



CHRISTINA PHAN / SENIOR STAFF PHOTOGRAPHER

**SPEAKING OUT** | Shirin Nariman, a former political prisoner in Iran and human rights activist, speaks at the protest on Wednesday.

## Students protest Ahmadinejad, despite revoked CIRCA invite

**BY AVANTIKA KUMAR AND JACKIE CARRERO**  
*Columbia Daily Spectator*

A couple dozen Columbia students gathered between East Campus and the Law School to protest Iranian President Mahmoud Ahmadinejad's human rights record on Wednesday afternoon.

The rally was originally organized in order to protest a dinner scheduled for the Iranian leader and Columbia's international relations group, CIRCA. After the Iranian mission rescinded CIRCA's invitation on Monday, the leaders of the protest forged ahead with their plans and re-named the "Just Say No To Ahma(dinner)jad" protest "Just Say No to Ahmadinejad."

Student organizer Eric Shapiro, CC '13, said that they

decided to go on with the protest because CIRCA students not attending the dinner didn't change the implications of the students agreeing to dine with the Iranian leader.

"We took issue with the moral implications of Columbia students sitting down to an off-record, intimate meal with an international pariah," Shapiro said.

Still, turnout was much lower than the more than 180 people who had said they were attending the original event on Facebook.

Victoria Lewis, CC '13, attended the protest because she had been upset when she heard about the setting of the original dinner.

"There was no media and it was a setting where people couldn't really respond," she said.

At least one CIRCA member,

Rich Medina, CC '13, responded yesterday by saying that he was never going to the event because he supported Ahmadinejad's views, but rather as a chance to talk to a world leader.

Jacob Snider, CC '13 and another organizer of the rally, said that his goal was just for Columbia to be represented by different perspectives.

"We weren't trying to be the sole Columbia voice," Snider said. "We realized early on that just as the CIRCA folks couldn't represent anyone but themselves, we couldn't represent anyone but ourselves."

Students weren't the only ones making their voice heard. Former Iranian political prisoner Shirin Nariman addressed the crowd that gathered in front of East Campus.

Nariman spoke about her personal experiences living under the oppressive Iranian regime discussing her time as a political prisoner and the human rights abuses she witnessed under Ahmadinejad's rule.

"When I was 17, I had a 13-year-old friend who was arrested and killed. This is the oppressive Iranian regime, and we need to reject such a regime and their representatives, which is Ahmadinejad," Nariman said.

She also questioned why Columbia students would want to associate themselves with a dictator.

"It's morally wrong. It shouldn't be done," Nariman said. "Many people were killed for a dictator to come to power."

**SEE PROTEST, page 2**

## Disclosure policies still under discussion at SIPA, FAS

University-wide policy to come soon from USenate committee

**BY ARVIN AHMADI AND SAMMY ROTH**  
*Columbia Daily Spectator*

A University Senate task force will soon release recommendations for a Columbia-wide conflict of interest disclosure policy, while SIPA and Arts and Sciences continue to deliberate on their own specific policies.

The USenate task force, led by political science professor and USenate Executive Committee Chair Sharyn O'Halloran, will present an update on its work at this Friday's senate meeting. Meanwhile, the School of International and Public Affairs and the Faculty of Arts and Sciences are working independently to develop their own policies.

O'Halloran said that the senate review is likely to result mostly in "technical changes" to the University's policies, influenced by disclosure regulations just released by the National Institutes for Health.

"Many of the schools will choose to have even more stringent policies, and I believe that's absolutely appropriate," O'Halloran said.

Executive Vice President for Arts and Sciences Nicholas Dirks said that a new A&S policy is being discussed by the Policy and Planning Committee. At SIPA, Dean John Coatsworth—who is also the University's interim provost—appointed a small faculty task force this fall to draft what professor and committee chair Robert Lieberman calls a "strong conflict of interest policy that will hold our faculty to high standards of transparency and openness."

Lieberman explained that while it is crucial for SIPA professors to get involved with the world outside of the University, impartiality within academia needs to be protected.

"The faculty's broad engagement in understanding and trying to solve these problems is essential to what the school is," he said in an email. "At the same time, transparency is equally important for scholarship."

The senate made plans to review the policy this year when it last passed a University-wide policy two years ago. But many professors have said that the current policy discussions are being driven by "Inside Job," a documentary released late last year which criticized Business School Dean R. Glenn Hubbard and Business School professor Frederic Mishkin for perceived conflicts of interest.

**"Many of the schools will choose to have even more stringent policies, and I believe that's absolutely appropriate."**

— Sharyn O'Halloran,  
USenate Executive  
Committee Chair

Columbia Business School and Columbia Law School passed new disclosure policies in the spring.

"It was definitely spurred in part by the 'Inside Job,'" said Law School professor Harvey Goldschmid, who helped develop the law school's new policy. "I'm not sure whether we'd have focused on this issue as such without the buzz that came."

The policy passed by the law school in April requires

**SEE CONFLICT, page 2**

### NEWS BRIEF

## Odessky elected 2015 class prez; Mandelbaum wins 2013 race

Columbia College first-years elected Jared Odessky and Erin Bilir their class president and vice president Wednesday night. (Odessky is a Spectator opinion columnist.)

Odessky and Bilir, who ran as the Crown Party, beat out seven other parties for the seats. They will serve with Loxley Bennett, Liam Bland, and Katie Angulo, who were elected 2015 class representatives.

This round of elections also included three seats on the junior and senior class councils following two summer resignations.

Ryan Mandelbaum, CC '13, was elected 2013 class council president—getting the second chance he said he wanted after deciding not to run in the spring.

He earned 260 votes to Richard Sun's 222 votes in the race to replace Mario Rosser, CC '13, who was elected class president last spring but did not return to Columbia this fall.

On Wednesday night,

Mandelbaum said that he was excited to work with CCSC in a new role after serving as a class representative last year. He said his first priorities will be ordering class gear—which he wants to be mesh tank tops—and throwing a class event in Lerner Party Space.

He said he wants to attract more juniors to class-wide events. "I want to have incentives other than free food, whether that's a fun night or an interesting speaker," he said.

Alex Jasiulek won the race for 2013 class representative with 175 votes. Jasiulek—who served as 2013 class president last academic year—beat out Justin Yang, with 145 votes, and Eugene Wu, with 119 votes.

Wesley Yip was elected 2012 class representative in an uncontested race, replacing Hannah Wilentz, who also resigned before the start of the semester.

—Sarah Darville and Finn Vigeland

## AIDS advocacy group gets Gillibrand's attention

**BY LAURA HEFTER AND AVANTIKA KUMAR**  
*Columbia Daily Spectator*

A Columbia student group is extending a helping hand to people with AIDS in the community—and achieving national results.

Members of the Student Global AIDS Campaign hosted a call-in last weekend to get senators to agree to protest cuts in global health funding, and 18 senators eventually signed a letter that will be delivered to the House Committee on Appropriations.

Thirteen senators had signed the letter by last Friday, but New York's Senator Kirsten Gillibrand, who has spoken directly with SGAC, extended the deadline to Monday. Members of SGAC reached outside of their group to get more people to call their senators, and by Monday night, the number of senator signatures had increased to 18.

Mel Meder, BC '14 and member of SGAC, said that young activists had gone to Gillibrand's events and personally campaigned for her attention.

"It was the result of youth activists that she agreed to send it out," Meder said of Gillibrand.

Amirah Sequiera, CC '12 and co-president of SGAC, said she got her entire contact list involved in the campaign. "I emailed a lot of my friends at Columbia, my entire suite—I sent it out to basically everyone I know in New York City," she said.

Jill Gottlieb, CC '12, was one of those people outside of the group who participated in the call-in.

"I know that SGAC is very active in advocacy and I've seen their events on campus," Gottlieb said. "I've always wanted to be more active and I finally realized that this was the right moment to pick up the phone and do something."

That campaign is one example of the work that the Student Global AIDS Campaign is doing, and a somewhat rare foray into national policy for the group, which has focused most of its attention on helping local residents with AIDS. SGAC has focused especially on helping at the Washington Heights CORNER Project, a needle exchange and harm reduction clinic where people can pick up clean needles and condoms.

SGAC, which started at

**SEE SGAC, page 2**



LINDA CROWLEY FOR SPECTATOR

**ACTIVISM** | Members of the Student Global AIDS campaign have been fighting the disease locally since 2002.

### A&E, PAGE 3

## Nonprofit reintroduces swing in Harlem's step

The Harlem Swing Dance Society holds social dances and classes, which will start again in October.



### OPINION, PAGE 4

## A physical education

Jeremy Liss urges Columbia to provide an outlet for the unathletic.

## A new hope

More Columbia students need to appreciate science fiction.

### SPORTS, PAGE 7

## Albany defensive end is an inspiration to all

Albany's Eddie Delaney was born with a physical deformity and later diagnosed with diabetes, but these struggles haven't impeded his athletic progress.

### EVENTS

## A Visit to North Korea

A Weatherhead East Asian Institute-sponsored lecture on a trip inside the usually-restrictive country of North Korea.

IAB 918, 12-1:30 p.m.

### WEATHER

## Today



76°/66°

## Tomorrow



71°/65°



# New disclosure policies in works across University

**CONFLICT from front page**

professors to “prominently disclose in published written work any external consulting or other activities, whether compensated or not, that a reasonable person would believe creates a significant possibility that an author’s views could be inappropriately influenced or compromised.”

Among other obligations, it also mandates that faculty members disclose, in all written works, “the payment of compensation to them, by a business enterprise or other person, for such written work that discusses issues about which the business enterprise or other person has an economic interest or other specific interest.”

Goldschmid pointed out that a policy limiting the amount of consulting law professors could do had been in place since 1982. “The Law faculty knew its paramount obligations were to be teachers and scholars,” Goldschmid said. “When the ‘Inside Job’ spurred us, so to say, we then focused on where the gaps were.”

Under the straightforward policy passed by the business school in May, professors must publicly disclose all outside activities—including consulting—that create or appear to create conflicts of interest. In May, Vice Dean Christopher Mayer told Spectator that he expected other schools to follow the business school’s lead.

news@columbiaspectator.com

# Organizers say Iranian president still worth protesting

**PROTEST from front page**

Is this what Columbia wants to associate with?”

For Snider, the most potent part of Nariman’s message was the importance of student activism and the effect students can have on people halfway around the world.

“Her last message was important: what you do as Columbia students is extremely valuable. The people who are prisoners for speaking their mind, or currently repressed under Ahmadinejad’s regime—they hear these messages,” Snider said.

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PHOEBE LYTLE / SENIOR STAFF PHOTOGRAPHER

**RIGHTS RALLY** | Sam Schube, CC ’12, and David Fine, CC ’13, organized the Wednesday protest against the Iranian president.



CHRISTINA PHAN / SENIOR STAFF PHOTOGRAPHER

**FLAT SCREEN FLIERS** | Televisions screens, like the one in Hartley Hall, will soon be available for clubs to use to advertise events.

# Flat-screen TVs to display club announcements soon

**BY AUDREY GREENE AND YASMIN GAGNE**  
*Columbia Daily Spectator*

With student council elections, first club meetings, and textbook sales contributing to this month’s fliering flurry, an electronic alternative is in the works.

As early as October, student groups will be able to advertise their events in at least eight residence halls on flat-screen televisions, which will scroll thorough a mix of campus news, health reminders and club announcements.

Scott Wright, vice president of student and administrative services, said that the televisions will be installed in Furnald, John Jay, River, and Watt in the next month, and the ads will be displayed

on the already-installed TVs in Carman, Ruggles, Broadway, and Wien as well.

Louis Smith, CC ’13 and EcoReps co-coordinator, called the electronic alternative “a step in the right direction.”

“We would love to get to use them. It would make our job a lot easier because recycled cardboard fliers take a while to make,” he said.

The effort to revamp club advertising began two years ago, when Learned Foote, who would become Columbia College Student Council president in 2010, worked with student services to establish a “grid system” on bulletin boards to reduce excessive fliering. But those guidelines were largely ignored.

Right now, “Clubs aren’t penalized for putting their fliers in non-designated areas. Sometimes they put 10 on one board,” Smith said.

Wright, who spearheaded the initiative with Joyce Jackson, executive director of housing services, said that the televisions will be placed in high-visibility locations near elevators. He emphasized that there will be no charge for the advertising, and that he plans to meet with the Student Housing Advisory Board soon to establish specific parameters for the announcements.

Students, including Mary Joseph, CC ’15, said they were cautiously optimistic about the plan. Joseph recalled a similar initiative that was effective in her high school, though she wasn’t convinced it would translate to Columbia.

She predicted that the screens may be useful to clubs, but won’t necessarily become the environmentally friendly solution to the hundreds of fliers posted all over campus. “Just because you make a Facebook page to advertise doesn’t necessarily mean you print out less fliers,” Joseph said.

Loxley Bennett, CC ’15, agreed. “I think that I would use it as another way to advertise, but still put the same amount of fliers out,” she said.

Jackson said that they will seek student feedback in the coming months, and make changes to the advertising system if needed.

news@columbiaspectator.com

# Student group fights AIDS in Washington Heights

**SGAC from front page**

Columbia in 2002, is the only group solely focused on AIDS advocacy on campus. For some of the members, the group’s cause is a personal one.

Sequeira said her desire to help fight AIDS began on a trip to visit her grandparents in Malawi, in southeast Africa, when she was 13.

When she returned to her hometown in Canada, Sequeira took up the cause as her own.

“As you get involved, it gets more personal, and then you start working with people who have it,” she said. “Now my focus has expanded to what’s happening locally.”

Meder said that her work with the CORNER project has been most meaningful. “It was eye-opening to meet people living with HIV, to know that 30 years into the approach of the HIV epidemic into the U.S., that HIV is still present in the U.S. and tends to disproportionately

affect groups that have been oppressed or stigmatized in some way,” she said.

The local work is what motivated Diana Guyton, CC ’14 and SGAC treasurer, to join in the first place.

“I went to the first meeting and I thought it was going to be this big, fighting-AIDS-in-Africa organization,” Guyton said. “Thankfully, it isn’t. It’s an organization that keeps in mind our community.”

Still, SGAC has turned some of its focus from raising awareness about AIDS to campaigning for health care funding in general. Guyton said it’s important to fight for that funding to help people with other major, but underfunded, diseases.

“Take a look at the waitlist that states have for AIDS treatment,” Guyton said. “It’s another sign of how much further there is to go.”

Kelly Kang contributed reporting.

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# Harlem nonprofit dances an old form into a swinging future

BY CLARE PEARSON  
*Columbia Daily Spectator*

Thanks to The Harlem Swing Dance Society, the Harlem community has recently been given the chance to dust off its ballroom shoes, and re-engage in an activity that once filled the neighborhood with soul.

NEIGHBORHOOD  
FEATURE

A nonprofit established in 2010, THSDS is set on reviving the vibrant Harlem culture that once flowed from the doors of the Savoy Ballroom and other grand dance halls. The organization’s founders, Jihad Qasim and Barbara Jones, work to encourage people in the community to relearn the etiquette and steps of swing dance, with a particular focus on the neighborhood’s youth.

“People have shared their artifacts. They’ve shared their stories. Seniors as old as 98 or 99 ... they come alive. ”

—Barbara Jones, Executive Officer,  
The Harlem Swing Dance Society

“We want to especially let our young people know about it, reintroduce it to them,” Jones, the society’s executive officer, said, “because if the young people don’t learn this culture or this folk dance, then it’s going to die out.” Qasim, who is also president of the Consolidated Block Association, points to a series of positive dynamics fostered by ballroom dancing. Through dancing, he said, “man and the women could connect—two basic units of

society. The man would learn how to lead the woman respectfully.” Quasim continued that the woman, in turn, “would learn how to follow with grace and respect.” He cited additional benefits like a gained sense of family and community, exercise, and the promotion of decent hygiene and good dress code. In its effort to keep swing alive, The Harlem Swing Dance Society maintains a collection of LM clips and records, which are often shared with the public at events in local libraries, senior and community centers, and high schools. Such events range from social dances—including one held during the recent Harlem Week celebration—to introductory classes, which will resume this October. On Oct. 15, THSDS will put on a swing dance performance, followed by a lesson and a two-hour dance social at Morris-Jumel Mansion (65 Jumel Terrace, near 160th Street) as part of “openhousenewyork Weekend.” Guests are asked to wear period-style clothing in honor of the Savoy Ballroom. THSDS is a grassroots movement occurring just next door to Columbia. Their mission to “reintroduce and preserve” swing dance and make it an “intergenerational activity once again” has already piqued much interest. “People have shared their artifacts. They’ve shared their stories,” Jones said. “We’ve talked to seniors as old as 98 and 99, and they remember. And they come alive—they become energetic just talking about it.” Jones went on to say that swing dance “was their youth, and they’re so happy to have it back.” Qasim hopes to eventually appeal to the corporate and music industries for further support, but for now, he and Jones receive private donations of money and time that allow most events to be affordable—or free. Jones and Qasim hope that in their capable hands, the rich past of swing dance will have a promising rebirth.



ILLUSTRATION BY MADDY KLOSS

# Make this season a fashionable one with futuristic fabrics and slits up the side

BY YOUJUNG JUN  
*Columbia Daily Spectator*

The early arrival of fall brings new trends: fabrics and fur, playful plaid, long coats, and chic slits. It may feel too early to say goodbye to spring/summer closets, but the cold breath of October is already approaching. This season, trendsetters are letting go of the flowy dresses that have long been popular but holding onto fun fabrics. Instead of clichéd feminine sundresses, pieces with hard or shiny fabrics, as seen on the runways of Marc Jacobs and Yves Saint Laurent, add stylish edge. The former creates interesting silhouettes, and the latter makes any look glow. Fur, both real and faux, is always seen throughout New York’s streets in the fall. But for anyone hesitant to wear even the great faux fur options now available, a long trench is an equally chic option. Students who have trouble finding that perfect affordable yet durable coat can check out Uniqlo (546 Broadway, between Prince and Spring streets, or at the pop-up locations on Broadway at 62nd Street and between 87th and 88th streets). The Japanese chain offers great variety and quality in multiple styles and materials. The multifaceted nature of plaid, always a fall staple, might tempt tastemakers to experiment.

STYLE  
FEATURE

Burberry adds a young, preppy twist to vintage plaids using bold colors like orange, pink, red, and yellow. Y-3 uses dark colors and a loose fit to create a bulky, sporty look. For those looking to bring plaid into their wardrobe, the vintage shop Reborn Process (35 Crosby St., between Broome and Grand streets) has unique, handpicked plaid shirts and knits. Chilly winds shouldn’t be an excuse for people to completely hide their bodies in chunky fabric whenever they leave the dorm. Slits—cleavage cuts, bold high slits, or modern cuts up to the knee—make a bold statement for anyone who is willing to show some skin this fall. Looking to the runways, Gucci went bare leg with high slits, while Ralph Lauren kept it elegant with asymmetrical evening dresses that revealed one shoulder. When filling up closets with new fall clothes doesn’t feel like enough, or is too expensive, take in the season’s fresh beauty trends. Stroll down to Sephora (808 Columbus Ave., between 97th and 100th Streets) and pick up red lipstick—a quintessential fall-weather tool that puts an edgy finish on any look. Or go for gold eye shadow, a sparkle that can never go wrong. New fall trends don’t mean a quick wardrobe makeover. They should instead mark a smooth transition from spring sentiment, which can survive into cooler weather with light-toned makeup and lovely accessories.



ILLUSTRATION BY ESHA MAHARISHI, GRAPHIC BY TONG SHU LI



DAVID BRANN FOR SPECTATOR

**SPEAK OUT** | Bryonn Bain performed at the Social Justice Artists Convening at El Museo del Barrio (1230 Fifth Ave., between 104th and 105th streets) on Sept. 21 before his show at Miller on Saturday.

# Alum Bain jailbreaks genre restrictions with piece ‘Lyrics on Lockdown’

BY LEERON HOORY  
*Columbia Daily Spectator*

Solo performer Bryonn Bain, CC ’95, fuses hip-hop theater, spoken word poetry, and the lives of 40 characters onstage. A prison activist, Nuyorican Grand Slam poetry champion, hip-hop artist, actor, writer, and educator, Bain will bring a multimedia performance titled “Lyrics from Lockdown” to Miller Theatre on Saturday, Sept. 24, at 7 p.m. The performance is based on Bain’s experience of being wrongfully imprisoned in New York City while he was a student at Harvard Law School. In an article for the Village Voice, titled “Walking While Black,” Bain wrote that this experience was his “first real lesson in the Law.” In “Lyrics from Lockdown,” Bain transforms his personal experience into a powerful artistic force. The European premiere of the piece was in January, and it showed at half a dozen colleges around the continent. As a Columbia alumnus, Bain says, it is a nice homecoming to play at Miller Theatre. Bain comes from a large family from Trinidad and acts with awareness of the diverse background that make up both his family and the nation of his roots. “I can’t just sit in the world and not try to do something about it when I know any of them wouldn’t have had the same kind of privileges,” Bain said. After graduating from Harvard Law School, Bain began work as an activist—both within

prisons and outside of them—to promote awareness of the prison crisis in surrounding communities. Working with the Blackout Arts Collective, a coalition of artists and activists he helped found, Bain created workshops in the prisons and the community. Bain has put together pieces of the show over the last decade, drawing from his own experience, his activist work, and the personal accounts of his family and friends. Through “Lyrics from Lockdown,” Bain challenges the canonical ways of thinking about the law by bringing the issue into public discourse and thinking about how systemic changes can be made in the American judicial system. In discussing his personal experience, Bain said he asked himself, “How can I leverage this to actually raise the awareness about folks who are being affected in even more tragic ways who don’t get any media attention?” Bain weaves letters and poetry by his friend Nanon Williams, who has been imprisoned for almost 20 years in Texas for a crime that many think he did not commit, into this whole story. Bain’s creative mix of performance mediums speaks to the disunity between the world in which Americans live and the one that is taught in educational institutions. “What I was reading in my case books was not what was happened in the streets in New York,” Bain said. The performance, he hopes, will show that art can be used to create awareness and initiate social change.





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Don't sweat it

I've dreaded the P.E. requirement since I began college two years ago. True, phys ed is the only chance you'll get to ask a teacher about your inner thighs. But just the thought of organized exercise kept me up at night. I'd lay in bed, sweating profusely and rolling around on my mattress, not even receiving credit for my exertions.

Browsing through Columbia's course guide brought me no comfort. African Dance? Too familiar. I'd end up taking over the class, and the instructor would start to resent me. Martial arts? I'm already taking three English classes—that's enough of the "Arts" for me. Yoga? Sorry, I only do downward-facing dog in the privacy of my dorm room.

After an extended process of elimination, I settled on Strength Training. The class appealed to me in part because it sounded self-paced, but mostly because it was the only option that fit into my schedule. Five minutes into the first session, though, and I was already regretting my decision.

The class was so public, so emasculating. Our first half hour was spent "warming up," an activity that I erroneously expected to include light, relaxed exercise. Instead, I found myself sprinting suicide drills across the gym, contorting my body into exotic shapes ("Now use your chin to scratch your lower back"), and doing several abdominal workouts that made me queasy.

Later, we were introduced to the "machines." I recognized a few of them from my visit to the Tower of London last summer. Some were meant to crush their victims, others to stretch them till their joints begin to



JEREMY LISS

Liss is More

Sick, and in health

I would like to begin with a mental exercise. As an undergraduate at Columbia University, you attend class (or at least tell your parents you do), participate in 1000 extracurricular activities (which is probably why you have to skip a class here and there), and occasionally party with your friends ("occasionally" is up for interpretation). Though it seems like a lot to manage, in the end, it all gets done (though whether or not it gets done well is up for debate). The question is, how are you able to do so much?

You might say that the answer is complex, encompassing factors such as your amazing time-management skills, your incredible work ethic, or your ability to craftily maneuver your way through life's obstacles. However, I would like you to consider one factor that you probably wouldn't even list, but that is very important to your ability to honor your many commitments: your health. And I know that as college students, we are all incredibly sleep-deprived and stressed. But for the most part, the students at Columbia University are all relatively healthy people. And what I mean here is not that we never get sick. I just mean that on a daily basis most of us do not fear imminent death from a health-related problem.

And so why is that? What makes us "healthy"? To answer this question, we need to recognize a subtlety—the distinction between health and health care. Many people, when asked why they are healthy, mention some kind of health care service: going to the doctor, getting medicine when they are sick, being vaccinated, etc. But consider this: When was the last time you went to the doctor because you truly needed to (and I'm not including regular checkups)? I think it is fair to say that the majority of Columbia students frequent the doctor's office only a few times a year. And perhaps the reasons for those visits included a bout of the flu, or a sports injury, or a case of strep throat. However, for the majority of the year, none of us need medical services. Why is that? It's because we are already healthy to begin with.

"Health" describes an immense category that does include health care services. But these comprise only a very small sliver of the entire spectrum of health. Think of all of the reasons you are healthy and rarely need to see the doctor: You drink clean water. You eat adequate and nutritious food (disregarding all of the junk food you choose to eat). Your mother ingrained in you the necessity to wash your hands after you go to the bathroom. You live in a relatively sanitary environment (maybe your dorm room is a mess, but there aren't rats and feces and fleas everywhere—hopefully). You were able to take advantage of health services such as vaccines when you were younger. You do not have to push yourself to the point of complete mental and physical exhaustion every day just to survive, and pulling an all-nighter, again, does not count—the kind of exhaustion I refer to is unknown to most Columbia students, despite our own perceptions of fatigue. When you do get sick, you can immediately go to the doctor and receive proper medication. Many of you have time to exercise and stay in shape. You received health education in school about safe sex, alcohol, drugs, diet, and other general health information. And the list goes on.

Healthy people usually do not need health care services—apart from the preventative services and the occasional glitches when they do fall sick—because health describes your total well-being, and is more often than not just as influenced by economic, political, and social factors as it is by medical factors. And the reason you have clean water, food, sanitation, etc., comes from the fact that you live in a relatively well-off society that has provided most of its citizens with the basic infrastructure it needs to be healthy. Our social system values access to health care, and since we have the economic resources to provide them, our political system works to establish them.

However, the majority of the world does not enjoy the level of health we experience. Social, political, and economic factors can also be powerful forces of ill health. And those in the world who need health care services most, because they are already the unhealthiest to begin with, are often those who do not have access to the health care they so desperately need. The same social determinants that contribute to their ill health in the first place deny them the care that could bring them back to health.

And so the next time you go to the doctor, consider this. Are you an unhealthy person because you are sick? Or are you a healthy person who just happens to be sick?

Nicole Dussault is a Columbia College sophomore majoring in economics-political science. The Mirror Effect runs alternate Thursdays.



NICOLE DUSSAULT

The Mirror Effect

pop. One contraption looked like it was stolen from the set of a "Saw" movie. I guess struggling for survival is a great way to build muscle mass.

Hobbling to my next class, I realized what the problem is with physical education: It's embarrassing. No one wants to lift five-pound dumbbells in front of a football player who can bench-press a Volkswagen. No one wants to gasp for breath on a treadmill next to a cross-country runner who can outpace you even when he's on crutches. And no one wants to flop around on the floor making grunting noises in front of a crowd. Well, maybe if they have a partner. But even then, I'm not sure I'd call that dignified, per se.

Perhaps Columbia could broaden the definition of what constitutes physical education to cut some slack for the athletically disinclined. Think of the poor souls who routinely lug heavy backpacks to Knox or the ninth floor of Schermerhorn. Consider the unlucky first-years who get locked out of their rooms in a towel and must hightail it to Hartley to get a spare key. Ponder the student who makes the walk of shame from Harmony to Claremont. Don't these unsung heroes deserve recognition?

If that doesn't appeal to Columbia's administration, maybe students could design their own P.E. classes. For example, mine might look something like this: A blindfolded guide escorts you to a private vault in the basement of the gym and locks you in. This small chamber, kept pitch-black at all times, is furnished with a couple of simple exercise tools that are completely self-explanatory. When you are done working out, you knock on the door and a different blindfolded guide comes to escort you off the premises. Bottom line—nobody, not even you, can witness your shame.

Where is the sci-fi?

BY CESAR RODRIGUEZ

Does the name Mark Hamill ring any bells? Maybe not. What about the name Luke Skywalker? Ah yes, that one might sound a little more familiar. Luke was the hero of that famous science fiction trilogy from the late '70s and '80s—"Star Wars," was it? The hero was played by Mark Hamill, whose name, despite being the star of a film series that has garnered over \$1.7 billion, remains somewhat obscure, even around here at Columbia.

This lack of name recognition, however, is merely a symptom of a much larger issue here on campus—the lack of appreciation for science fiction films, comic books, and related subject matter. And there is much to be appreciated in the science fiction genre. The genre has come to define generations of people who grew up listening to Master Yoda tell Luke not to try, but to do, or even hearing Capt. Jean-Luc Picard argue the meaning of being "alive" on an episode of "Star Trek: The Next Generation." While not infallible, science fiction provides a distinct perspective on morality, ethics and intellectual growth—staples of a Columbian education. The lack of appreciation on campus, however, can be observed on a wide scale across the student organizations on campus. It's very easy—and often annoying—to walk around campus and see the multitudes of advertisements for so many clubs on the walls of our buildings. How many countless posters are needed to advertise political groups or international relations clubs or even preprofessional groups? Certainly not the same number of posters needed to advertise clubs devoted to the science fiction genre or its related fields—unless we count that one poster I saw last night heading into JJ's Place advertising an upcoming StarCraft club. In fact, upon close inspection of the list of student organizations on the Columbia website, I could only find one with the

Unfortunately, it's unlikely that any of my proposals will ever see the light of day. Their implementation would be expensive and extremely impractical. Also, the head of the athletic department isn't returning my phone calls anymore.

No one wants to lift five-pound dumbbells in front of a football player who can bench-press a Volkswagen.

I know what you're probably thinking. Or at least, what it would be convenient for the purposes of this column for you to be thinking. What are we athletically incompetent students to do? Well, there probably isn't a one-size-fits-all solution like there is with contraception. You could take long "bathroom breaks," claim you pulled your groin, or invent a new sport. (Men's synchronized pole dancing comes to mind.) In the meantime, I'm going to try to get P.E. credit for writing this column. I think I feel a cramp coming on...

Jeremy Liss is a Columbia College junior majoring in English and comparative literature. He is the creative editor of The Current. Liss is More runs alternate Thursdays.

specific intent of enjoying and promoting not only the science fiction genre, but also fiction, films, and books. There was another one that focused more on Japanese animation, some of which is science fiction and fantasy. That is two groups in the "special interest" category out of nearly 500 groups on campus. Assuming 500 as a base, that is less than 1 percent of the entire body of student organizations. An interest level of less than 1 percent for science fiction is ghastly, if not embarrassing.

What's even more surprising is the fact that New York City is host to the biggest pop culture event on the East Coast: NYCC, or New York Comic Con. NYCC is an event that in 2010 gathered roughly 96,000 people and was named the second largest event in New York City. With such a huge opportunity happening on 34th Street in Midtown, why isn't there a bigger commotion around campus? Possibly because the commotion is caused by only less than 1 percent of the student organizations. NYCC is arguably the Super Bowl of science fiction, comic books, popular culture, video games, and films, and it takes place a subway ride from Columbia's campus. Perhaps the biggest part of NYCC, however, is its invitees, who this year range from Kevin Smith and Stephen Lang to Rose McGowan—and of course, Mark Hamill.

Maybe the name sounds more familiar now—or maybe it doesn't—but it certainly would after experiencing NYCC from Oct. 13 to Oct. 16. Or perhaps it would if there were more clubs on campus devoted to the beauty and intricacy of a science fiction genre that includes a multifaceted team of films, comics, video games, and pop culture. While dedication to this genre might not always entail a trip to NYCC, the genre merits a bigger representation and appreciation on campus. It is time to foment a larger science fiction following at Columbia, from Butler to Pupin, and raise that 1 percent "to infinity and beyond!"

The author is a first-year in Columbia College. He is a member of CIRCA.



RUNTAO YANG

LETTER TO THE EDITOR

To the Editor:

Regarding the editorial "A little advice" (Sept. 15, 2011), we appreciate that the Editorial Board recognizes the crucial role that academic advising plays in the lives and academic careers of Columbia undergraduates. As noted in the editorial, the Center for Student Advising (CSA) aspires to be "a trusted and indispensable source of knowledge and support for all students." While there is always room for growth and improvement, we are proud of the work we do and of the advising support we provide.

To this end we are constantly engaged in a process of self-assessment to make sure that we are providing the best possible support and service to our advisees. Last fall, in a

survey sent to all Columbia College and Columbia Engineering undergraduates, 73 percent of respondents reported that the CSA was meeting their academic advising needs. Students also gave their advisers high marks, finding them to be approachable (91 percent), responsive (89 percent), supportive (88 percent), and knowledgeable about the curriculum (86 percent).

We strive to be accessible and responsive to our advisees. This August, CSA advisers met with 97 percent of the incoming first-year class during the New Student Orientation Program. During orientation and the first two weeks of the semester, advisers held almost 3,600 advising appointments. The Center

hosts walk-in hours four days a week from 2:30-4:00 p.m. And this fall, we rolled out a new online appointment scheduling system. We welcome the new academic year as an opportunity to continue building advising partnerships with our students, and to continue developing and strengthening the CSA as an advising resource for the Columbia community.

Brianna Avery, Michael Dunn, and Justin Snider  
Advising Deans  
Center for Student Advising

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2	4	7	1	9	5	6	3	8
3	5	6	4	2	8	7	9	1
1	8	9	6	3	7	5	4	2
6	1	2	8	4	9	3	5	7
7	9	5	2	6	3	8	1	4
4	3	8	5	7	1	9	2	6
8	7	3	9	1	4	2	6	5
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5	6	1	3	8	2	4	7	9

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### Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Nichols Lewis

#### ACROSS

1 Clips for trailers  
7 Fringe incursion  
11 Triangular sail  
14 Kia model  
15 Dagwood's pesky kid neighbor  
16 Japanese salad ingredient  
17 Daily trying to hit the prieta?  
20 Campaign remains  
21 It originates from the left ventricle  
22 Pops  
23 "Garfield" waitress  
24 Detective Spade  
25 Survey response at the farm?  
33 Stows in a hold  
34 x, y or z  
35 Many a Louis  
36 Supplies for Seurat  
37 Sends regrets, perhaps  
39 Entry in a PDA  
40 Mass strings  
41 Waterfall sound  
42 Not at all good at losing?  
43 Tom fooler?  
47 Only reason to watch the Super Bowl, some say  
48 Like a preterious museumgoer  
49 Plane parking place  
52 Mountaintop home  
54 Likely result of failing a Breathalyzer test, briefly  
57 Looney's cake-making aid?  
60 Dedicatee of Lennon's "Woman"  
61 Jazz singer Laine  
62 Blanche Dubois's sister  
63 Place with presses  
64 It may be a peck  
65 "Mustn't do that!"

#### DOWN

1 Flizz in a gin fizz  
2 PC "brains"  
3 Make quite an impression

4 Beat back?  
5 Boards at the dock  
6 Strauss opera based on a Wilde play  
7 Flat bread?  
8 "M\*A\*S\*H" actor  
9 Currency-stabilizing org.  
10 Thingamabobs  
11 Hirsch of "Hunches"  
12 Picked from a lineup  
13 Shampoo ad buzzword  
18 Shah's land, once  
19 New ewe  
23 Brain freeze cause  
24 Juanita's half-dozen  
25 Leverage  
26 17-syllable verse  
27 Sugabed  
28 Green Bay legend  
29 Abbr. on food labels  
30 Adrien of cosmetics  
31 Small woods  
32 Bad-check passer

37 Acuff and Clark  
38 Actor Mineo  
39 With skill  
41 Scapegoat in some down-home humor  
42 Downs more dogs than, in an annual contest  
44 "Get Smart" evil org.  
45 Shirts and skirts  
46 Mass leader

49 Visibly sowed  
50 Chinoteague horse  
51 Sufficient space  
52 Sits in a wine cellar  
53 Inflatable items for short  
54 Shoulder muscle, for short  
55 Bing info  
56 Writer Dinesen  
58 Bulldog booster  
59 Shainer's "...War"

#### ANSWER TO PREVIOUS PUZZLE:

I	O	T	E	S	T	F	I	S	T	F	I	R	
S	E	A	R	L	E	I	D	L	E	A	T	E	
B	I	L	L	Y	E	L	L	I	O	T	N	A	P
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wordsfor@aol.com 09/22/11



# CU needs to capitalize on NYC’s potential

The Lions may have lost the biggest college football battle in New York City last Saturday, but at least the Light Blue and its fans were able to comfortably head back to 116th and Broadway, while the Rams had to stay put in the dull yet perilous Bronx. Unfortunately, even with such a prime location, Columbia athletics is losing another New York City battle: utilizing the opportunities the best city in the world has to offer.

We’ve all heard the old mantra and made vows that this semester would be the one in which we take advantage of all that the Big Apple has to offer. Columbia athletics should be held to the same standards. A little bit of prestige in the vast sports kingdom that is New York City could go a long way.

Columbia’s potential in this city really hit me while reading about the Liberty Cup. I learned Columbia is one of only three Division I football programs in New York City (with the others being Fordham and Staten Island’s Wagner College). New York might be the biggest professional sports town in the country, and I speak from experience in saying that college sports are often an after-thought here. Until having the Lions to follow, I never really had a rooting interest in college sporting events. New Yorkers would gladly support a team that represents their city. Syracuse is too far upstate, UConn is Connecticut’s pride and joy, St. Johns doesn’t do much for sports fans outside of basketball, and Rutgers—well, why would anyone want to root for Rutgers anyway?

## New Yorkers would gladly support a team that represents their city.

Thus, unless NYU decides to convert Washington Square Park into a football field, there are not many options in the surrounding areas, so it would make sense if a certain school could emerge in New York City. Especially a school in Manhattan, which is always just a subway stop away, and a school with Division I sports teams—funnily enough, there is only one school in Manhattan with a Division I sports program, and it’s located in Morningside Heights.

I’m not saying Columbia would be New York’s go-to college sports team, but a single shocking championship run in football or basketball could go a long way. If Columbia invested a little bit more in its major sports, the potential buzz that could surround the particular Columbia team would be unfathomable. Consider: when Cornell made a run in the NCAA basketball tournament in 2010, they became media darlings and drew a large contingent of support because of the extreme underdogs they were. And that is for a team in the middle of nowhere, not to mention a team that had already made the tournament in the two previous years.

Meanwhile, there could not be more ultimate underdogs than a team that hasn’t made the tournament in over 43 years, and you cannot find a college team more accessible than one that calls Broadway its home. This is a city with four regional sports networks and countless publications that may bend over backwards for such a story (in addition to Spectator, of course). The Light Blue could use more publicity for its games than the current system, in which the majority of its exposure comes from the paid subscription to watch games on Columbia’s athletics website. After all, the Lions do play in the country’s largest media market.

With the exception of the population of soulless Yankees fans, sports fans in this city thrive at being the underdog, especially the subsection of Mets, Jets, Knicks, and Rangers fans. Ask the ’69 Mets or the ’08 Giants about the impact that one remarkable season can make in the hearts of New Yorkers.

Even if making championship runs in the major sports may be too much to ask, the athletics program should take the initiative to put on spectacles across the city as often as possible, such as participating in tournaments at Madison Square Garden (like the basketball team did in 2005 and 2008)



RYAN YOUNG

Roar  
Ryan  
Roar



COURTESY OF ANDREA DITRANI

WEST COAST WONDERS | The California natives on the Columbia women’s soccer team contribute impressive skill and intensity in all aspects of the game.

# Californians bring West Coast flair to CU soccer

BY MOLLY TOW  
*Spectator Staff Writer*

Meeting multiple individuals from the same place may not strike you as peculiar. But at an urban school in which it seems like every other person you meet is from the Northeast, a noticeable portion of West Coasters in any specific group becomes noteworthy. This is the case with the Columbia women’s soccer team. Out of the 28-woman roster, nine of the players call California home. Four of these nine are currently juniors (of which there are six on the roster).

Defender/midfielder Lexi Nichols (from Aliso Viejo) is one of these four. Although she feels that an outsider looking in wouldn’t be able to tell the difference between a California girl and an East Coaster, Nichols notices certain trends that she and her fellow Californians exhibit on the field.

“Our style of play in all of California is very possessive,” Nichols said. “We pass the ball and we’re direct when doing long balls, so coming here, we bring that style to our play. We play it on the ground and work the ball around as opposed to taking long kicks and just

running around the ball. It’s a very athletic and possessive style.”

Junior defender/midfielder Monica Jean (Los Angeles) doesn’t feel that any certain aspect of play is unique to California, but she still noted differences in travel and in overall soccer culture when comparing the coasts.

“When you’re traveling on the East Coast, you travel a few hours and you might travel three states,” Jean said. “In California, you travel two or three hours and you’re still in the same state. Here, it’s getting used to being in different places, like Pennsylvania. I found that to be a big deal. Playing in California is just a different experience.”

In addition to Nichols and Jean, senior co-captains goalkeeper Lillian Klein (Mill Valley) and forward Ashlin Yahr (Rancho Santa Fe), junior midfielder Liz Crowe (Bakersfield), junior defender Isabel King (San Francisco), first-year forward Sarah Forthal (Irvine), sophomore forward Kimmy Bettinger (Belvedere), and sophomore midfielder Lainey Prioleau (Newport Beach) also reside in California when they aren’t attending Columbia.

Head coach Kevin McCarthy feels that the common thread between all of

these players is their representation of the wealth of talent held in California soccer. “The range of players goes from goalkeepers to rugged defenders to pacy attacking players,” McCarthy said.

“There’s excellent girls’ soccer and soccer clubs in California. They produce a lot of high-level players, and so it’s total recruiting grab. We’re fortunate that a lot of young women want to come to the East Coast, and New York City in particular.”

No matter where you live, the transition from high school to college is a difficult one. For those attending Columbia from California, there’s the significant addition of moving nearly 3,000 miles from home. Jean found that it eased her nerves to know prior to coming to Columbia that many of her teammates, including three others in the class of 2013, were traveling to Columbia from her side of the country.

“It was comforting to see, particularly in my grade,” Jean said of girls coming from California. “I thought, ‘Oh, they’re also coming from the West Coast and doing their workouts in the sun, by the beach.’”

Opinions on California idiosyncrasies brought to the team may vary

from player to player, but one thing that California natives universally agree on is how difficult it can be to deal with actual change in weather.

“Every California girl’s first winter is always a surprising experience,” Nichols said. “We’re all shocked by how cold it actually is. In California, it’s wear a sweatshirt or wear a jacket, whereas in New York, you can be wearing a jacket and a sweatshirt and still be freezing. It’s a rude awakening, but it’s nice to experience the seasons for once.”

Jean agrees wholeheartedly, and also voiced her pride that she can still train in the warm sun by the beach in the off-season. “When freshmen come in, I’m always telling them to buy a coat. A laundry list of things called ‘warm clothes you should have,’” Jean said.

They may need to invest in some quality rain boots and layer a bit more than others in the harsh winter months, but these girls have it together when they step on the soccer field. Distributed over all four classes with new recruits joining each year, it seems as though the Californians are determined to keep the Upper West Side populated by the West Coast imports.

# Men’s soccer looks to end losing streak as it hosts Monmouth

BY MRINAL MOHANKA  
*Spectator Senior Staff Writer*



FILE PHOTO

TURNING TRENDS | Despite recent injuries, the Lions are fully focused on getting back on track with a victory before the start of Ivy League play.

The Columbia men’s soccer team (3-3-1) will be looking to snap a two-game losing streak tonight when they host the reigning Northeast Conference champions, Monmouth (4-2). The Lions’ impressive start to the campaign has been overshadowed by their previous two encounters, both 1-0 defeats, but head coach Kevin Anderson does not see a massive overhaul as necessary.

“The game plan for us is going to continue to be the same,” he said. “We’ve had a good last two days of training—we’ve tried to refocus on some of the things that we’ve been able to agree as a group has been successful for us this season. We need to do those things more consistently. We need to take a little bit more ownership on what we do, and be more accountable.”

On Sunday, the Delaware Blue Hens got the better of the Lions with a goal just before the hour-mark. Senior midfielder Francois Anderson had three shots for the Light Blue, but could not find a way to get onto the scoresheet. Prior to the defeat in Delaware, Columbia lost 1-0 in overtime when it hosted Fordham last Thursday. Columbia had chances to score against the Rams, as senior captain Mike Mazzullo struck the post, and sophomore David Najem saw his close-range effort saved by Fordham’s Ryan Mears. The Lions were victims of a debatable refereeing decision just before the end of the first overtime period, when senior goalkeeper Alex Aurichio was judged to have entered his goal with the ball in his hands.

The Hawks, who, like Columbia, made a bright start to the campaign with three wins on the bounce, go into the clash on the back of a 2-0 loss to Bucknell. Their early season performances saw them ranked as high as No. 18 in the NSCAA poll. Prior to the defeat against the Bisons, Monmouth bested Sacred Heart 3-0. However, while Monmouth’s 4-2 record makes for pleasant reading, it

COLUMBIA VS. MONMOUTH  
Columbia Soccer Stadium, 7 p.m.



should be noted that they have yet to win on the road. The Hawks lost their only away game 3-1, when they visited Old Dominion. RJ Allen leads the Monmouth attack, with a goal and four assists this season. However, the Hawks are not reliant on Allen for goals, as evidenced by the fact that their seven goals this season have come from seven different players. Kalle Sotka, Ryan Clark, Joseph Schmid, Andres Penfold, Matt Beverin, and George Quintano are the others who have found the back of the net.

The Lions may have additional motivation for the clash since they have never beaten the Hawks, with Monmouth winning both prior contests in 2006 and 2008. Three years ago, the Hawks triumphed 3-0 in West Long Branch, N.J.

Senior defender Jesse Vella has started every game so far this season for the Lions, and is hoping the Lions can produce the goods in the attacking third.

“Our last two practices have been really productive,” Vella said. “There seems to be a more upbeat energy around the team, and we’re looking forward to a good contest against Monmouth.”

“That final pass hasn’t been there. It’s not connecting and we’re not taking our chances. We need to put teams away earlier. As long as we improve that, and make sure we don’t conceded goals, it should be a good combination that puts us in a position to compete with any team in the country,” he added.

The Light Blue may need to make changes to its starting lineup, as center-backs senior Nick Faber and junior Brendan O’Hearn both picked up injuries on the weekend.

“Everybody right now is still moving forward,” Anderson said. “But we feel like we’ve got a good group, good depth—some of the guys will be game-time decisions, but everybody that needs to be ready to play is prepared.”

Kickoff is scheduled for tonight, Sept. 22, at 7 p.m. at Columbia Soccer Stadium.



# Albany captain, defensive end has battled disabilities and defied all odds

**BY SPENCER GYORY**  
*Spectator Staff Writer*

Put yourself in the shoes of a Division I defensive end. Imagine walking up to the line of scrimmage and staring into the eyes of a 6-foot-5, 300-pound offensive tackle whose sole job is to manhandle you. Think about having to bull-rush, outmaneuver, and evade multiple blockers in pursuit of a quarterback on every passing down. Imagine the task of shedding blockers and tackling runningbacks who have a head of steam and are quicker than you are.

Now try to imagine doing all that with only one hand.

That is exactly what Albany senior defensive end Eddie Delaney has done his entire football career.

Eddie Delaney, a native of Holtsville, N.Y., was born with a nub that extends just below his left elbow. As if overcoming that wasn't enough, Delaney was diagnosed with Type 1 diabetes at the age of six and now wears an insulin pump on his leg. However, Delaney has refused to allow his physical disability, which he never hides, to get in his way. Instead, Delaney has become one of Albany's starting defensive ends, a captain and perhaps one of the best football players in the D-I AA Northeast Conference.

If you can say anything about Eddie Delaney, it is that he is an extremely driven individual. He always strives to excel—and never lets his disability stand in his way.

“He never, ever, offers [his disability] as an excuse,” Albany head coach Bob Ford said.

Delaney believes much of this attitude should be credited to his parents, Suzanne and Ed Delaney, who is the vice president of operations at the YES network. They raised him as if he didn't have a disability.

“They always pushed me to do what I wanted,” Delaney said of his parents. “They never said that I had to do anything, but they never told me I couldn't do anything.

They were a big part in creating the attitude that I have today.”

Before going to Albany, Delaney was a two-sport athlete at Sachem East High School on Long Island. In addition to playing football as both a defensive lineman and offensive guard, Delaney was also an accomplished lacrosse goalie. In his senior year, Delaney was named to the All-Suffolk County football team after accumulating 76 tackles, 11 sacks, five forced fumbles, and three blocked kicks.

It would have been easy, and understandable, for Delaney to focus on things besides football once he went to college. However, Delaney loved the game of football too much to not at least give it a shot.

“After my last football game in high school, I knew there was no way I could stop doing this,” Delaney said. “I was going to do anything that I could to play at the next level.”

Why did Albany give Delaney, an undersized defensive lineman with a disability, a shot to play D-I football?

Ford, who has been the architect of the football program since 1970, gave Delaney an opportunity to make the team as a walk-on because he had seen a young man, John Hamp, overcome exactly the same disability when he was a coach at Springfield College.

“Hamp became an outstanding offensive lineman and he had the same thing as Eddie,” Ford said. “Because I had had a kid like that already, I thought, ‘Who knows?’” Delaney has clearly made the most of the opportunity given to him.

His development while playing for the Great Danes has been the result of luck and hard work. Delaney—who began college at 6-foot-3 and between 205-210 lbs—smaller than the current size of Columbia's kicker Luke Eddy—is now listed at 6-foot-6 and 250 lbs. While his growth spurt was a stroke of pure luck, Delaney gained the weight by intensely building muscle in the gym.



COURTESY OF UALBANYSPORTS.COM

**OVERCOMING ADVERSITY** | Teammates recognized Albany defensive end Eddie Delaney's work ethic by electing him captain this fall.

“I thought I worked out hard in high school but I guess I didn't know what working out hard meant until I came here,” Delaney said. “I fell in love with the weight program. I really bought into it.”

“If you walked into our weight room, you'd say, ‘Boy, they work hard!’ but you'd see Eddie Delaney and say he's working just as hard as anybody in there,” Ford said.

Delaney's technique has also improved dramatically during his college career. “He's consistently getting better as a pass rusher, as a run stopper, as a pursuit guy and in his understanding of the game of football,” Ford said.

“My technique has improved the most,” Delaney said. “Early on I used to run around blocks. My strength has definitely helped me as a football player.

I can do things now pretty easily that a few years ago would have taken a lot more stress on my body.”

This season Delaney hopes to improve his pass-rushing abilities. “I do a lot of good things in practice but sometimes I don't carry that technique into games as well as I can,” he said. “I'm not really a big stats guy, but my goal is to rack up a few more sacks this season.”

In the offseason Delaney was elected by his teammates to serve as a captain and hopes to lead by example. One might expect his sheer presence to serve as motivation for the team.

“I always try and do the right thing,” Delaney said. “Throughout the preseason, throughout practice, there will be times when I feel a little tired or a little down, but I try to pick

myself up and project a positive attitude 24/7 so my teammates can follow.”

Let's not allow Delaney's remarkable story to overshadow the fact that he is a tremendously talented football player. Going into 2011, Delaney was selected as a preseason first-team All-NEC defensive end by Phil Steele. After redshirting his freshman season, Delaney was selected to the second-team All-NEC team in both 2008 and 2010. In each of his three seasons, Delaney has accumulated at least 30 tackles.

On the football field, Delaney is once again defined by his tenacious drive.

“He's got a great motor,” Ford said. “Once the play begins, Eddie never stops. He just goes as hard as he possibly can till the whistle blows.”

Considering his aggressiveness and the struggles the Lions' offensive line had against Fordham, Delaney could be in store for a big game on Saturday.

Delaney has also devoted himself to noteworthy and commendable pursuits off the football field: He has taken a large role in an effort to raise money and awareness for the Juvenile Diabetes Research Foundation and he has spoken to Sugar Free Zone, a group made up of children with diabetes. In the future, Delaney would also like to help create workout plans, many of which he has already developed on his own, to help children overcome disabilities in the same way he did.

There is little doubt that Eddie Delaney's story has been and will continue to be an inspiration to all those who learn of it.

WOMEN'S TENNIS

## Light Blue shows signs of promise in its early season invitationals

The Columbia women's tennis team had its second invitational of the year this past weekend. The team competed against Penn, Hofstra, St. John's, and Fairfield in both singles and doubles.

The Lions did well in the first round, but they struggled afterwards. Sophomore Bianca Sanon made it the furthest of the singles

competitors for the Lions, but she fell in the semifinals to Sol Eskenazi of Penn, 7-6 and 6-3. Eskenazi went on to win the singles competition. Penn took home wins in both of the singles competitions and the doubles competition as well. The Lions will compete against Penn at the Cissie Leary Invitational Sept. 23 through Sept. 25.

—Mrinal Mohanka

FIELD HOCKEY

## Lions let lead slip in low-scoring loss to Quinnipiac in rough weather

It was a rainy day for the Columbia field hockey team as the Lions watched an early lead wash away with the downpour.

Despite a goal by junior midfielder Paige Simmons in the third minute of play, the Light Blue (2-4) could do nothing to stop the Quinnipiac Bobcats (6-2) from coming back to take the 3-1 victory.

“We said we wanted the energy to be very high, specifically in the first five minutes of the game to really set the tone,” head coach Marybeth Freeman said. “We felt like we capitalized a tremendous amount on our pressing, but unfortunately we weren't able to capitalize on our possession out of that press.”

As the first half wore on and the weather worsened, so did the Lions' possession and offensive production. Though the Light Blue led 18-13 in shots, it could not finish.

Columbia also gave up five penalty corners in the first half as opposed to Quinnipiac's two, an issue that led to the Bobcats' first goal.

Coming off a corner in the 21st minute, junior

goalie Christine O'Hara made two quick saves only to be beaten by a third shot from Quinnipiac's Jess Rusin, who scored again in the second half with a flick in front of the net.

Columbia was not without its chances to get on the scoreboard. A golden opportunity came in the 25th minute when Quinnipiac received a yellow card in the circle, granting the Lions a penalty stroke.

But a diving save from goalie Nicole Lewis denied the Light Blue its free shot, and the Lions could not take advantage of the one-player advantage for the remainder of the half.

Columbia will hope for a better performance on Saturday when the team heads to Ithaca, N.Y. to take on Cornell at 12 p.m.

“I wouldn't be doing my job if I was content with where we are,” Freeman said. “Hopefully the athletes are not pleased in staying where they are right now and they want to take their game to the next level, and that's what we really need to do to make a splash in the Ivies.”

—Steven Lau

## CU sports deprived of excitement

YOUNG from page 6

or at other well-known venues such as Yankee Stadium, which hosted a few college and high school football games last winter. Even if this doesn't help Columbia's long-term potential, such events can help create much-needed buzz for CU athletics that could rival the rest of the Ivy League.

Columbia mirrors the city in that it has a long and storied history and a bond between a large group of people (alumni) that other local schools cannot rival, and all CU needs is some momentum in order to draw some people back. Not to mention that the city is filled with Ivy League alumni, who would be more likely to go watch their team play Columbia if there were more buzz around the Lions.

How to build a championship team is a topic for another column, but it may be difficult to imagine the impact of having just one such season. One Cinderella story probably will not lead to sustained success, but it may lead a large number of New Yorkers to find out that there are Division I sports being played on the island of Manhattan. Generating enough excitement could legitimately lead to a change in culture for Columbia's major sports—attracting more recruits, students, alumni, and school spirit. Such potential is certainly not there for any of our Ivy League brethren.

Actually achieving this success may just be a pipe dream, but, after all, this is the “concrete jungle, where dreams are made of.”

Then again, a good first step would have been simply winning the New York bragging rights with a Liberty Cup victory.

Ryan Young is a Columbia College sophomore.  
sports@columbiaspectator.com

THERE'S NOT ENOUGH ART IN OUR SCHOOLS.

NO WONDER PEOPLE THINK

# CARAVAGGIO

IS A GUY ON THE SOPRANOS.


It's hard to believe. Here's a 16th-century Baroque master whose bold naturalistic painting style first created a sensation, then a movement. A guy whose life was filled with the turbulence and excess of more than a dozen Mario Puzo novels.

This guy who, while troubled, ultimately found redemption and immortality in his art. But does the average kid on the street even know who Caravaggio is?

Fuhgedaboutit.

Too bad. Especially when you consider how much our children can learn from the conflicted life of a great artist like Michelangelo Caravaggio.

He grew up in less than ideal circumstances. Most of his family died in the plague. Much of his youth was müsspent on the mean streets of Rome. And as a

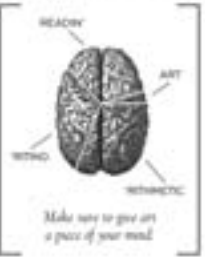


A self-portrait of Caravaggio as Bacchus. Honestly, he couldn't last 15 minutes on *The Sopranos*.

young artist he struggled for years to make a living. He was angry. Yet the angry contrast between light and darkness in his work is the very reason why it now hangs in countless museums around the world.


If nothing else, it's a case study of the importance of having art as an outlet. Unfortunately, one we're fast removing from our kids' lives.

If the arts are indeed a vital part of your child's education (and studies show you believe they are), then you should demand his or her fair share. To find out how to help, or for more information about the benefits of arts education, please visit us at [AmericansForTheArts.org](http://AmericansForTheArts.org). Because, as Caravaggio would tell you, life without art is torture.




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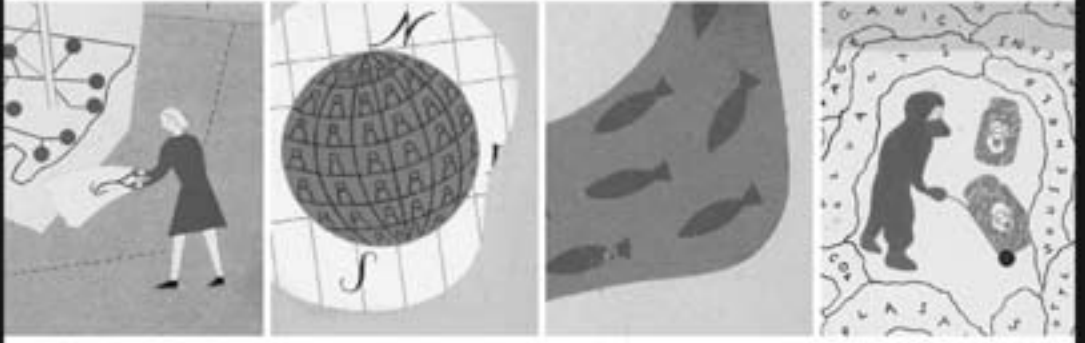
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INFORMATION SESSION AT COLUMBIA

Thursday, September 22, 2011, 6:00–8:00 p.m.

Columbia University Faculty House, Garden Room

RSVP: Sarah Tweedie, [st2745@columbia.edu](mailto:st2745@columbia.edu)

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# COLUMBIANS

## FOOTBALL 2011



Dear Fellow Lions,

I am so excited about the 2011 Columbia Football season!

I want to let you know about some minor changes at home football games this year. Construction is underway on the new *Campbell Sports Center*! This awesome building will revolutionize Columbia Athletics. Because of construction of The Campbell Sports Center, the automobile gate is closed. All fans will enter through the Class of 1905 Gates all season long.

*Even though automobiles will NOT be able to park inside the Baker Athletics Complex at home football games, we are looking forward to an exciting gameday atmosphere. Come tailgate in our Pregame Picnic Area presented by Mel's Burger Bar. The Pregame Picnic Area features communal barbecue grills and picnic tables. Fans are encouraged to bring their own food and non-alcoholic beverages to enjoy. Those of legal age (21 and older) may receive up to four **FREE** beers in the Pregame Picnic Area. **FREE** water and soft drinks are also available. Join me for music, food, and fun!*

- Here is some other great stuff you need to know:
- **FREE** shuttle buses that run between 116th Street and Broadway and the Baker Athletics Complex (all buses will begin leaving campus 90 minutes prior to kickoff, and return to campus at the end of the game)
  - **FREE** beverages in the Pregame Picnic Area starting 90 minutes prior to gametime
  - **FREE** admission to all home games with a valid Columbia or Barnard Student ID

If you don't want to take the free shuttle bus from campus, please be advised that because of scheduled MTA repairs, 1 Train service is suspended through mid-October. On these weekends, you can use the A Train. The 1 Train will run on Homecoming (October 15). For more information, you can visit [gocolumbialions.com](http://gocolumbialions.com).


Our first home game of the season is this Saturday, September 24, at 12:30 PM. I look forward to seeing you there! Oh, did I mention that there will be FREE T-shirts for the first 500 students at the game this Saturday?

Join me for all of our home football games this year!

DAY	DATE	OPPONENT	TIME
Saturday	September 24	Albany	12:30 p.m.
Saturday	October 8	Sacred Heart	12:30 p.m.
Saturday	October 15	Penn (Homecoming)	3:30 p.m.
Saturday	October 29	Yale	Noon
Saturday	November 5	Harvard	12:30 p.m.
Saturday	November 19	Brown	12:30 p.m.

It will be a very exciting year in the Lions Den. I'm counting on you to join me! Wear your Columbia Blue as we ROAR our Lions to victory. I'll see ya there!

Roar, Lion, Roar!

Roar-ee 

P.S. Friend me (Roar-ee Lion) on Facebook!





BC panel and program emphasize ‘new’ theater

BY OLIVIA WONG  
*Spectator Staff Writer*

“From Page to Stage,” a Sept. 21 panel that celebrated the beginning of a new program, “New Plays at Barnard,” was both informative for Columbians who dream of a future in theatre and inspirational for all in attendance.

“New Plays at Barnard” partners Barnard, and its students, with a downtown theater company to produce a new, female-penned play. Students will get to collaborate with professionals from the world of theater, and the play will be performed on campus.

For the first year of the program, Barnard is working with New Georges, a downtown theater company, to put on the play “The Egg-Layers” by Lauren Feldman, who was also a panelist. The panel’s moderator Alice Reagan, a Barnard professor, will direct “The Egg-Layers,” which will be performed in March.

Emily Morse, director of artistic development at New Dramatists, an organization that provides creative and professional support to playwrights, also took part in the panel. Morse had just recently worked with Sylvan Oswald, another panelist, at New Dramatists, where Oswald developed the new play, “Nightlands,” which opens in October. Susan Bernfield, the final panelist, serves as artistic director at New Georges, where “Nightlands,” is being produced.

Reagan, who had encouraged many of her students to attend the event, kicked off the panel by

asking the guests why they thought new plays are so difficult to get produced.

Bernfield, who has produced over 30 plays, said that “a new play that has never been out there is a risk.” From then on, the conversation focused on development and production, or, as Oswald called it, “development hell.”

Morse, who supports playwrights through New Dramatists, pointed out that the pressure for playwrights to produce mainstream work has inspired an “incredible artistic ambition that emerges because it has to.”

The question for many emerging playwrights then becomes, “How can I get my play produced?” The panelists agreed that the lack of producers willing to take the risk on the “impossible play,” as Morse described it, forced many playwrights to self-produce.

Both Feldman and Oswald spoke about the internal struggle of wanting to see their plays realized, which sometimes means conforming, and wanting to write plays as they originally envisioned them. In the end, both writers spoke in favor of artistic freedom. “I cannot get myself to write ... mainstream theater,” Feldman said.

Toward the end of the panel, Oswald encouraged all young playwrights in the audience. “The bottom line is, don’t wait. Don’t wait for someone to produce your play. Don’t wait for someone to choose you,” he said. This sums up the gist of the panel—sometimes you just have to make it happen for yourself.

As her parting words to the audience, Bernfield said, “I just want you guys to enjoy your lives.” It is great advice in theater and life alike.



OFF THE SCRIPT | Panelists discussed the difficulties of playwrighting and of balancing expectations in the theater world in “From Page to Stage,” a talk held on Wednesday, Sept. 21 at Barnard.

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