

Former assistant to Obama joins SIPA

BY CECILIA REYES
Spectator Senior Staff Writer

A climate change expert and special assistant to President Barack Obama, CC '83, joined the School of International and Public Affairs as a professor of professional practice, as announced on Tuesday.

Jason Bordoff, senior director for energy and climate change for the National Security Council, will serve as the director of SIPA's Center on Global Energy Policy after working in the Obama administration for the past four years.

Bordoff specializes in studying the intersection of economics and other topics, which include climate, energy, trade, globalization, and tax policy.

Brooklyn born and bred, Bordoff said that he is thrilled to be joining the faculty at Columbia.

Before joining the Obama administration, Bordoff worked as the policy director of the Hamilton Project, an economic policy initiative housed in the Brookings Institution.

In 2008, Bordoff published "Path to Prosperity," a collection of economic policy articles that the Hamilton Project had published.

Bordoff was the associate director for climate change at the Council on Environmental Quality and held senior policy roles in the National Economic Council as well.

A.J. Goulding, president of London Economics International LLC and a SIPA adjunct assistant professor, said that he was "really glad that Columbia was able to make this addition to their team."

"I do hope, however, that the center will be holistic in its approach to energy, considering all forms of energy, and not merely be an adjunct to the Earth Institute," Goulding said.

Bordoff holds degrees from Brown University, Harvard Law School, and Oxford University, where he was a Marshall Scholar.

Ellen Morris, director of the energy and environment concentration at SIPA, said in an email that she sees the Center on Global Energy Policy as an important resource for SIPA students and faculty, and that she was so pleased to see Bordoff appointed as its director.

"Jason brings a wealth of knowledge and practical experience in the energy and environment field that we will tap into to help SIPA students better understand the link between their academic studies and the formulation of public policy," she said. "Moreover, the Global Energy Policy Center's agenda and activities will be complementary to the energy and environment curriculum, which will help reinforce the skill sets of the SIPA students and build a stronger academic program."

Bordoff said that based on his experience working in public policy and his future research ambitions, Columbia would be a good fit for him. "As someone who has relied on academic and think-tank analysis to help inform policy decisions, I know there is a need for more independent, rigorous analysis of the energy policy choices that our leaders face," he said. "There are few places better positioned than Columbia to fill that need."

Samantha Cooney contributed reporting.

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CCSC STUDENT PROJECT GRANTS

Funded

Funded Independently

Not Funded

CCSC pledged funding to 13 projects last spring, but only three of the approved initiatives received their money.

Columbia Class Notes
Journal containing articles about academic affairs at Columbia

CU Bike Share
\$940 for 18 locks, front lights, back lights for bike share program on campus

Diner en Blanc
\$3,750 for sit-down dinner on the lawns

Flash Mob on Low
Spontaneous dancing on Low steps

Frieze
Supplies for a play about the Columbia experience from a black perspective

Random Acts of Kindness Week
T-shirts for Random Acts of Kindness Week

Rock Climbing Wall
Install rock climbing wall in one of Dodge Fitness Center's squash courts

Senior Personal Performances
Seniors share stories over snacks

Senior Video
\$1,200 for video to be made of seniors and played at Senior Dinner and Class Day

String Theory
Growth and development of cello quartet "String Theory"

Student Designers Collective
\$905 for student designers to create flyers for other groups

Water Bottle Waterfall
\$1,000 for materials for "Water Bottle Waterfall" public art project

SOURCE: COLUMBIA COLLEGE STUDENT COUNCIL / GRAPHIC BY BENJAMIN BROMBERG GABER

Levine seeks return to progressive trendsetting

BY CHRIS MEYER
Spectator Senior Staff Writer

As he relaxed over a cup of tea in a crowded café on Amsterdam Avenue, Mark Levine laid out an ambitious message for his City Council campaign.



"This campaign is about change at a time when the entire elected leadership of this city is now turning over," Levine, a Democratic district leader, said. "We want to make New York City the progressive trendsetter for the rest of the country, the way it once was and I'm sorry to say is not anymore."

With this hope of "redefining New York politics," Levine formally declared his candidacy last month for the District 7 City Council seat, aiming to

replace term-limited council member Robert Jackson, who is running for Manhattan borough president.

After earning a master's degree in public policy at Harvard, Levine taught math and science at a public high school in the Bronx and entered the nonprofit sector. He founded the Neighborhood Trust Federal Credit Union, a credit union that helped its members learn financial literacy, and eventually worked as the executive director of Teach for America in New York.

Levine pointed to both his nonprofit experience and work as a district leader in Upper Manhattan as exemplars of his deep-seated progressive mindset.

"I come from a deeply political family which is progressive to its core," he said. "My mother marched with Dr. King at Selma, so my roots are very much connected to the social

justice movement."

He was quick to note, however, that achieving social justice is not an immediate outcome of running for political office. He said he was inspired to transition from the nonprofit sector to politics after witnessing "the failures of local government," and came to believe that only political action could truly provide a remedy for them.

While working "on the front lines" with nonprofit organizations in Upper Manhattan, Levine said he was troubled to see businesses closing, wealth disparities growing, and families forced to finance education through "loan sharks that charged them 10-percent interest per week."

"More than a decade ago, I came to realize that as critical as the nonprofit sector is, transformative change requires local government to do the right thing," Levine said.

"But the transition between nonprofit and politics has been quite seamless."

Although he thinks that no single issue will define the race for Jackson's seat, Levine said any victorious candidate would have to immediately focus on improving the availability of affordable housing in Upper Manhattan, as well as working to reform stop-and-frisk, which has come under heavy fire in recent months from activists who claim that the police tactic encourages racial profiling.

"Anyone representing this neighborhood has to tackle that as an urgent priority," he said.

Since declaring his candidacy, Levine has received endorsements from a number of prominent local Democratic officials, including City Council member Melissa Mark-Viverito, CC '91, Rep. Jerry Nadler, CC '69, and Public Advocate Bill de Blasio.

SEE LEVINE, page 3

Funding for CCSC grants never doled out

Only 3 of 13 spring grant winners received money

BY LILLIAN CHEN AND TRACEY WANG
Spectator Senior Staff Writers

Although Philip Chambers, CC '14, was named a winner of a Columbia College Student Council Project Grant last spring and intended to use the money to construct a rock climbing wall in Dodge, he never received any funding.

Chambers and nine other grant winners were unable to secure funding for their CCSC-approved projects due to scheduling constraints and communication issues among CCSC, grant winners, and administrators, with only three projects receiving any CCSC funding to date.

Winning projects included a game of hide-and-go-seek in Butler Library, a water bottle installation, and a flash mob on Low steps, but the only three projects that were given funding were a play called Frieze, the CU Bike Share, and the Random Acts of Kindness week.

Daphne Chen, CC '14 and CCSC vice president of finance, said that two main problems the council faced were too many projects and not enough time.

"We didn't have enough time to turn them around, to get administrative approval, to get events approval, to get space approval," Chen said. Decisions weren't made until late March.

This year's project winners were chosen at the end of last semester, and council members said that they plan to meet with all the winners in the next two weeks to determine a timeline to ensure that projects may be finished by the end of this semester.

Any funds that CCSC did not spend remain in its account

SEE CCSC, page 2

M2M hopes to reopen by week's end

BY YING CHANG
Columbia Daily Spectator

The city's health department shut down M2M Mart on Broadway between 114th and 115th streets last week after a restaurant inspection revealed

rodents and improper food-handling techniques.

M2M racked up a staggering 90 health code violation points in a report released on Jan. 17. A score of 28 or higher usually earns a C grade.

Bags of rice and shopping

baskets blocked the doors and black trash bags covered the windows of the popular Asian convenience store on Tuesday.

Nam Kim, account manager of the M2M East Village store,

SEE M2M, page 2



DAVID BRANN / SENIOR STAFF PHOTOGRAPHER

CLOSING TIME | After racking up a whopping 90 health code violations, the city's health department closed the store last Thursday, but M2M management hopes to reopen by the end of the week.

Mugging duo struck twice last December in MoHi

BY LUKE BARNES
Spectator Senior Staff Writer

The New York Police Department is asking for help in finding two men suspected of two muggings in Morningside Heights last December.

The first robbery occurred on Dec. 18 near 520 W. 123rd St. around 5 p.m., an NYPD spokesperson said. The suspects approached the victim brandishing a firearm and demanded valuables before fleeing.

On Dec. 26 outside 377 W. 125th St. around 8 p.m., the two struck again carrying out the attack in the same manner. There were no reported injuries in either incident, and both sets of victims complied with the robbers.

Police released a surveillance photo of the two suspects on Tuesday. One is wearing a dark hooded jacket and has a ponytail. The second suspect is mostly obscured but looks taller than his accomplice, wearing white sneakers and a dark

hooded top.

A total of 34 robberies and grand larcenies have been reported over the last 28 days in Morningside Heights' 26th Precinct, a slight increase from this time last year.

Fast street robberies such as these have persisted in the 26th Precinct over the past year. At the precinct's monthly neighborhood meeting, police commanders and community affairs officers have repeatedly warned of the dangers of displaying valuables such as wallets and phones in public. This is particularly true of the iPhone 5, which has been a hot-ticket item for muggers and thieves in the 26th Precinct as well as in West Harlem's 28th Precinct.

Information relating to these incidents can be reported to Crime Stoppers at 1-800-57-TIPS (8477) or on nypdcrimestoppers.com.

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OPINION, PAGE 4

Moving beyond shame

One student confronts her internal struggle with an eating disorder.

To err is human

Noel Duan on the new avenues that come from failure.



SPORTS, BACK PAGE

Lions use smaller lineup in win against Cornell

Columbia opted to play three guards, relying on its backcourt instead of a height advantage.

EVENTS

Borders and Identities: Toward a Global Dialogue

Judith Butler and other scholars discuss identity politics in an all-day conference. East Room, Buell Hall, 10 a.m. to 5 p.m.

What's Wrong With Japan? It's the Politics!

A lecture about Japanese culture and economics. International Affairs Building 918, 12 p.m.

WEATHER

Today



27°/18°

Tomorrow



25°/18°

Issues in distributing CCSC funding included time constraints, communication

CCSC from front page

for student grants.

Chen said that starting the process earlier and having a smaller number of projects to oversee will hopefully lead to more successes.

The Student Project Grant initiative was started by last year's CCSC executive board and led by Kevin Zhai, CC '12 and former CCSC vice president of finance.

Zhai said that "it was either the case that there was no follow-through ... or just the encounter of administrative barriers" that prevented many of the projects from being funded.

He said that one way to improve the process could be to "incorporate the administration early on so that you can say no to certain projects and so that communication can happen earlier about administrative feasibility."

After being named a winner, Chambers said he ran into problems with getting approval from the administration and ultimately did not receive funding from CCSC, citing space constraints as the biggest roadblock for moving forward with the project.

"I don't think we're ever going to see that money," Chambers said. "The space is a much bigger issue for us."

Chen said that she emailed Athletics Director M. Dianne Murphy about the rock climbing wall, but was told that it would be impossible to create.

However, she said that she hopes CCSC can find a space outside of the gym for a rock climbing wall as the council continues to work on its underused space initiative this semester.

Aida Conroy, CC '13, was one of the few grant recipients who actually received funding from CCSC for her project, CU Bike Share.

Conroy said that the grant money helped to pay for bike helmets, locks, lights, and other bike gear, and ultimately made her project a success.

"The pilot was a success. Everyone who participated was

able to use the bikes safely and enjoy a new view of the city," Conroy said. "We couldn't have launched our project without the grant."

Unlike Conroy, the majority of the other grant winners faced challenges that ultimately resulted in the projects not getting any of the promised funding.

Jackie Ho, CC '14, was awarded \$905 for her Student Designers Collective proposal. The project was set to organize a group of student designers to create and design fliers for other student groups. However, Ho said that she ultimately only received \$100 from the council.

She said that a big part of the problem was timing. CCSC notified the grant recipients last April, but by then, Ho said it was too late to plan a large-scale project before everyone left for the summer.

"It was a transitional time for the council as well so it was hard to get things together. It was sort of left open," Ho said. "The timing of it was just really bad. It was really late."

Yanyi Luo, CC '13 and CCSC vice president of campus life, said timing was also an issue for her winning project, a sit-down dinner on the lawns, called Diner en Blanc.

"With such an ambitious project like Diner en Blanc, we were not able to sufficiently organize it in time before the end of the year," she said.

Luo said that because the logistics of the event were "too complicated" to figure out by the end of the year, she ended up not requesting the funding the project received.

Zhai said that Columbia rules and regulations can play a big role in whether a project can actually happen.

"I didn't necessarily foresee some of the administrative difficulties that I'd encountered," Zhai said. "I thought it'd be a lot easier to spend the money than it turned out to be."

Cara Roberts, CC '14, won \$1,000 in funding for her water bottle art showcase, which aimed to raise awareness about



FILE PHOTO

SOUP FOR YOU | The Bhakti Club taught students to make rasam, a traditional South Indian soup, at a Random Acts of Kindness Week event in April. The project was funded by CCSC.

the raw materials that people use everyday. The project, however, never happened.

Roberts said that the administration made it difficult for her to implement her vision.

After she won the grant from CCSC, she met with Terry Martinez, dean of community development and multicultural affairs, and Scott Wright, vice president of campus services, to talk about the logistics of the art installation.

The original plan was to have the art installation in Low Library, but Roberts said that Martinez and Wright raised concerns about security and student safety in the installation.

"There were all these complications about where you

could put them," Chen said of the water bottles. "Applicants come to us with a very specific vision of what they want, and it can be hard to mediate between what's allowed and their vision."

The administrators made suggestions, Roberts said, about possibly having a display of water bottles on a lawn instead of the art installation she had envisioned.

"Just given the amount of time and bureaucratic maneuvering necessary, it's unlikely that it—and I don't want to sound like a snobby artist or anything—would be something that was meaningful," she said.

Chen said that she believed the projects this year are

Asian food mart racked up 90 health code violations

M2M from front page

said that the market hopes to reopen before the end of the week. She said the store is "planning on resolving the situation and getting everything fixed and sanitized."

"Even though it's an unfortunate incident, the M2M store provides excellent service," Kim said. "We plan on continuing service to the community."

She added that M2M management would work to improve employee sanitation training.

Students were surprised by the violations, but noted the unique role that M2M serves in Morningside Heights.

"It's quite an inconvenience," Rebecca Xu, CC '16, said. "Obviously you don't want to buy food from a place that had rat sightings."

She added that she's only bought packaged foods before.

"M2M was a very convenient place for me," Yun Qu, SEAS '16, said. "I don't have to go all the way to Chinatown or K-Town to get Asian groceries with M2M so close to me."

She said she hopes the store fixes the problems and opens soon.

Absolute Bagels, another popular Upper West Side eatery, also closed last week because of health violations.

"It's weird," Adrian Jaycox, CC '16, said. "It makes you wonder, what does it say about the entire Morningside food quality?"

But Jaycox said that he will continue to frequent the store after it reopens.

"There's some degree of confidence in it because of these health inspections," Jaycox said. "So I'd trust it in the near future. Where else would I go for my Asian cooking instances?"

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CUIT urges precautions against national security risk in Java

BY ABBY ABRAMS
Spectator Senior Staff Writer

Although there is no evidence that any campus computers have been hurt by a nationwide computer security vulnerability, Columbia University Information Technology is still urging students to take precautions.

Last Friday, Columbia University Information Technology Vice President and Chief Information Officer Candace Fleming sent an email urging students to disable Java in their browsers due to "a critical security issue with applications that rely on Java."

According to the U.S. Department of Homeland Security, a vulnerability in Java programs versions 7 and earlier allows "a remote, unauthenticated attacker to execute arbitrary code on a vulnerable system."

Fleming said that CUIT is acting in accordance with recommendations issued by the Department of Homeland Security to advise all students and staff to disable Java from their web browsers.

Eleanor Templeton, a CUIT

spokesperson, said that disabling Java would serve as a temporary precaution until Oracle, the corporation that develops Java, creates a security patch.

Templeton added that there is "no evidence that any University computers have been compromised, and this Java notice was issued purely as a precaution for our community, so that individuals can protect the computers that they use on campus, including personal computers."

In addition to recommending that students protect their personal computers, Fleming said that CUIT would be disabling Java in office-based computers managed by CUIT.

JavaScript, which is distinct from Java, is unaffected by the security flaw, and so are Java applications that run offline, according to Templeton.

Oracle said on Monday that it released an updated version of Java that does not contain the vulnerability and that it is available for users to download on Java's website.

Tracey Wang contributed reporting.

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AROUND THE IVIES



COURTESY OF CORNELL UNIVERSITY

BIG CITY | A rendering of Cornell's tech campus's future home on Roosevelt Island, which beat out Columbia for city funding.

Cornell's Manhattan tech campus, winner of city contest, opens

BY TYLER ALICEA
Cornell Daily Sun

As students returned to a snowy Ithaca campus Monday, their counterparts at Cornell NYC Tech attended the first day of classes at Google's headquarters in Manhattan, their temporary campus.

Although there was no ribbon-cutting ceremony or fanfare to herald the start of the tech campus' program, Monday marked a new chapter in the University's ambitious tech campus venture. Cornell won the right to build the school in New York City in December 2011.

Tech campus officials had been working since last January to prepare for the school's opening, according to Cathy Dove, vice president of Cornell NYC Tech.

"We needed to make sure that we thought of all of the processes and procedures that 'just happen' in Ithaca

for the start of an academic program," she said.

Since winning the bid for the tech campus, University officials have been working to create a curriculum, find a campus site and recruit "excellent" faculty at the tech campus, according to Dove.

As part of its plans, the tech campus has launched its one-year, masters of engineering in computer science program in January, rather than in the fall. The move, officials said, was made to ensure that class sizes would remain small.

"One benefit of beginning in January is that an off-cycle start allowed us to start with a deliberately small beta program," Dove said.

The eight students currently enrolled at the tech campus will have an opportunity to shape the future of Cornell NYC Tech, according to Huttenlocher.

"The beta terminology really refers to the smaller, more personal nature of the

classes, and the opportunity to help shape the campus as the very first students," he said. Despite being the first group of students to go through Cornell NYC Tech's program, the "beta" class will still have access to various components of the tech campus program, including having access to leaders in the tech industry.

"The technical and business courses, the Friday practicums and the masters projects with industry mentors—which are the main components of the NYC programs—are all in place for this semester," Huttenlocher said.

Not everyone, however, is happy with the start of classes at the tech campus.

Monday evening, a group known as New Yorkers Against the Cornell-Technion Partnership distributed leaflets and gathered signatures outside the tech campus' current offices, protesting Cornell's

Thousands of college students are addicted to this kind of pot.

Gambling is a common part of college life, but some people become addicted to gambling and get into serious emotional, financial and even legal trouble. So take precautions to prevent problems. Set a limit on the time and money you spend gambling.

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DAVID BRANN / SENIOR STAFF PHOTOGRAPHER

LEVINE LARGE | City Council candidate Mark Levine draws on his background of nonprofit and political work as two examples of how he has prioritized his progressive mindset in his work.

With string of endorsements, Levine stands out

LEVINE from front page

He has also received an endorsement from State Senator Adriano Espaillat, a political ally whose loss to Rep. Charles Rangel in last year’s congressional primary and subsequent decision to run for reelection in the State Senate pushed Levine toward the City Council race and away from a possible Senate candidacy.

If Espaillat had won, he said, “there is no doubt I would have run for State Senate. But alliances matter and coalitions matter and we have worked quite hard to build a coalition uptown. It was not something

I was looking to dismantle.”

A growing string of political endorsements in a competitive race that has thus far attracted eight other candidates makes Levine stand out, in addition to being a white Jew in a largely Hispanic and African-American demographic make-up of the 7th District.

Levine attracted controversy in December when fellow candidate Thomas Lopez-Pierre emailed a warning to his followers invoking “the potential damage to the political empowerment of the Black and Hispanic community if Mark Levine, the White/Jewish candidate was elected to the 7th

Council District in 2013.”

In addition to condemning Lopez-Pierre’s email as divisive, Levine said he was confident that his skin color would not play a part in the campaign. He speaks fluent Spanish—he paused halfway through the interview for a quick phone call in the language with his wife—and said that his coalition is diverse enough to withstand such attacks.

“That kind of rhetoric has been rejected by all but the most fringe elements in this district,” Levine said. “I don’t think I could draw a district that would be a better fit for me.”

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Being a CU sports fan is all about hope

COHAN from back page

were close, and its record included an overtime loss to Harvard, the eventual conference champion.

This year, Harvard and Princeton were picked to finish a close one-two, with Columbia trailing behind. But with the unpredictability of Ivy League play, who knows? The Light Blue started Ivy season this year with a strong win over Cornell. And although I refuse to make rash predictions based on one game, the fact that the Lions were finally able to notch a comfortable win on the road says good things about the upcoming season.

Like I said, what I love most about being a Columbia fan is the hope. And right now, there’s a lot of it. I’m dreaming of an Ivy championship. Because, for now, there’s nothing saying otherwise. And if it doesn’t happen? Oh well. I’ll probably still have to stop myself from slapping someone who goes to Harvard or Princeton. I’ll be more likely than not after arguing about Ivy League sports with someone who probably doesn’t give a fuck.

Rebeka Cohan is a Barnard College junior majoring in history. She is the staff development director and a former sports editor for Spectator. And One runs bi-weekly.

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Giving Barbour rest is key for men’s basketball

BASKETBALL from back page

and limit Cornell’s quick transition attack—the Lions ended up doing the latter better on Saturday, limiting the Big Red to just three fast-break points—but the team does practice the situation while trying to emphasize both ideas.

Going forward, Smith said he’ll adjust the lineup according to whatever best matches up against its opponent. But with the Light Blue’s next two opponents, Cornell and Penn, both opting for smaller, quicker lineups, the head coach said he does not anticipate drastic changes in the near future.

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MIKE DISCENZA / SENIOR STAFF PHOTOGRAPHER

MULLING IT OVER | Freshman guard Grant Mullins has already made an impact early in the season, averaging 11.5 points per game.

Yale, Penn struggle in early Ivy action

AROUND THE LEAGUE from back page

After Princeton took a 31-22 lead at the half, Penn never even came within single digits.

YALE	51
BROWN	65

Yale (6-12, 0-1) had its starters struggle in the contest, leading to an easy victory for Brown (7-8, 1-0). Despite a few promising runs by the Bulldog bench, its offense was generally ineffective, shooting just 32.8 percent from the field. After Brown went up 49-28, Yale went on an impressive 14-0 run to bring its deficit

to seven points. But after that streak, Brown regained control with key three-pointers by guard Sean McGonagill, as the Bears pushed their lead back to double-digits. The junior led the Bears with 20 points, earning him co-Ivy Player of the Week honors.

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COURTESY OF EMILY GILBERT / BROWN DAILY HERALD

MAKE WAY FOR MCGONAGILL | Brown junior guard Sean McGonagill led his team with 20 points in the Bears’ 65-51 victory over Yale, earning co-Ivy Player of the Week honors.



Open House

Meet the editors. Learn how to join.

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Saying goodbye to my bulimia

BY RAE BINSTOCK

We arrive at college with the expectation that we need to be “ready” for things. Life is going to get all messy and sticky, and we’re going to have to train ourselves beforehand to keep moving through the worst of it, to deal with what we can, and to come out of the other side all clean. Columbia has as many pitfalls as it does opportunities, and when I showed up for NSOP a year ago, I felt sure that I would be able to handle every single one of them with strength and discipline.

But there is no readiness for forcing yourself to throw up in restaurants and residence halls and public bathrooms. There is no readiness for hiding in your room, wracked with nausea, while you hear the sounds of normal, natural, healthy people through the window. There is no readiness for looking at yourself in the mirror after you’ve purged for the third time since lunch.

I started bingeing and purging at the end of last year and struggled with it all through the summer. After quitting for most of August, I started up again during the first month of school. Over the course of the past semester, I stopped sleeping, pushed aside homework, skipped

Measuring your impact

BY ISAAC NYARKO AND AMY GARVEY

What is the purpose of being a leader if you have no ambition, no goals? As leaders with Leadership Evolution and Development, a leadership development program in the Office of Student Development and Activities, we have the privilege to help Columbia students discover and develop their leadership potential, and we hold ourselves responsible to our mission. We train our students to lead with intention and purpose, to work towards measurable impact, and to expect the unanticipated. The global call to leadership is to work in relationship with others for the purpose of implementing positive change. However, it is easy to get caught up in the responsibilities and duties of a leader and forget that at the end of the day, success is measured by the ability to influence our community in some kind of measurable way. We, as young leaders, may overlook whether the programs and events we put on have a measurable positive impact. LEAD works with student leaders by teaching the same methods we use to hold ourselves accountable.

One important aspect of leadership is to first identify the level of change that you want to affect. Change can occur on the individual, interpersonal, community, and global level. For example, imagine that you wish to bring together artists on campus from many different disciplines. Through innovation and program planning, this leader organizes a showcase that allows these artists to collaborate and expose an audience to several art forms. What results do you expect from your action? The observable change is that you now have a collaboration of artists from different disciplines and audience member that were exposed to a variety of art forms.

Once you have determined the positive impact that you would like to materialize, the next step is to think about measurable indicators that would help determine whether you have achieved your desired impact. For instance, in our previous example, you could record the number of artists that participated or the number of audience members who showed up. When thinking about your indicators, a good habit is to ask yourself the following questions: Do my indicators adequately measure my impact? What assumptions are embedded in my logic? (i.e. If I post flyers for my showcase, people will attend.) What am I trying to change? Will my actions (or lack thereof) result in positive or negative change? Who or what do we need to accomplish our impact and/or measure our indicators?

Indicators should be measured through evaluations. Evaluations should be created as you think through your impact, reflect on your indicators, and draft your program, process, or policy to directly result in your desired change. A good evaluation allows you to gather data in such a way that the resulting information can be used to measure the extent to which your organization or program is achieving its stated positive impact. A great evaluation allows you to understand your assumptions, unintended consequences, and flaws.

These indicators should be measured both qualitatively and quantitatively. Asking the students to quantify their experience allows us to pinpoint specific activities and presentations that did or did not achieve the desired learning outcome. By looking at the results of a survey, we might evaluate our progress utilizing these sorts of statements: “Ninety-percent of the students found this activity either effective or highly effective.” Through numbers, we ascertain our success or failure as per firm, measurable goals. We hold ourselves accountable consistently, making the most of our resources and our students’ valuable time. Analyzing our progress and designing plans of action is imperative to maximize our program’s impact.

Sometimes, we may only get one shot to do it right, and the old ways of trial-and-error are just that: outdated. Introspection, as the ability to evaluate one’s own work, is both a skill and an art. Being an effective leader means going back to the drawing board. By evaluating our impact, enacting measurable indicators, and holding ourselves accountable, we can efficiently create change. We can be the leaders that we aspire to be.

Isaac Nyarko is a Columbia College senior majoring in anthropology and Amy Garvey is a Columbia College sophomore majoring in music. They are interns for the Office of Student Development and Activities.

Correction

An article and headline in yesterday’s paper identified Jimmy Toussaint as a Columbia College sophomore. He is a School of General Studies sophomore. Spectator regrets the error.

Spectator is committed to fair and accurate reporting. If you know of an error please inform us at info@columbiaspectator.com.

For general comments or questions about the newspaper, please write to the editor in chief and managing editor at editor@columbiaspectator.com.

classes, left parties, blew off or avoided countless friends, and lied to my parents—all to accommodate the numb and comforting security of eating myself sick before stumbling off to find a bathroom in which to throw everything back up. I’m not living my life anymore, I’m living my eating disorder’s life. And while the bulimia may be enjoying itself, I’m literally getting sick of it.

Readiness is a responsibility for many Columbia students—like buying enough notebooks or keeping track of your Dining Dollars. The “success stories” among us are people who move forward steadily, who encounter obstacles with grace and self-awareness. Comparing yourself to other students is the easiest way to make personal limitations into a source of intense shame: “If I were prepared, everything would go well, but something has gone wrong and other people are not struggling the way I am, so it’s my fault. I should be punished.”

College is a perfect habitat for eating disorders because there’s constant pressure and endless opportunities to feel like a failure. Eating disorders mean you don’t have to be ready at all: a soothing habit and a way to punish yourself are so easily accessible. Why prepare in the first place? When things are bad, I go about my day half-conscious, not caring, not trying, simply waiting for the next time I can feel alive—the next time I can eat and purge. Nothing and no one else matters. I don’t have to care about making mistakes or feeling inadequate. There, hidden just underneath my skin, is a sickness and a wrongness that sets me apart.



ILLUSTRATION BY HEIDI KELLER

You can’t always get what you want

“I studied so hard for my final, Noel! And I still didn’t get an A. How did I not deserve an A?” my friend lamented to me right before winter.

“I apologized to her as sincerely as possible, and she still won’t take me back,” another classmate rued, as I tried—unsuccessfully—to console his heart.

“I want to do sorority recruitment next semester, but I’m scared I won’t get the sorority I want,” a first-year confessed to me over brunch.

“I have the biggest crush on you, but you don’t swing that way.” Reiterations of unrequited love continue to populate the CU Admirers Facebook and Tumblr.

This is a broad generalization that I realize doesn’t apply to plenty of people at this school. But Columbia students are pretty good at getting what they want, and we take that for granted. We not only got into one of the most selective schools in the country but we also intern at prestigious places, hold plentiful leadership positions, and still manage to somehow read (er, skim?) the classics. We work hard for what we want and what we believe we deserve. When we don’t get it, we struggle with understanding why the universe would disappoint us like that.

Normally, I’d probe for insightful comments from my friends in the weeks before I decide to write my next column piece, but unfortunately, I spent most of winter break with only my inner monologue as company. So, I’m going to draw from my own experience. Bear with me.

Before I got into Columbia, I applied for the Columbia Urban Experience pre-orientation program. I didn’t get in, but I got into the Columbia Outdoor Orientation Program instead. When I arrived at Columbia, I applied to be on a committee in a big club. I didn’t get in, so I decided to go full speed ahead with my friends on founding Hoot, Columbia’s fashion magazine. Oh, and before these were even possibilities to me, I applied early action to Yale. I didn’t get in, and I spent the next four months convinced that I wouldn’t go to college at all. But I got into Columbia in the spring.

And yet, even though I know from experience that good—and, in the case of coming to Columbia, even great—things can come from not getting what you (initially) want, I continue to feel “not good enough” with each rejection letter, broken heart, poor grade on a paper, and unanswered email.

Last semester, I asked a role model—one of my favorite magazine editors—what she wishes she knew

I imagine a web forming between me and other students with eating disorders, oily black threads connecting us by our silence and our shame. For me, shame is the ultimate cause of my disorder. Ashamed to be weak, ashamed to be ugly, ashamed of a beaten, thankless, aching body. Ashamed to talk to the people who love you, ashamed to want forgiveness. Above all, ashamed to be caught unaware, foolishly believing I was ready to handle real life. To a certain extent, everyone with an eating disorder is alone, but we keep our covenant with shame and silence together.

Shame is what keeps you silent, shrink-wrapped in a cocoon of bingeing or purging or starving. I am trying to break from that silence and shame. I am trying to believe that self-hatred will not prepare me for the future any better than faith in myself. Just because I wanted to be ready and wasn’t, or wanted to be skinny and wasn’t—just because I am disappointed—does not mean I am defeated. I have been given my own life to live, and turning it over to bulimia is an absolute waste. None of us who are down in this dark, sour, disfiguring pit have forgotten the brighter world outside. There’s too much time and too much pain at stake to give in now.

Facing the realities of college and adulthood means coming to terms with struggle and risk and harsh disappointments. But I would rather meet every day with courage than with resignation.

The author is a Columbia College sophomore.



ILLUSTRATION BY HEIDI KELLER

when she was my age. She replied, “I wish I had asked for what I wanted.”

“What if you don’t get what you want, though?” I replied, tears welling up in my eyes at the possibilities (and obstacles) ahead of me. I told her that I was so desperate for a job after graduation, that I was willing to take on any opportunity offered to me. I had just gotten rejected from a graduate school I had applied to, and I wasn’t sure I’d get into any of the other schools I had applied to either.

“Don’t settle. Keep asking for what you want. But remember this: What you want may change over time,” she replied.

As of January 2013, I don’t really know what I want. I know other seniors who don’t know, either. I know plenty of first-years who haven’t found their niche at Columbia yet. I know plenty of sophomores who still haven’t figured out what they want to major in, and I know plenty of juniors who have changed their major since declaring it for the first time.

Last night, a first-year emailed me: “You are so lucky that you’re going somewhere in life. I saw your LinkedIn and I was so impressed. I’m so scared I won’t amount to anything in a few years.” I haven’t replied yet because I didn’t want to tell her that I still have the exact same thoughts. I still wonder if I’ll amount to anything after graduation.

Personal success doesn’t come from a prestigious job offer, a pair of Jimmy Choo pumps, or a 4.0 GPA. Personal success doesn’t come from getting 100 likes on your Facebook profile photo or from a professor knowing your name. And, as much as I hate to admit this, personal success doesn’t come from getting exactly what you want. Personal success is not about markers of validation.

Personal success comes from believing that you will be OK—or loved, or just plain happy—in spite of all external factors that you cannot control, whether it’s your dysfunctional family or your dysfunctional grades. And damn, it’s hard to believe that when shit happens.

We may leave Columbia with a hard-earned diploma and a life that turns out to be completely different from the one we expected four years ago. We may not get what we wanted. We may not even get what we think we deserve. But we are all lucky in someone else’s eyes. What we have is what someone else wants.

Noel Duan is a Columbia College senior majoring in anthropology and concentrating in art history. She is the co-founder of Hoot Magazine. You Write Like a Girl runs alternate Wednesdays.

Ivy athletics has something to offer everybody

During break, I almost slapped a girl over Ivy League basketball. In my defense, she goes to Harvard. And she was wrong. Not so much in my defense, she's still one of my friends. But really, it wasn't my fault. A small group of folks from my high school were home in Ann Arbor over break, and one night while hanging out, we started talking about the outlook of the then-upcoming Michigan football bowl game (I don't want to talk about it) and the promise of the Michigan basketball season (17-1, bitches). Knowing I had been sports editor for an Ivy paper, someone asked me about how the Harvard cheating scandal was supposed to affect its basketball team. OK, so maybe I went a little overboard ranting about Harvard's questionable recruiting tactics. I'm not Tommy Amaker's biggest fan, so sue me. But after hearing my friend say that all schools do it and that Harvard is not particularly at fault, I kind of lost it and nearly had to restrain myself so I wouldn't get into an all-out brawl over Harvard basketball. It's a little (OK, very) crazy, but I just care about Ivy League athletics a lot. It was my job to care, yes. But I really care.



REBEKA COHAN
And One

As an avid sports fan growing up, I discovered that Columbia athletics gave me something to care about.

Why? I truly believe that Ivy athletics has something for everyone, even if you're not fascinated by sports. Look, I may not like the apathy for sports at this school, but I get it. If you don't like football now, you're not gonna like football when you watch Columbia. You're still going to struggle to watch a game, wondering why do they have to stop every time someone is tackled. But that doesn't mean there isn't something you can't get out of it. That's the one thing that I promise to show you in the upcoming semester through this column: even if you're not a sports fan, Ivy League athletics has a lot to offer (most of it good), although not all of it is on the court. The history of the league? Fascinating. The hatred and condescension you can have for other teams in the conference? Lots of fun. For me, the best part of all of it are the possibilities at the start of the season. There's a lot of disappointment that comes with being a Lions fan—see this year's Homecoming game and our heartbreaking loss in basketball last year to Yale at home. But in order for there to be disappointment, you have to have hope. I had a hard time starting college two years ago—I was homesick, shy, and felt like I had nothing to hold on to. But as an avid sports fan growing up, I discovered that Columbia athletics gave me something to care about. Being a Columbia fan isn't easy, but it is exciting. In its 2011 campaign, the men's soccer team could have clinched sole claim on an Ivy title with a win over Cornell, its final game of the season. Instead, the Lions and Big Red tied, leaving both teams titleless. Columbia's fencing program is one of the top in country and had high hopes at Ivy Championship last spring. But those hopes were crushed by the then two-time defending champ Princeton, which topped the Lions 18-9 in the final round of Ivies. Ivy League basketball is no exception. Last season was a rough time to be a Lions basketball fan, but I have faith that this season is going to be great—and not just because Columbia was picked to finish third in the Ancient Eight. The best thing about the conference for basketball is how unpredictable it is. The Ivy schedule is tough. Each weekend brings two games, and road trips are long. Although Columbia ended the 2012 season 4-10 in the league, many of the games

SEE COHAN, page 3



MIKE DISCENZA / SENIOR STAFF PHOTOGRAPHER

BREAKS FOR BARBOUR | Senior point guard Brian Barbour's three breaks on Saturday were key in the Lions' victory against Cornell as he helped keep a comfortable lead when he returned for good in the second half.

Crimson, Bears, and Tigers dominate in Ivy play

BY RACHEL TURNER
Spectator Staff Writer

In the first week of Ivy play for men's basketball, Harvard, Princeton, and Brown dominated, while Penn and Yale faltered despite great play off the bench. Dartmouth kept up its inability to win two games in a row, and Cornell couldn't keep up with Columbia.



HARVARD	75
DARTMOUTH	65

Though Harvard (9-6, 1-0 Ivy) ended the first half behind, the

Crimson finished with a strong second half to start its Ivy season with a win. Dartmouth (4-11, 0-1), fresh off a win that broke its seven-game losing streak, fell behind by 13 with five minutes left in the first half, but three-pointers from freshmen Connor Boehm, Alex Mitola, and Kevin Crescenzi helped Dartmouth end the half with a 43-42 lead. Dartmouth dominated Harvard on second-chance points, 21-9 on the night. The Big Green continued strong play and led Harvard by five early in the second half, but Crimson star freshman guard Siyani Chambers and sophomore Wesley Saunders led Harvard on a 19-2 run that sealed the expected victory. Chambers' career-high 22 points earned him a fourth Ivy Rookie of the Week honor.

PENN	53
PRINCETON	65

Led by junior guard T.J. Bray, who had a career-high 23 points, the Tigers (7-7, 1-0) pulled out a dominant win over the Quakers (3-14, 0-1). Penn's only lead of the game came in the first few seconds, when it started out with a three-pointer from sophomore Greg Louis. Despite stumbling as a team, Penn had a great performance from freshman Tony Hicks, who came off the bench for 16 points. In fact, Penn's two double-digit performances of the night came from the bench, whereas no starter had more than six points.

SEE AROUND THE LEAGUE, page 3

ATHLETE OF THE WEEK
MARK CISCO



ALYSON GOULDEN / SENIOR STAFF PHOTOGRAPHER

BY SPECTATOR SPORTS STAFF

Senior center Mark Cisco was named Ivy League Co-Player of the Week after a strong performance in the Lions' 67-58 win over Cornell. Cisco tied a career high with 18 points and captured nine rebounds in the Light Blue's Ivy opener.

Backcourt plays key role in victory

BY MUNEEB ALAM
Spectator Senior Staff Writer



For most of nonconference play, the men's basketball team used a bigger lineup on the court. It frequently featured both senior center Mark Cisco and sophomore center Cory Osetkowski—who are 6-foot-9 and 6-foot-11, respectively—in an attempt to practice using its height advantage relative to other Ivies. But opening its Ivy slate in Ithaca against a Cornell team that plays with a smaller lineup and at a quick pace, Columbia opted for something else. Head coach Kyle Smith decided to rely on his backcourt, playing three guards for most of the game. Instead of putting too much pressure on the Lions' guards, this strategy seemed to help the Light Blue. Smith pointed to senior point guard Brian Barbour's rest as key to aiding the Light Blue's performance late in games—a situation in which the team struggled at times last season. Barbour averaged 37.5 minutes per conference game in 2012, second to Penn guard Zack Rosen, who was the unanimous Ivy Player of the Year. Smith speculated that a rested Barbour could have turned the tide in the team's narrow Ivy-opening home losses to Penn and Princeton last season. The Tigers, for example, focused on Barbour late in a game in which he played all but two minutes. By contrast, Barbour got three breaks against Cornell on Saturday, totaling eight minutes. Once he returned for good, with the Lions up by 12 in the second half, he helped Columbia maintain a comfortable lead and take the win.

“Every time Brian doesn't bring the ball up the floor during the game, it's like a cell phone charger.”

—Kyle Smith, head coach

The Lions did not even seem to miss Barbour's presence on the floor very much. They scored five unanswered buckets during his second-half break, with freshman guards Grant Mullins and Isaac Cohen each picking up two assists in Barbour's stead, turning a slim one-point lead into a solid 12-point advantage. “Every time Brian doesn't bring the ball up the floor during the game, it's like a cell phone charger,” Smith said, a joke he tells to his staff during games. “It's like we get a little more battery, a little more juice.” Even with Barbour on the court, Cornell's full-court press sometimes gave Columbia trouble. After the Big Red opened the scoring, the Lions failed to inbound the ball quickly and were called for a five-second violation, resulting in a turnover. At other points in the game, though, the Light Blue moved the ball up the court easily with the dual threat of Mullins and Barbour—especially in the second half. “Grant, going forward in the future, is going to have to handle hard pressure,” Smith said. “Brian handles it a lot, but it's a nice relief, I'm sure, for Brian to just be able to throw it to him when we're seeing full-court pressure.”

Smith also said sophomore guard Steve Frankoski's solid decision-making with the ball meant Columbia has at least three “studs” in the backcourt. The team is the sixth stingiest in the country in terms of turnovers per game, averaging just over 10, and also ranks 25th in assist-to-turnover ratio, which is first among Ivies. The smaller lineup did have its shortcomings, notably in rebounding. The Lions were outrebounded 31-25, including 13-5 offensively. Moreover, Smith said it is difficult to both aggressively go for offensive rebounds

SEE BASKETBALL, page 3