spectator Staff Writer*

The Columbia women's basketball team (1-5) put an end to its five-game losing streak this season in a commanding fashion. Led by sophomore forward Courtney Bradford, the Lions handed the Army Black Knights (5-2) their second defeat of the season, shutting them down 63-58 on Sunday afternoon.

“It was certainly a satisfying win, not only because it means we won't be repeating our start from last season, but mostly because we beat a quality opponent who was 5-1 coming into our game,” head coach Paul Nixon said.

Bradford helped the Lions control the game, putting up the team's first double-double of the season with 17 points and 12 rebounds.

The Black Knights scored the game's first basket in what ended up being Army's only lead of the game. Columbia came back and quickly scored 10 unanswered points to go up 10-2 with 15:38 remaining in the first half.

Army, led by forward Olivia Schretzman, got within two of Columbia several times in the half—however, the

Lions maintained their lead, 28-23, going into the intermission.

The Light Blue came back from the break and built up a lead as high as 13 points with 9:56 remaining in the game. However, Schretzman rallied the Black Knights, scoring three baskets in a 19-6 run to tie the game with 3:48 to go.

Junior guard Tyler Simpson, who finished the day with eight points, sank two free throws to put the Lions back up 58-56. With free throws from senior guard Melissa Shafer, who ended the day with 10 points, and junior guard Taylor Ball, who finished with eight points, along with Bradford's 17 points, the Light Blue held off Army's final push.

“We were able to control the tempo and execute the game plan for almost the full 40 minutes,” Nixon said. “Even when Army cut into the deficit and tied the score late in the game, our team continued to play hard and never lost the belief that this game was going to be our first win.”

Columbia's first win of the season comes after two narrow losses over the Thanksgiving break stretch.

The Light Blue started Wednesday on

the road against St. Francis (1-4) where it fell 48-44. The Terriers, who had 21 straight losses prior to Wednesday's game, ended the game with a 39.5 field goal percentage compared to the Lions' 29.6. While Columbia led as late as 3:19 remaining in the contest, the Terriers scored seven unanswered points to finish off the game. Both teams struggled to score, with only one player, St. Francis' guard Jasmin Robinson, finishing the game in double digits.

Shafer, who led the Lions, finished 2-9 from behind the arc and scored her 118th and 119th career 3-pointers to tie for third all-time in Columbia women's basketball history.

The Lions came back home on Friday to host the Long Beach State 49ers (2-4), where they fell to an early deficit of 36-28 going into the half. While the Light Blue managed to shoot more consistently than the 49ers, ending the game with a 46.8 field goal percentage to Long Beach State's 38.3, Columbia struggled to get shot opportunities, as it was outshot 60-47.

The Lions pulled within five at the beginning of the second half, but the 49ers rallied to go up by 13. Columbia

fought back again in the final 10 minutes, with Simpson scoring four of her 15 points and Shafer putting in two of her five 3-pointers. However, Long Beach State finished off the Lions in a 70-61 loss.

“Melissa was really the key to us coming back against Long Beach State and almost completely erasing the early hole we dug,” Nixon said. “I think I can speak for Melissa in that at this point in the season she is only concerned with the team's results. When her career is over, hopefully later in March, she can look back on her accomplishments. She was recruited as a perimeter scorer with a great 3-point shot, so I am sure it is gratifying for her at this stage in her career to know that she has been successful in what she was brought to Columbia to do.”

Shafer scored her 124th 3-pointer of her Columbia career against the 49ers to put her at second all-time in 3-pointers made for Columbia women's basketball.

The Columbia women look to build off their win against Army at home against San Diego. Tipoff is at 7 p.m. this Thursday at Levien Gymnasium.

## Columbia men's basketball trumps Manhattan for first victory

BY STEVEN LAU  
*Spectator Staff Writer*

A feeling of relief swept over the Columbia men's basketball team on Saturday when the Lions (1-4) grabbed their first win of the season against Manhattan (3-3).

Led by junior guard Brian Barbour, the Light Blue jumped out to an early lead and never looked back, defeating the Jaspers 59-41 on the road.

Manhattan's defense played its usual full-court press, but the Lions' ball handlers were unaffected, giving up only 11 turnovers.

“I thought we played with a lot of composure, which is huge when you play a team like that, who tries to speed you up and make you take the tough shots,” Barbour said.

Despite the relentless pressure by the Jaspers, the Columbia offense was patient with the ball, drawing out the clock and waiting for shot opportunities. At the helm of the Light Blue offense was Barbour, who led all scorers with 22 points and four assists. His leadership of the offense demonstrated his ability to step into the role left empty since the injury of senior guard Noruwa Agho.

“He's one of the best I've ever coached in any program as far as his attitude and his work ethic,” head coach Kyle Smith said. “Now he needs to step up a little bit, be a little more vocal, and assume responsibility, which he's done.”

After taking the initial lead, the Lions pushed the margin to 13 when sophomore guard Meiko Lyles and freshman forward Alex Rosenberg hit back-to-back 3-pointers that made the score 15-2 with 13:25 left in the first half.

Rosenberg had a breakout game in his first collegiate start, scoring 11 points, grabbing five boards, and earning three steals in his 32 minutes on the court.

“The first start you either play really well, or you don't,” Smith said. “I'm glad he decided to play well. He's deserved it, so it was good to see him produce.”

Twice near the end of the first period Manhattan managed to cut the lead to five, but the Lions maintained a 27-19 advantage going into the break.

Coming out of the half, the Jaspers displayed a renewed energy while Columbia struggled to get its footing. In just over six minutes of play, the Lions racked up seven team fouls and allowed Manhattan to close the gap to five points.

The Light Blue quickly responded with a 14-0 run that gave the Lions their largest lead of 19 points with 9:49 remaining—a lead they would hold onto until the final whistle.

After the whistle-blowing frenzy at the start of the second half, foul trouble plagued the Lions for the remainder of the game. Freshman center Cory Osetkowski fouled out with five minutes remaining, while junior center Mark Cisco and junior forward John Daniels finished with four personal fouls each.

“For me, I was just late on rotating up to help the guards on penetration,” Daniels said. “But we've just got to do a better job of getting there early and seeing plays develop ahead of time so we're not sliding in late and drawing fouls.”

Manhattan's leading scorer, junior guard George Beamon, was sidelined due to a thigh contusion. The Jaspers struggled to make up for Beamon's absence, shooting just 26.2 percent from the field and 12.5 percent from beyond the arc.

“I've got to give Columbia a lot of credit,” Manhattan head coach Steve Masiello said. “They controlled tempo, they dictated what they wanted, they got us in their type of game. We just didn't play well.”

Compounding the Jaspers' poor shooting were their 21 turnovers, thanks to an energetic Columbia defense. The Lions capitalized on their opponent's ball handling mistakes with 26 points off turnovers.

Though the Light Blue's shooting was not ideal—going 21-61 from the field and 6-27 from 3-point range—the Columbia big men were a force on the glass. Led by Daniels' 11 boards, the Lions had a total of 40 rebounds, 16 of which came on the offensive end.

The Lions' play on the boards was a complete opposite from last Tuesday night



FELIX SCHADECK FOR SPECTATOR

**BARBOUR BARRAGE** | Brian Barbour leads the Light Blue with 21 points per game over the last three contests.

SEE SPENER, page 3

SEE MEN'S BASKETBALL, page 3