

PrezBo’s ties to Kaplan questioned by Dems

BY AMANDA EVANS
Spectator Staff Writer

Lee Bollinger may be the president of Columbia, but that’s not the only school he’s affiliated with. Bollinger is also a member of the board of directors at the company which owns the Kaplan post-secondary schools, and some Columbia students are taking issue with his affiliation with these for-profit educational institutions.

The Kaplan Inc. schools have been criticized for using abusive recruiting tactics, not graduating enough students, and leaving its students with massive amounts of debt. The Columbia University Democrats started a petition last week urging Bollinger to use his power on the board of the Washington Post Company to demand changes at Kaplan, or else resign from the board.

“They [Kaplan] spend 20 percent of their budgets on advertising and markets and target people who are vulnerable, who are mentally and physically abused, people recently unemployed, people who just got out of jail, and they incite pain and fear, they tell them if you don’t do this, if you don’t sign up for school and take out these loans, your life will be miserable. They force them into enrolling when they aren’t ready,” said Michael Rady, CC ’13, a lead activist with the CU Dems.

Senator Tom Harkin (D-Iowa) has been conducting an investigation of for-profit colleges, Kaplan included. He recently cited Kaplan training materials telling recruiters to “keep digging” to uncover prospective students’ fears.

The Washington Post Company is best known for its eponymous newspaper, but Kaplan Inc. is its biggest asset. The subsidiary earned over \$250 million in 2009, more than half of the Post Company’s profit that year.

“The vast majority of Kaplan students don’t graduate, one in three can’t repay their loans, and they are unaware that they can get the same degree for a fourth of the cost at a community college, this is the disadvantage of the disadvantaged,” said Sarah Gitlin, CC ’13 and a lead activist for the College Democrats.

A Columbia spokesperson did not respond to requests for comment. Asked about his affiliation with Kaplan at a fireside chat last week, Bollinger said only that there have been controversies surrounding for-profit universities, and that the issue of profit’s role in higher education is one worth discussing.

A spokesperson for the Washington Post Company declined to comment.

“We would rather him stand up to make a change, rather than step down,” Rady said. “[Of] the other two major figures on the board, Melinda Gates, has already stepped down from the board, and Warren Buffett, is in the process of doing so, and so Lee Bollinger is the last major figure on the board to push for change. If it comes down to it that he cannot change the situation than we would support him resigning from his position on the board.”

He added that Bollinger is the only one on the board with a background in education.

The CU Dems’ petition says that “Kaplan exploits the poor, the vulnerable, and the taxpayer to enrich itself.” As of Monday night, the petition had over 580 signers, some of whom are alumni.

“We have been contacted by alumni who have said they were about to give Columbia money, but didn’t after hearing about the affiliation to Kaplan,” Gitlin said.

SEE KAPLAN, page 2



AYELET PEARL FOR SPECTATOR

OPPOSITION | Students opposing ROTC said they worry recent media coverage of a heckling incident has given them a bad rap.

Latino politicians gaining ground in Upper Manhattan

BY JACKIE CARRERO
Spectator Staff Writer

Mirroring changing demographics in Upper Manhattan, Latinos are increasingly becoming leaders and behind-the-scenes players on the political stage.

During the November elections, Adriano Espaillat, who was born in the Dominican Republic and didn’t learn English until he was a pre-teen, was elected to the New York State Senate to represent Manhattan’s Upper West Side. He joined five other Latinos in the 62-member state senate.

Guillermo Linares, who represents Washington Heights, and Robert Rodriguez, who represents East Harlem, were elected to the New York State Assembly in November.

Linares, who was born in the Dominican Republic and represents the 72nd Assembly District, said that 2011 marks a shift in political participation among Latinos.

“I think that this is the first time that we have the number of Latino representatives, specifically Dominicans, in the Assembly and the Senate,” Linares said. According to the Pew Hispanic Center, a record number of Latinos have become eligible voters in recent years. An October report from the Pew Center states that 12 percent of eligible voters in New York are Latino.

Latinos are also taking on leadership positions at the local level. Of the four City Council seats designated for Upper Manhattan, two are occupied by Latinos, including Puerto Rican-born Melissa Mark-Viverito and Dominican-born Ydanis Rodriguez.

Recent census data suggests that the increasing number of Latino politicians is matched by a growing Latino presence in Harlem. According to recent estimates, 47.6 percent of the 654,360 people living in the 15th Congressional District represented by Congressman Charlie Rangel identify as Hispanic.

Harlem resident Veronica Perez said that she recently moved to the area on the recommendation of a friend.

“I moved here because my friend lives here and she likes her neighbors,” Perez said. “I like living in a diverse community. One time I lived in a part of Long Island where there were no Latinos, we didn’t like that very much.”

According to Linares, Latino politicians are the products of increasingly diverse communities. “This diversity is part of what has characterized the northern Manhattan community. Whether they are part of different ethnic communities, they are embracing leadership that happens to be Latino.”

Michael Andujar, another Harlem resident, said he would vote for a candidate who was Latino over a candidate who wasn’t.

“I think that a Latino politician has my interests in mind, more than another politician because we face the same

problems,” Andujar said.

When asked about whether Latino politicians would promote an agenda favorable to the Hispanic community, Linares said he believes politicians should always reflect the views of the people they represent.

“It’s always important to listen to the constituencies you seek to represent. For me I made the rounds and shared with people my experience ... you need to be in line with the concerns that your constituents have in order to address them effectively,” Linares said.

But for some residents, local Latino politicians are not representation enough.

“Even though we have people involved around here, we need a statewide official, like the governor or somebody,” resident Anna Bazignan said. “And more people need to get involved in voting for that to happen.”

Abby Mitchell contributed reporting.

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SGA, EcoReps to partner up for committee

BY SWARA SALIH
Columbia Daily Spectator

A new sustainability committee being spearheaded by Barnard’s Student Government Association seeks to relieve some of the duties of the environmental advocacy group Barnard EcoReps.

“We want to alleviate the responsibilities that EcoReps have right now,” said Rachel Ferrari, BC ’13 and a member of SGA. “They’re overcommitted. They’re peer educators, they organize events, they try to meet with vice president [of administration] Lisa Gamsu, and they’re trying to get us proper recycling bins as well.”

Ferrari and a group of friends began thinking about forming an SGA committee to work alongside the EcoReps last semester when they took a class in waste management with professor Peter Bower.

Helen Kilian, BC ’13 and a member of the EcoReps, noted that the club has always had two competing goals—educating the community about environmental issues and working with the administration to increase sustainability on campus.

“While we certainly consider both of these tasks to be equally important, because we are an organization comprised

Students concerned about portrayal in media

National outlets have picked up story from ROTC town hall

BY SAMMY ROTH
Spectator Senior Staff Writer

The heckling of an injured war veteran at a town hall event last week has drawn national media attention, to the surprise and discomfort of many involved.

The veteran, Anthony Maschek, GS, was arguing for the return to campus of a Reserve Officers’ Training Corps program at the University Senate’s second public forum on the subject.

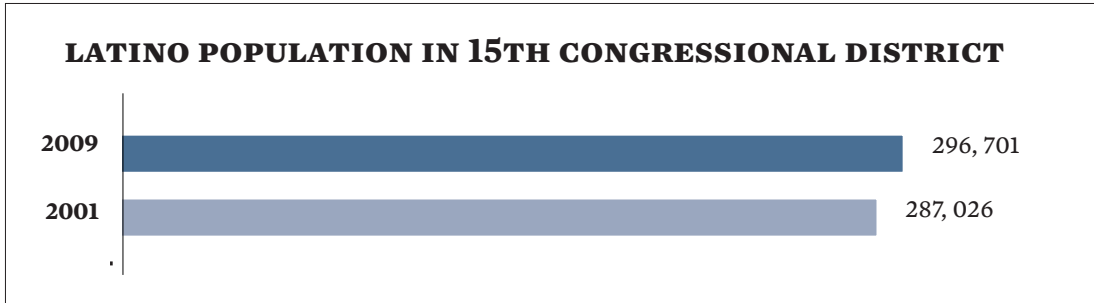
“It doesn’t matter how you feel about war. It doesn’t matter how you feel about fighting. Other parts of the world are plotting to kill you right now when you go to bed,” Maschek said at the town hall Tuesday night. “It’s not a joke ... these people, seriously, are trying to kill you. They hate America, they hate you.”

Some audience members booed. More laughed. A couple of students yelled “racist” as he left the microphone. But many students in attendance said the majority of the room applauded Maschek, who was awarded a Purple Heart for his service in Iraq.

Maschek and others said they are baffled by the framing given the story by media outlets like the New York Post, Fox News, and The Huffington Post and the especially vicious comments that have appeared on those sites.

“Columbia got slammed.

SEE ROTC, page 2



GRAPHIC BY STEPHANIE MANNHEIM



FIRST LAST / POSITION

BUDDIES | Charlie Rangel with his longtime aide, Elbert Garcia, on election night in November.

A&E, PAGE 3

Alums kick up their heels

Spring dance season starts off at venues around the city with ample opportunity to see alumni who dance and choreograph professionally.



OPINION, PAGE 4

Don’t text and socialize

Derek Arthur argues that texting is taking over modern culture.

Doping for an A

Don’t rely on Adderall to score good grades.

SPORTS, PAGE 6

Coach has connection to Michael Phelps

Women’s swimming and diving’s new assistant coach Michael Sabala trained under Bob Bowman, the same coach who coached Michael Phelps to eight gold medals in Beijing.

EVENTS

Etiquette at the table

Join Columbia Culinary Society for a primer on table manners.
East Campus 1604, 9:00 p.m.

WEATHER

Today



35°/18°

Tomorrow



40°/26°

SQUASH

Women have poor showing at Nationals, lose all three

Columbia (12-3) came into the Women's National Team Championships on a wave of momentum—the team had handily won its last three games and, a few days ago, was picked as the most improved team in the nation. Nevertheless, the women's squash team crossed the finish line with a whimper, losing all three of its matches in its bracket pool, the Kurtz Cup (B Division).

Last season, the team experienced its greatest success at the same event, winning the Epps Cup to finish 25th overall. This year, because of the team's rise from the D Division bracket to B Division competition, the competition was much tougher.

The Kurtz Cup tournament, which was in single-elimination bracket format, included rival No. 9 Brown at the top seed and No. 15 George Washington University as the lowest seed. Columbia was seeded at No. 14.

In the first match, Columbia lost 6-3 to No. 11 Williams. In that loss, No. 2 freshman Katie Quan saw her 10-match win streak snapped.

In the second round, the Lions played against No. 10 Middlebury, which was upset in its first round of play. A month ago, Middlebury spoiled Columbia's home debut, defeating the Lions 7-2. This time, although Columbia played better, the team still dropped the match 6-3.

In the last team match of the campaign, Columbia faced off against No. 15 George Washington University, a team that Columbia defeated 6-3 early on in the season. This time, Columbia couldn't secure the win, dropping the match 5-4. Senior co-captain Anne Cheng, playing at No. 6, lost a tight five-set contest, and Katie Quan dropped a close four-set match.

Columbia will next compete in the Individual Championships from Mar. 4-6 at Hanover, N.H.

—Michael Zhong

Bowman's disciple may help bring Ivy title

SWIMMING from back page

standard is really high. I think what people are surprised by when they come to work with us is that our normal standard is really high, what we expect out of our swimmers on a daily basis and how we expect their attitude to be. I think that really broadened his horizons."

Bowman, who meticulously planned and watched each and every one of Michael Phelps' thousands of strokes on the road to eight gold medals, is known across the swimming world as an obsessive planner.

"Bob taught me about planning," said Sabala, "We [the team] are planned out through August 2012 and the Olympic trials. We know what we're doing every week, with the goal to have people competing in London."

One day, when he was in Baltimore, Bowman showed Sabala the video and training logs, which had every lap, set, and stroke that Michael Phelps

swam between Athens and Beijing in training and preparation for his goal. Sabala also became friends with Dawn-Marie Cain, who was Phelps' strength and conditioning coach for 2008-09.

Sabala is motivated to be a coach because of his experiences in dealing with his own coaches.

"I want to be better than all the other coaches I've had," said Sabala, who has been swimming since he was two years old. "I hope to not make the mistakes they've made."

Bowman believes that one of Sabala's strengths that he has brought to Columbia is his ability to work individually with the swimmers.

"I think he's very good at dealing with swimmers on an individual basis," said Bowman. "He really wants to get in and find out what motivates them and then creates a specific training program based on that. He really tailors it to the individual."

Sabala believes that he can continue to learn at Columbia under the tutelage of long-time head coach Diana Caskey.

"I wouldn't have come to Columbia if I didn't think I could continue to grow under Diana, and learn about college swimming and all the intricacies that go along with it," said Sabala. "Bob was the head coach at Michigan for four years. Diana has perspective and experience that compliment Bob's years on the national team coaching staff."

Sabala, a three time Ivy League champion at Harvard has one goal in mind for the women's swimming and diving team at Columbia.

"I wouldn't have come to Columbia if I didn't want to coach here," said Sabala, "and we all want to win a championship."

With Bob Bowman in his corner, Sabala could mark the beginning of his coaching career by helping bring an Ivy title to Morningside Heights.

Students concerned about negative portrayals in media

ROTC from front page

Nobody's happy with it," military veteran Jose Robledo, GS and a University Senator, said.

Robledo said other senators found a news article about the town hall where some commenters threatened to come to Columbia and shoot students over the reported treatment of Maschek. He said that while this seems unlikely to happen, the senators informed Public Safety of the threats.

"In reality, the students who heckled Anthony ... are not representative, not only of the anti-ROTC movement, but of the University," said Robledo, a supporter of ROTC.

Ron Mazor, CC '09, Law '12 and the co-chair of the University Senate's Task Force on Military Engagement, which is sponsoring the town halls, said that the response to Maschek's speech was an "outlier."

"We have a very clear policy on having commenters, speakers and the audience refrain from derogatory language or insulting language," Mazor said.

Paco Martin del Campo, CC '11 and a member of Lucha, a student group which is opposed to ROTC, was at the town hall Tuesday night and said he

understands why some might have yelled or booed.

He said that Maschek's remarks implied that Iraq has attacked the United States, and that Iraqis are thus among the people who want to kill Americans. But since Iraq did not attack the U.S. on September 11 or since then, Martin del Campo said, Maschek's statement seemed to imply that all Muslims want to kill Americans.

"We shouldn't let the unfortunate incident take away from the actual points that were being made," Martin del Campo said.

Maschek said during his remarks that he had been shot nine times in Iraq and spent two years recovering in Walter Reed Army Medical Center.

In a statement that he sent to the media on Monday night, Maschek said he feels no animosity towards Columbia.

"Comments by a small number of individuals at the town hall meeting have not changed my positive experiences at Columbia," Maschek wrote. "Thus far, my fellow students have been very interested in hearing about my past life and military experiences. Columbia has been attempting to get more veterans to share

their experiences here, and the atmosphere here has been supportive despite the actions of a very small minority of the town hall participants."

Robledo added he has met with members of Lucha and other opponents of ROTC, and that they are concerned about the negative image of ROTC opponents created by media reports. Robledo noted that he is worried about military veterans being portrayed as "victims of the big bad Columbia machine."

He added that since the New York Post published its article, "everyone's on the defensive," and that this makes it harder to have a serious debate.

Martin del Campo said that the media reaction has been "designed to make it seem like people who oppose the military are unpatriotic." He added that while he hopes ROTC supporters will "not try to demonize" those opposed to ROTC, that he thinks his side will act a bit differently after all the media attention.

"We're obviously going to be more aware," he said. "And at the next town hall, we won't be disrespecting people."

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SGA, EcoReps to partner on sustainability committee

ECOREPS from front page

the committee will create closer partnership between the two groups—SGA can pass policies that EcoReps will implement.

"It's great for students to have an outlet [in the SICB] to encourage people to be aware of their 'footprint' and to be more proactive," EcoRep Naomi Wasserman said.

Maddie Wolberg, BC '13 and an EcoRep, agreed. "Working with SGA not only helps us to refocus our role on campus and reduce the number of different projects we take on, but also promotes inter-group collaboration on sustainability issues at Barnard, which is always one of our main goals," she wrote in an email.

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ALYSON GOULDEN / STAFF PHOTOGRAPHER

DWYER STRAITS | Senior guard Lauren Dwyer believes lack of confidence is a factor in recent losses.

Disappointing offense compounds losing streak

BY TREVOR COHEN
Spectator Staff Writer

Last week's key word for the women's basketball team remained: offense. Shots refused to fall yet again for the Lions in last weekend's road losses to Dartmouth and Harvard. In three of the four games that comprised Columbia's current losing streak, the Lions held their opponents to under 65 points, the team's approximate average per-game scoring last season. Even in the latest defeat, though—a 77-46 loss at the hands of Harvard—head coach Paul Nixon points to the stagnant offense as the culprit.

"When you're playing basketball, the object of the game is to put the ball in the basket," Nixon said, "and when that's not happening, it takes a really resilient and mentally tough team to keep working with the same effort and intensity level on the defensive end as they do when they're making shots."

Columbia allowed Dartmouth only two more points last Saturday than when it defeated Dartmouth at home three weeks earlier. The difference? Sixteen fewer points on the offensive side, stemming from a 10-point drop in shooting percentage from the field. Columbia also managed fewer steals, gave up more turnovers,

and, maybe most notably, spent less time at the charity stripe—eight fewer attempts resulted in five fewer points from the free-throw line. These stats, perhaps, are indicative of the lack of intensity Nixon noticed after the team's first weekend sweep.

"I don't think we played hard enough offensively," Nixon said about the Penn and Princeton games. "I don't think we cut hard enough, I don't think we set good enough screens, I don't think we did a good job of setting up our screens—just overall, I thought our offensive execution was not nearly as sharp as it had been in our recent home games."

The biggest indicator of success for the Light Blue this year seems to be how well the team shoots from beyond the arc. In wins, an average of 23 points comes via 3-pointers, on 38 percent shooting, while in losses, the average point total from long range falls to 11, with only a 19 percent success rate. Senior forward Lauren Dwyer offered an explanation for these extremes.

"You see someone else hitting shots and you want to get in on the action too, and when someone else on your team starts missing shots, your confidence may start to waver as well," Dwyer said. "It's true that those things snowball in either direction."

"At the same time," she added, "I think we should take responsibility for our own actions and make sure we're all getting in the gym this week."

No matter how long players

spend in the gym practicing their technique, though, few teams are good enough to rely on something as variable as 3-point shooting to propel their offense. For Nixon, the key for his team to get back to its winning ways is through a form of production with more consistency.

"I think the biggest thing we've gotta improve on offensively is really finishing our layups—finishing our sure shots," Nixon said. "When you work really hard defensively to create a break-away layup or you work really hard offensively to execute and to get the ball at point-blank range, and then not make the shot or draw the foul—it can be very deflating."

He added that the team has to "become a little bit tougher mentally and more resilient to where we don't let those kinds of plays deflate us—but the other factor is to not have those plays happen that often."

Columbia will work to master that mentality and consistency, hoping to salvage what is becoming a disappointing Ivy League season for them. The coaching staff may even alter a starting lineup that only recently solidified—taking until the 10th game for all the pieces to finally settle into place. This upcoming home stand, with rematches again Penn and Princeton, will be an opportunity for this young team to show that the hustling, sharp-shooting squad that took the court at the start of Ivy play has yet another resurgence in it. It's come back from greater struggles before.

Harvard in driver's seat for championship

AROUND THE LEAGUE
from back page

of the season, and sophomore guard Christian Webster scored a game-high 20 points against Cornell (7-17, 3-7 Ivy).

PENN 70, BROWN 62

Coming off a devastating four-game losing streak, the Quakers (11-12, 5-4 Ivy) were able to persevere on Friday evening in Providence. Guard Tyler Bernardini's dominant 26-point effort, including six 3-pointers, helped earn him Ivy Co-Player

of the Week honors. Despite another solid effort from freshman guard Sean McGonagill, who once again claimed Ivy Rookie of the Week honors, the Bears were swept by Penn this season.

PENN 60, YALE 58

The Quakers continued their weekend of redemption with a narrow win at Yale on Saturday evening. Yale junior center Greg Mangano's 26-point effort was outshined, when Penn junior guard Zack Rosen gave the Quakers the lead on a jumper over Mangano's outstretched arms with 2.3 seconds

remaining. The Bulldogs had chances to take the lead on the prior possession but were not able to convert then or on their final desperation shot.

CORNELL 96, DARTMOUTH 76

The first time these two teams met up, Dartmouth (5-19, 1-9 Ivy) was able to squeak out its first Ivy win of the season. Flash forward to after its loss in Ithaca on Saturday night, and the Big Green still only have that one league win this season. The Big Red offense exploded, knocking down 16 of 29 3-pointers and having six scorers in double-figures.

College Dems say PrezBo should oppose Kaplan's practices

KAPLAN from front page

Stephen Snowden, GS '13 and an army veteran who signed the petition, said the issue was important to him because for-profit schools target vulnerable students like himself.

"They tell people like me, just getting out of the army, we will get you a degree, but people aren't getting jobs because people don't take these educations seriously," Snowden said. "They are just trying to get as much money from you as possible. Something about this is very worrisome."

Melissa Itzkowitz, BC '13, said she was troubled by Bollinger's ties to the organizations.

"I think its ridiculous that someone who has so much power at Columbia, as Lee Bollinger does, would be affiliated with something that supports such an institution—where only one out of eight students graduate but a ton can't pay back their loans," she said. "If he has the power to make

a change or make a difference why wouldn't he want to do so?"

The College Democrats are reaching out to other organizations on campus, including the Columbia University Republicans and Teachers College.

"This is an injustice that goes across party lines, we would be enthusiastic to get involved with the Columbia Republicans. Same goes to other groups," said Jake Goldwasser, CC '14, a lead activist for the Dems.

Marybeth Sietz-Brown, CC '14, a lead activist for the CU Dems, said the group has been trying to arrange a meeting with Bollinger but has yet to succeed.

"We are really passionate about education, so it was crazy that there was one person tied to two universities who are so different," Sietz-Brown said. "We would like him to help protect those students the way we know he would protect us."

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PHOEBE BROSANAN / STAFF PHOTOGRAPHER

FANCY FROMAGE | French eatery Le Monde features a Stinky Cheese menu until Feb. 26 as part of a city-wide cheese festival.

‘Stinky Cheese’ isn’t the only thing that stinks at Le Monde

BY ELIZABETH RAISS
Columbia Daily Spectator

There is something vaguely charming about Le Monde’s overwrought, faux-bistro interior and heavy, heavily portioned food, but many students object to its inconsistent service and high prices.

Now through Feb. 26, Le Monde is featuring an intriguing cheese menu at still less-than-thrilling prices. There is a \$31 prix fixe option, and the Stinky Cheese à la carte menu hits a low of \$10.70 (excluding one \$7 dessert) and a high of \$19—definitely a stretch for a student budget.

The prix fixe includes a choice of an appetizer, entrée, and dessert, though the poached pear dish is the only dessert that appears on the regular Stinky Cheese menu.

The Époisse tart appetizer (\$10.50) is well-balanced in terms of both flavor and texture: flaky and buttery and not too dense. Époisse, normally a pungent and overwhelming (but delicious) cheese, is nicely tempered by the pastry but still retains some bite—overall a delicious dish. But really, how can hugely expensive cheese tucked into a decadent and flaky pastry go wrong?

Since the portions are fairly small, some diners might want to order an additional dish to the prix fixe. One option is the Tartine de Fromage (\$11), an appetizer portion of sourdough bread topped with four different types of cheese: Époisse, Raclette, Muenster, and Stilton. The bread is too insubstantial and flimsy to support the layers of potato and

cheese piled on top of it, and the dish is so dense that it is entirely cold in the middle. But the flavor of the tartine is good—sweet and savory and reminiscent of French onion soup.

For a main course, the Mille Feuille De Cabillaud Au Fromage is a special cod entrée that is less impressive than the appetizers, though much cheesier, topped with melted Muenster, Cheddar, and crisped Parmesan. Unfortunately, cod is not a fish that stands up well to such an aggressive amount of cheese. As a result, the dish smells pungent but tastes bland—not a toothsome combination. In addition, the Muenster came congealed and the cod overcooked and rubbery, making the dish unappealing in both texture and appearance.

The Stinky Cheese menu’s poached pear dessert is served in a sickly, cherry-red syrup and accompanied by Gorgonzola-flavored ice cream. The Gorgonzola ice cream is sweet and has a uniquely smoky flavor. The pear is warm on the outside but tough, firm, and cold on the inside, more warmed-over than poached.

Since Le Monde’s Stinky Cheese menu is part of a larger, city-wide event—Nice Matine, French Roast, Café D’Alsace, Marseille, and L’express are all participating—students might be better off making the trek to one of the other restaurants. Or better yet, visit an authentically French restaurant with a real cheese menu, since Le Monde’s overall food quality and spotty execution make it clear it really just doesn’t care.

Navigating the maze of food trucks around campus

In New York, fast food restaurants with drive-up windows are eclipsed by fast food trucks with walk-up windows. Lately, this business has taken up that of pigeons in flocking to campus—to an overwhelming result. This is no longer a simple matter of Halal versus roasted nuts. Deciding when to eat at which truck takes very careful strategizing.

—Allison Malecha

Breakfast

Students no longer hop on the big yellow bus to school like in days of yore, but they can stop by Wafels & Dinges’ big yellow truck on the way to class for a tasty breakfast. Parked on Broadway between 113th and 114th streets, Wafels & Dinges serves up two styles of Belgian waffle: the denser, oblong Liège and the more delicate, rectangular Brussels. For a perfect balance of crunchy, chewy, and gooey, go for a speculoos-topped Liège waffle (\$5). Dubbed by one customer as “crack butter,” speculoos is thicker than syrup but just as sweet and infused with nutty creaminess. To balance out the dish’s gumminess—it fills the mouth a bit like peanut butter toast—add a cup of brew for \$1.50. Downsides? The truck is only here on Mondays.

Lunch

Frites ‘n’ Meats, one of the newest novelties to appear around campus, offers up a killer grass-fed Angus burger. And at \$5.50, the price easily beats out Community Food & Juice, Deluxe, or Mel’s. Toppings like fancy gruyère cheese (\$0.75) and garlicky guacamole (\$0.75) are worth the small, extra splurge. Since this truck is only by campus on Thursdays, hungry students on-the-go can happily get their fill at Vegenation, at Broadway and 116th Street, any other day. In place of the usual dosa, try a masala potato uttapam (\$5). Cheese, onion, and spices are cooked into the flatbread-like base, and the whole thing is cut like a pizza. Wash it down with a basil or tamarind soda.

Alums dance into professional spring season

BY GARNET HENDERSON
Spectator Staff Writer

For some Columbia students, internships and interviews didn’t determine careers. Instead, their futures were dependent on auditions.

Many dance majors or members of student-run dance organizations who leap across campus stages transform this passion into careers as professional dancers or choreographers. As the dance world rolls into its spring performance season, there is ample opportunity to see Columbia and Barnard dance alumni soar into the spotlight on New York City stages.

Jamie Scott, BC ’05, and Emma Desjardins, BC ’03, are both members of the iconic Merce Cunningham Dance Company. The company is on its final tour following the 2009 death of its founder Merce Cunningham, a prominent figure in modern dance. Desjardins said that the positive reception of the Legacy Tour, which began in early February 2010 and will end on Dec. 31, 2011, has been inspiring for the dancers.

“When we get a really enthusiastic audience, it’s sort of touching,” she said. “We’re all very committed to Merce’s work.”

As for the company’s imminent end, Desjardins said, “As the year progresses, we’ll all start to really think about what comes next. I feel like I really want to be in the moment right now with what we’re doing because it’s so important.”

The Merce Cunningham Dance Company performs at the Joyce Theater (175 Eighth Ave., at 19th Street) from March 22 to 27. Student discount tickets start at \$10.

While Scott and Desjardins

have become members of an acclaimed dance company, other Columbia alumni have chosen to strike out on their own. Choreographer Tze Chun, CC ’02, now heads her own dance company, which has performed across the United States and Asia.

Chun said that as a working choreographer, she appreciates the “well-rounded liberal arts education” that she received at Columbia. This is in comparison to a conservatory-style arts program, where, as Chun said, “If you had a bad art day, you had a bad day.” In her opinion, the ability to explore other disciplines allows for more artistic freedom.

The Tze Chun Dance Company will perform March 4 at the Flea Theater (41 White St., between Broadway and Church streets), along with four other companies in a free, festival-style show. Chun frequently works with other Barnard and Columbia alumni, and her company’s upcoming performance will include Alicia Davis, BC ’07.

Meanwhile, recent graduate Judy Estey, BC ’10, is re-viving her senior thesis piece. Originally presented on campus last year, Estey’s piece takes a comedic look at famous spurned wives throughout history.

“I wanted a chance to revise this work,” Estey said. This time around, she explained, she will “rework the choreography to make it much more interesting and reflective of who I am as a choreographer.” Estey’s revamped thesis will be performed in conjunction with Paula Hunter Performances from Feb. 24 to 27 at Performance Space 122 (150 First Ave., at 9th Street). Student tickets are available for \$5.

Columbia’s School of General Studies has also made waves in the dance world in recent years



COURTESY OF TZE CHUN

SERIOUS MOVES | The Tze Chun Dance Company, started by choreographer Tze Chun, CC ’02, performs “Parlour Games.”

because it provides a unique opportunity for professional dancers to pursue their academic goals. One dancer who has taken advantage of this program is Michael Novak, GS ’09. Novak is now a member of the Paul Taylor Dance Company and can be seen at City Center (130 W. 56th St., between Sixth and Seventh avenues) from Feb. 22 to March 6. Student tickets start at \$10.

This spring, students can show some Columbia pride at

these diverse off-campus dance venues. From performing with established companies to adding new choreographic voices to the city’s dance community, these alums are making names for themselves.

Their accomplishments are a reminder that the Columbia community produces an array of talented individuals, not just in the financial, political, and medical spheres—but also in the artistic one.

Aloft Harlem hotel opens doors for students’ families

BY KAVITHA SURANA
Spectator Staff Writer

Harlem was long overdue for a new hotel—there had not been a major hotel opening in the area since Hotel Theresa closed its doors in 1967. Aloft Hotel (2296 Frederick Douglas Blvd., between 123rd and 124th streets), which opened early this February, is poised to fill this void with style.

From the moment guests enter and approach the circular check-in desk, it is clear that Aloft is not an average hotel. “We have a completely different lingo at Aloft,” Director of Sales and Marketing Aleksandra Truglio said.

The lobby is known as the “re:mix,” housekeeping is called “re:fresh,” and the 24-hour fitness center is titled “re:charge.” The lobby opens up into the wxyz lounge, a funky neon bar where guests can “re:fuel” on cocktails and snacks.

The hotel opening is an indicator of Harlem’s evolution into a cultural destination and suggests a reinvigorated sense of community. “You have a new wave of people coming in, a younger crowd looking to do something far greater in Harlem,” Truglio said. “It’s putting Harlem on the map.”

Undoubtedly the new kid on the block, Aloft makes an effort to integrate into the community by working with pre-existing local businesses. Aloft sources its flower arrangements from nearby boutique Harlem Flo and its “Grab & Go” section food from Best Yet Market down the street.

The staff consists of young locals, and the hotel offers numerous cultural programs also available to residents. “Live in the Vineyard,” a musical competition in which the winner receives the opportunity to tour Aloft locations worldwide, supports local musicians, and the hotel’s art wall showcases the talent of amateur local artists.

Truglio is adamant that Harlem can be just as interesting, if not more so, than other popular Manhattan destinations. “There is so much more variety here than Midtown,” Truglio said, citing nearby cultural landmarks like the Apollo Theater, the Studio Museum, and the Schomburg Center for Research in Black Culture. “More importantly,” Truglio said, “the sense of hospitality is greater here than in Midtown.”

The hotel’s 124 standard rooms are also more reasonably



COURTESY OF ALOFT HARLEM

A LOFTY HOTEL | The reception desk in the “re:mix” lobby at the newly opened Aloft Harlem hotel is sleek and modern.

priced than most Midtown hotels’. Rates for this quarter run from \$159 to \$179 a night (though they are subject to change). Conveniently located a block from the ABCD subway lines and a short walk

from Columbia’s campus, the hotel could be a welcome addition for visiting student families. Asserting a feisty motto like “be sassy, be happy, stay whole!” Aloft might just be a hit for Harlem and Columbia alike.

Dinner

The authenticity of city Mexican food is always contentious, so forgo it altogether and have Mexican the Korean way at Korilla BBQ. Though Tenka gave the truck its big campus break, it is easily forgettable with its location underneath the 117th Street and Amsterdam bridge. There Monday through Thursday for dinner, Korilla BBQ is the perfect pit stop for those with an evening class in the International Affairs Building. As much as Columbians adore Taqueria, its dried-out carne asada can’t hold up against Korilla’s succulent barbecued beef. Red and cucumber kimchi replace beans in a burrito (\$7), lightening up the dish with an intriguing, tangy crunch. Topped off with a slightly puzzling entire leaf of lettuce and kBBQ (or Korean hot) sauce, the result is a burrito of Chipotle girth for exactly \$1 less.

Dessert

Those who like to start their weeks on a heart-stopping high can end Mondays at Wafels & Dinges, too, with a De Verdekke (\$5), the Belgian take on an ice cream sandwich. On Tuesdays, students can sidle up to the Sweetery (Street Sweets’ revamped title) on 115th and Broadway for flourless chocolate walnut cookies that are dense like cake but retain that cookie crunch. Savvy eaters might buy a 10-cookie bag of lighter, candied ginger shortbread to get through the week—or afternoon.



MARIA CASTEX / STAFF PHOTOGRAPHER

WAFFLE TIME | Parked on Broadway between 113th and 114th streets, Wafels & Dinges serves up tasty Belgian waffle treats.



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Aching for an A

TREY TOY

Well, Columbians, that familiar time is upon us. Bookended by the excitement of Superbowl Sunday and the welcoming embrace of Spring Break are these fateful weeks during which our professors seek to test our comprehension and retention of the past weeks' material. It is in these weeks that many of us go berserk, pull all-nighters, and assuage our mental woes with the comfort of ice cream and fried chicken. I would implore you, however, to resist the urge to use drugs as a means of amplifying your focus as the stress of midterm season increases.

Midterms are here, Columbia, but don't worry—you're not alone.

Aside from the schools that are reeling from the shock wave of academic despondency, there are many other illustrious Americans who have had difficulty adjusting to the pressure and responsibility of a new semester amidst the bitter cold of winter. We needn't search far, for we can turn to our ever-trusted source—YouTube—as a means of allaying our own emotional pangs. Because let's be honest, the only thing that can clear a cluttered mind is the comforting realization that someone much more important than you just screwed up on national television.

Let's talk for a second about Christina Aguilera.

We all saw it—and if you haven't, you really should. We all watched on Super Bowl Sunday as Christina Aguilera fumbled her way through the "Star Spangled Banner,"



DEREK ARTHUR

Shining Bright Blue

I have owned a LG Glance for almost two years now. In that time, it's no surprise that I have never seen anyone else with the same model. By today's standards, the Glance just qualifies as an entry-level phone: Old school number pad, 1.3 megapixel camera, and text. Nothing fancy. Sometimes, I question my decision not to move up to at least a QWERTY keyboard, but after almost two years of watching the cell junkies at Columbia, I feel justified by my moral high ground. You see, not just at Columbia but all across the nation, I believe cell phones may be corrupting our culture.

In the last decade, cell phones have evolved from merely a convenience to a social mandate. Like not having Facebook, being text incapable (or, even more incredulously, not owning a cell) can make the fast-paced rhythm of college life a challenge. Enter the smart phone, the Swiss Army knife of communication technology. Today, you can barely call a phone a phone if it isn't equipped with Wi-Fi, apps, a camera, GPS, and a defibrillator to boot. From checking the news to Facebook, the world is quite literally at our fingertips and in our pockets. It seems like a win for everyone.

But the ability to be so connected has come at a price, which is a decline in social etiquette. More than just being annoying, I often find cell phone use disrespectful and even dangerous. I can't count the number of times I've had to move aside on College Walk to literally avoid being trampled by an oblivious texter. It makes me glad we're a pedestrian campus. In lecture halls, few students bother to even try being subtle about their handhelds, tapping away in full view of professors. In seminars like Lit Hum or CC, students spend entire class periods with their eyes down, getting their CrackBerry fixes under the table, high school-style. I'm sure Dante has a special circle for that. People will do whatever makes them happy, especially if they don't get caught. But what concerns me is either how oblivious professors are or how little they must care about the touchscreen thumb punching going on all around them. Have they even consented to live "in text messaging and in poor signal, till low battery do us part?"

Cell phones may be corrupting our culture.

Cell phones have normalized a host of other social faux pas, too. Sure, it's nice to always be connected to the world, but our communication with the outside world seems to always take priority over the here and now. Just like it's usually not polite to interrupt one conversation for another, a text message conversation or wall update shouldn't take priority over a face-to-face interaction. "Keep talking, I'm still listening" doesn't make it better. Texting may be quick and convenient, but these messages also allow for the same shallow idea of connection offered by social media—in a portable format. They are a great way to stay in touch but are no substitute for real conversation. It seems obvious enough, but I'm surprised how many times I've heard of people "text fighting," or breaking up via text, instead of talking. People take advantage of the artificiality and distance of the medium to avoid dealing with awkward situations, putting off both responsibility and maturity.

Another great sin of the cell culture is that it has made public self-isolation so much easier. From 15-second elevator rides to new classes, people—myself included—have fallen into the terrible habit of resorting to the phone. Even if there is nothing to do, the tiny screen presents an escape from the awkwardness of unfamiliarity. I'm not saying we need to talk with every stranger we encounter or that phones can't be entertaining ways to pass the time, but it is human nature to gravitate toward what we know. If that includes no one in the room, there is no more incentive to try when we can be connected elsewhere.

Don't get me wrong—cell phone technology has revolutionized life in incredible ways. You may have heard of Sultan Al Qassemi, the businessman who used Twitter to translate breaking news on the Egyptian protests from Arabic to English in real time. Or "Square," a plug-in credit card reader that takes "everywhere you want to be" to a literal level. Whether the pros outweigh the cons is debatable, there is no option to back step across the critical threshold. Society functions in a new "iCulture," totally dependent on our phones. I wouldn't go as far as to say that if they were taken away, we would have a dysfunctional society, but the problems they've caused would become painfully obvious. For better or worse, our pocket pals aren't going anywhere.

Derek Arthur is a Columbia College sophomore. Shining Bright Blue runs alternate Tuesdays.

obviously forgetting the lyrics and obtrusively attempting to cover her mistakes with vocal runs and unintelligible squawks. We're not alone—even Christina, an international pop sensation, self-declared "risk-taker," and creator of such monumental works as "Dirrrty" and "Candyman," buckled beneath the pressure of expectations.

Fundamentally, what Christina had to deal with, and what we too are dealing with, is the problem of focus. Any exam season, be it midterm or final, requires a certain adeptness that allows us to seamlessly make our way through the process of studying, reading, writing, calculating, etc., that can often feel so overwhelming or, even worse, insurmountable.

Don't let your academic success ride on a single, indeterminate factor.

So, given the immense pressure of our own personal expectations, there may be many of us who turn to that seemingly reliable little pill for the focus we need to alleviate the stress of an exam season in the bitter cold of winter—Adderall.

But before we deal with Adderall, let's talk about Green Bay wide receiver Greg Jennings.

For those of you who have not had the pleasure of

watching the YouTube video, "Greg Jennings (Broken Leg) scores on the saints," first of all, watch it—seriously. Second of all, try to use it as a lens for comprehending the nature of performance-enhancing drug use in a competitive university culture.

As the video's humble narrator—demetryjames86—would have us understand, Greg Jennings clearly gave him "the one of the most best offense in Madden history," as he was able to single-handedly defeat the Saints with a 99-yard touchdown run to end the game, despite the fact that earlier he "broke his fuckin' leg." In this same vein, we might feel as if Adderall gives us one of the best chances at succeeding on our midterms.

A closer look, however, paints a different picture entirely.

Greg Jennings is not always going to be able to score on a broken leg, and someday, the injury might be worse. In the real world of NFL football, outside of Madden's virtual sphere, the Green Bay Packers had a team that formed a cohesive unit, and they won the Super Bowl. So Columbia, I beseech you, don't make Adderall your Greg Jennings. Don't let your academic success ride on a single, indeterminate factor. Because one day, just like the Packers, you may find yourself without your Greg Jennings. You may buckle under the pressure of adapting to such a monumental loss, and you may ultimately find yourself teetering on the brink of failure.

The author is a Columbia College first-year.

Facebook faux pas

I turned 21 last week. It was a long time coming, more than halfway through my senior year of college. It's a rite of passage in the lives of college students, to be sure, celebrated in an infinite number of ways. Sometimes, though, it's a rite of passage accompanied by pictures most would never want future employers or school admission officers to see.

We went through the process as high school seniors and will probably go through it again as applicants to an internship, graduate school, or full-time job. We'll write essays and cover letters, edit résumés, network, and practice interview answers in the mirror, knowing we only have a few documents and interactions to present our best selves to hiring managers and admissions officers.

In some ways, generations past have had an easier time of presenting their best selves to these Powers That Be. After all, in the days before the Internet, the chances of evidence from last night's party making its way into the hands of employers or admissions officers were small. No Google, no Facebook, no Twitter—just your résumé or personal statement. It was a tradition of separate spheres, not privacy settings. You could be a job candidate or college applicant, spending your weekends reading Goethe or drinking yourself into oblivion in bars—either way, your personal life was probably going to stay personal, while your office or classroom life stayed public.

Now, however, the lines between one's private life and one's public life are being blurred like never before. Anything private can so easily become public with a snap from a digital camera and the click of a mouse.

Growing up with AIM chat rooms, text messages, Myspaces, and Facebooks, we've been told again and again the importance of differentiating between information we want to keep private and information we want to make public. When we were kids, it was about safety—addresses, phone numbers—but as young adults, it's about image—blog posts, photographs, statuses, and comments. Anyone could be looking or reading, so we must project a persona that's likable and appropriate—even if that persona isn't necessarily ourselves.

The Internet has made us schizophrenic as we post on walls like we're having a real one-on-one conversation with friends and tag photos like we're reminiscing over scrapbooks. All the while, we are still holding back thoughts, opinions, and moments that aren't fit for an audience. We can't seem to answer the question: Is one's online life fundamentally public or private?

Contemporary Civilization favorite Immanuel Kant wrote of the distinction between one's public life and one's private life in his essay "What is Enlightenment?" To Kant, a soldier must be free to publicly denounce the war he is privately assigned to fight, just as a pastor must be free to publicly publish opinions that run counter to the church-sanctioned sermons he delivers to his congregation as a private individual.



AARTI IYER

Culture Culture

We may not all have access to newspapers or academic journals for our public opinions, as Kant suggested, but we have blogs, Twitter and Facebook accounts, camcorders and YouTube. This should empower, inspire, and encourage us to express ourselves—our real selves.

But if that's the definition of Enlightenment, what time period are we in now? In December 2009, a teacher at a Catholic school in Fort Dodge, Iowa, was fired for her involvement in the social networking site Atheist Nexus. In May 2010, a waitress in Charlotte, North Carolina, was fired for a status update complaining about an inadequate tip left by diners who caused her to stay at work an hour late. The former didn't post articles critical of religion to a school bulletin board but an online one in her spare time. The latter didn't shout her grievances in uniform on the clock but expressed them on Facebook.

If our online lives aren't protected like free speech nor respected like our personal domains, then what kind of lives are they at all? For fear of job rejection and school denial, we dutifully untag compromising pictures, hit "send" buttons prudently, and refrain from certain online comments and affiliations. We therefore construct this alternate identity pieced together from the things we want others to see, minus the backspaces and deleted photos.

The lines between one's private and one's public lives are being blurred like never before.

This alternate identity is a shame because the Internet can be a powerful tool for self-expression, connection, and activism. And if we allow the restrictions on our online lives to dictate the way we lead our personal lives, it can be damaging, too.

We therefore need a 21st-century definition for the terms "private" and "public" that Kant grappled with 200 years ago. They're definitions that will be codified by law, but that will start with us. To tag or untag? To post or leave unsaid? How true to ourselves are we willing to be online and how much discretion and censorship will we tolerate? Until hiring policies and admissions criteria catch up to technology, practicality will probably force us to tolerate a lot, but perhaps it's more important to figure out what kind of policies and criteria we want to impose on ourselves. What are the opinions and decisions we refuse to renounce? At what point does leading an acceptable online life trump our need to be true to ourselves? Our online lives, like our real ones, are full of choices, and it's time we honestly consider them.

Aarti Iyer is a Columbia College senior majoring in creative writing. She is the former editor-in-chief of The Fed. Culture Vulture runs alternate Tuesdays.

EGRETS, I'VE HAD A FEW



NATALIE ROBEHMED

Why is college baseball left behind?

How great was the weather this past Friday? The awesome blue skies and blazing mid-60s temperature reminded me that the arrival of spring means the return of baseball.



MYLES SIMMONS
A Second Opinion

At least when it comes to my friends, the sport can be a pretty polarizing topic, since most of them are not too fond of baseball. I used to think this might have to do with geography. Coming from Cleveland, my friends back home have a good excuse, but surely people who have the Yankees or Red Sox to root for are going to be bigger baseball fans, right? Maybe my friends are just an anomaly, but a good number of the New Yorkers and Bostonians I hang around don't even care about baseball either.

I'm not trying to make some kind of argument against baseball—I like it, I really do. It's the sport I grew up with and peaked in way too soon. That's why I think baseball should be appreciated more on all levels as America's pastime, especially when we have such a successful baseball team here in Morningside Heights.

Obviously the professional level is going to carry a lot of weight, but when you talk about college, it's a completely different game when it comes to popularity—and I don't mean in a good way. Think about it—you see college football and college basketball on network television every weekend. I watch the NCAA basketball tournament every March, filling out countless brackets for teams I have no connection to or know little to nothing about. I watch countless bowl games in late December and early January for football teams I didn't even know were good enough to appear on ESPN.

NCAA baseball just isn't advertised the same way.

Would I do that for college baseball? Maybe. But I would really have to make a concerted effort, as NCAA baseball just isn't advertised the same way as its two major counterparts. At least in my experience, this continues on down to the high school level. Football and basketball games were always popular events if for no other reason than social purposes, but the baseball team always had to get up during assembly and beg for people to go to their playoff games.

But why doesn't baseball share the popularity of basketball and football? Well, I think a big reason is that, in baseball, we don't immediately see the college athletes go to the pros. That's somewhat true in the NBA as well, as many players are first shipped off to the D-league, but in the NFL a freshly drafted rookie can have an immediate and significant impact on a team. In baseball, the wait time is usually at least three or four years for a draft pick to emerge at the big league level. Add that to the fact that many Major League Baseball players are drafted straight out of high school or signed out of Latin America at the age of 16, and it makes a little more sense why the college game is less attractive.

The national media doesn't help much either. When you go to ESPN or Sports Illustrated online, there are clear, easy little tabs for people to click on for both NCAA basketball and football, but baseball gets absolutely no love. Honestly, it's a good thing we cover the sport here at the Spectator, otherwise a fan would be challenged to find any information on CU baseball—let alone scores and schedules.

Still, when it comes down to it, people just have to be interested. When I hear people don't like baseball, their biggest complaint is always that the game is just boring. They say it's too slow or it's not physical enough. See, I think that in this 24-hour news cycle world that we all live in, it has become so important for people to be entertained every second of the day.

Sabala brings wealth of wisdom to CU swimming

BY KUNAL GUPTA
Spectator Senior Staff Writer

If Michael Phelps is the most well-known name in swimming, then the name of his head coach of 14 years, Bob Bowman, is probably a close second. Bowman, who is now the CEO of the North Baltimore Aquatic Club, coached Phelps to a record eight gold medals in the 2008 Beijing Olympics, and like every other head coach, has started a "coaching tree," which has spread all across the nation. One of Bowman's disciples, Michael Sabala, has taken root right here in Morningside Heights as an assistant coach on the women's swimming and diving team.

Sabala, a native of Long Island, was a four-year letter winner at Harvard on a squad that lost only one dual meet in that time, and missed qualifying for the 2000 Olympic trials by just three-tenths of a second. Sabala's love of swimming took him around the world, including stops in Belgium and Kenya. Sabala, "failing miserably" at his first coaching job, started working at university summer swimming camps, starting at Stanford and Auburn.

"You get to work with the staff and coaches from that university," said Sabala. "You go and work for the camps at the best programs. It's competitive to get in and it's fun but it's hard work."

Both Stanford and Auburn are ranked in the top five nationally for men and women, so Sabala got a chance to work with the nation's best coaches.

The Olympic training camp for the Beijing Olympics took place at Stanford over the summer of 2008. While working at the camp, Sabala would meet the man who gave him valuable insight into the world of coaching the nation's best swimmers.

"Michael was coaching the Stanford swimming camp in 2008, when we were having Olympic training camp," said Bowman, who was named the USA Swimming's Coach of the Year in 2001 and 2003, "and we stayed in touch and in the fall, started emailing, and he would always ask me questions."

"I met Bob and stayed on him," said Sabala. "I wanted to learn from him and establish myself as a coach. We met up and we went out for a beer, and he knew everything about me."

Sabala worked the 2008-09 season as a volunteer assistant for the Columbia women's swimming and diving team. During Ivy season in March, Sabala got a call from Bowman inviting him to spend the summer at NBAC, where Bowman was based.

Sabala spent the summer in Baltimore working with the teenagers and the "tomatoes" group at the nation's most prestigious swimming club.

"Bob wanted to see how I fit in at North Baltimore," said Sabala. "They are big into culture. The U.S. is the most successful nation in swimming and NBAC is the most successful club."

Sabala got the invitation from Bowman to stay on full time, and Sabala spent one year at the club before he decided that New York was the place for him to be.

"It was an amazing opportunity to be on the deck with Bob, and to bounce questions off him," Sabala said.

"I learned what I needed out of coaching, and I'm thankful to Bob that he gave me the opportunity," he

Unfortunately, that is where baseball really loses its appeal. In order to watch it, you have to be patient enough to wait for the one pitch that can change the entire ballgame, and if you blink you might miss it.

Yet, I think that's the beauty of it all. I love that every pitch can change the game. I love watching a great pitchers' duel where it's a shut-out into the ninth inning, and I love a good old-fashioned 13-12 slugfest just as much.

We're fortunate enough to go to a university with a baseball team that has a great chance to compete for the Ivy League title in their upcoming season. Last year, the Light Blue won the Lou Gehrig Division, and took the eventual Ancient Eight champion—Dartmouth—to three games in the Ivy League Championship. I know it's still baseball, but that right there is something to really get excited about. Nothing fuels a desire for a championship more than the feeling of having missed out by small margins when the team was on the cusp of winning one.

So on a Friday afternoon full of sunshine, I can't help but get excited about the prospects of spring. We may very well be claiming baseball's Ivy League crown once May rolls around.

Myles Simmons is a Columbia College freshman.
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ALYSON GOULDEN / STAFF PHOTOGRAPHER

WINNING WAYS | Michael Sabala apprenticed under the same coach who coached Michael Phelps during the Olympics.

continued. "North Baltimore is all about excellence and tradition. They think highly of themselves because

"Bob gave me a metaphor we used this semester, 'you need to grow your potatoes.' You plant them, nourish them, and grow them so at the end of the season, you can pick it and know that it will be good. Bob gave me the confidence to grow potatoes."

-Michael Sabala,
assistant coach

they've accomplished so much. Bob made it arguably as good as anyone ever has."

Princeton loses first game to Brown

BY RYAN YOUNG
Spectator Staff Writer

Saturday night brought the biggest upset thus far in the Ivy season, as Princeton dropped its first league game of the season in Providence. And as the race for first tightens up between the Tigers and the Crimson, which took care of business this weekend, the middle of the pack becomes even closer as well. With the Quakers rebounding from a devastating losing streak to sweep their weekend slate, and Yale losing both of its contests, Penn, Yale, and Columbia are all hovering at or around the .500 mark.



BROWN 75, PRINCETON 65
Saturday night's game in Providence may prove to be one of the most influential results of the season. Princeton (20-5, 8-1 Ivy), which was undefeated in the league heading into the game, had problems shooting all throughout the night, including a dismal first half in which it missed all 10 of its shots from beyond the arc. The Bears (10-14, 3-7 Ivy) were led by senior forward Peter Sullivan, who scored 26 points, collected eight rebounds, and went 16 for 16 from the free-throw line. With his great effort, Sullivan was named the Ivy League

Sabala came back to New York and was selected from a large applicant pool to be the assistant coach on the women's team at Columbia under Diana Caskey, who has been the head coach for 19 years.

"Michael has been a great addition to the coaching staff," Caskey said. "He's got a strong command of the sport's science and principles of creating effective training in and around the water."

According to senior co-captain Mariele Dunn, Sabala has been an extremely positive influence on the team. "His unwavering enthusiasm and constant encouragement is contagious and has truly revolutionized the entire attitude and approach of the swim team," she said. "Now we swim with a different purpose, a different attitude, and a different approach, all of which enables us to accomplish things we never thought possible."

Bowman believes that it won't take long for Sabala's impact to be felt on the pool deck at Columbia.

"I think he can have a huge impact, I think he brings a different perspective, and I think he will challenge them more physically; I think he already has," Bowman said. "And then finally, I think he can raise the bar to competing in the NCAA instead of just conference meets and dual meets."

Sabala's experience under one of

Co-Player of the Week. The Tigers took a brief lead with 12:28 remaining in the game, but after senior guard Garrett Leffelman's 3-pointer gave Brown the lead right back, the Bears never relinquished control.

Princeton's loss drops them into second place in the standings, half a game behind Harvard. The loss also ended a brief period in which the Tigers were the only Division I team without a conference loss and in which their 10-game winning streak was the second-longest active streak in the nation.

PRINCETON 58, YALE 51

The previous night was business as usual for the Tigers in New Haven. Princeton never trailed, as they raised their Ivy record to 8-0. Senior forward Kareem Maddox had a game-high 16 points and senior guard Dan Mavraides scored 15 points in his double-double. Princeton scored 16 points off of 15 Yale (12-12, 5-5 Ivy) turnovers.

HARVARD 73, CORNELL 60

With the win in Ithaca on Friday night, the Crimson (20-4, 9-1 Ivy) got off to their best start in Ivy play in program history. Junior forward Keith Wright earned his tenth double-double

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the most renowned coaches in the world in any sport has taught him a lot, which he has brought to the Lions.

"Bob gave me a metaphor we used this semester," said Sabala, "You need to grow your potatoes. You plant them, nourish them, and grow them so at the end of the season, you can pick it and know that it will be good. Bob gave me the confidence to grow potatoes."

Bowman also taught Sabala about "a commitment to hard work, consistency in teaching excellence and professionalism, and working one step beyond everyone else."

"Bob has remained a resource and continues to impact my career," said Sabala, "I didn't learn everything there was to learn, but I hope I took what I could from when I was there."

Bowman believes that what he taught Sabala extends on what Sabala already knew.

"He was very knowledgeable technically and he had a good understanding of the basics of training," said Bowman, "A lot of the basics he already had before he got here. I think we probably raised the bar in terms of periodization of training, learning how training interacts, how they can be used during a week or a season, but the biggest thing was to see on a daily basis what can happen when the

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RK (LW)	TEAM
1 (2) 9-1	HARVARD CRIMSON Following Princeton's surprising loss, Harvard is now in the driver's seat to take the title.
2 (1) 8-1	PRINCETON TIGERS The Tigers are still in with a shout, but cannot afford to let the Crimson extend their lead.
3 (3) 5-4	PENNSYLVANIA QUAKERS Of the three teams hovering around .500, the Quakers lead the pack.
4 (5) 5-5	COLUMBIA LIONS Although Columbia is just about out of contention for the title, the Lions can still finish strong in the top half of the league.
5 (4) 5-5	YALE BULLDOGS Coming in at just a hair behind the Light Blue, the Bulldogs are going to challenge the Lions for a spot in the top half of the league.
6 (7) 3-7	BROWN BEARS The win at home against Princeton is a bright spot in an otherwise lost season.
7 (6) 3-7	CORNELL BIG RED Last year's Cinderella finish is a distant memory for Big Red fans.
8 (8) 1-9	DARTMOUTH BIG GREEN A victory over Cornell back in January is the only bright spot for the Big Green this season.